**Minutes of the Community CVS Network Meeting**

**Thursday 27th July 2023**

Kiran Sadiq – BwD Carers [kiran.sadiq@bwdcarers.org.uk](mailto:kiran.sadiq@bwdcarers.org.uk)

Shelley Whittle – NHS Lancashire and South Cumbria ICB [shelley.whittle@nhs.net](mailto:shelley.whittle@nhs.net)

Caroline Aspinall – BwD BC – [C.aspinall@blackburn.gov.uk](mailto:C.aspinall@blackburn.gov.uk)

Lisa Couperthwaite – McPin Foundation – [lisacouperthwaite@mcpin.org](mailto:lisacouperthwaite@mcpin.org)

Hazel Parkinson – Newground Together – [hazel.parkinson@newground.co.uk](mailto:hazel.parkinson@newground.co.uk)

Clare Rigby – Housing Advisor BwD ILS Team – [clare.rigby@blackburn.gov.uk](mailto:clare.rigby@blackburn.gov.uk)

Natalie Hicks – Training 2000 Community health & Well Being – [Natalie.hicks@T2000.co.uk](mailto:Natalie.hicks@T2000.co.uk)

Angel Spratt – CVS – [angel.spratt@communitycvs.org.uk](mailto:angel.spratt@communitycvs.org.uk)

Denise Hayhurst – LACVS – [denise.hayhurst@lacvs.org.uk](mailto:denise.hayhurst@lacvs.org.uk)

Anthony Carr – BwD Health & Well Being – [Anthony.carr@blackburn.gov.uk](mailto:Anthony.carr@blackburn.gov.uk)

Sonia Khan – Student @ BwD Carers

Philomena Strickland – Care network Hub – [Philomena.strickland@carenetwork.org.uk](mailto:Philomena.strickland@carenetwork.org.uk)

Alex Clayton – Shelter – [Alexandra.clayton@shelter.org.uk](mailto:Alexandra.clayton@shelter.org.uk)

Pam Holgate – Age UK – [pamela.holgate@ageukbwd.org.uk](mailto:pamela.holgate@ageukbwd.org.uk)

Stuart Parker – Canalside – [canalsideblackburn@gmail.com](mailto:canalsideblackburn@gmail.com)

Donna Talbot – Community CVS – [donna.talbot@communitycvs.org.uk](mailto:donna.talbot@communitycvs.org.uk)

**Apologies :**

Sheila Fielding – Christians Against Poverty, Julie Moran – Herbert Parkinson, Ryan Perkins – Autism Friends, Amanda Fletcher – Nightsafe, Bev Marsden – Lancashire Women, Paul Smithson – MS Society, Rachel Coupe – DanceSyndrome, Tim Horobin – Prevent- BwD BC

* Steve Foden – Fast4ward
* Shaun McAllister – Blackburn College

**Shelley Whittle – NHS Lancashire and South Cumbria ICB**

**Target Lung Health Project**

* Opportunity to identify and help target people who could benefit from lung health checks if they are aged 55-74 and have ever smoked
* 2 years ago a number of people in BwD were invited to a lung health check – they were initially contacted by a nurse – the nurse would ask questions and from the answers would ascertain whether or not the individual needed a test and a scan – it was very successful and we picked up a number of people who didn’t have any symptoms and were able to prevent them becoming ill
* We are inviting all those people back who tested clear 2 years ago – so if you have any family members that have been invited in please encourage them to take up the offer

Q: Where will the scans be?

A: Mobile Scanner @ Ewood Park

Q: What kind of Scan is It?

A: CT Scan

Q: How did they gather the info of smokers etc?

A: GPs

[Free Lung Cancer checks set to benefit people in Lancashire and South Cumbria :: East Lancashire Hospitals NHS Trust (elht.nhs.uk)](https://elht.nhs.uk/news-and-media/news/free-lung-cancer-checks-set-benefit-people-lancashire-and-south-cumbria)

**Flu & Covid Vaccinations**

* Winter is on its way so please have you flu and covid jabs, Covid is on the rise again so please protect yourselves
* For children aged 2-3 – we are hoping to run the flu vaccination from the Family Hubs – I will pass on more info when I have it

[Winter vaccines are here – are you eligible? | The Shuttle: Blackburn with Darwen Council News](https://theshuttle.org.uk/winter-vaccines-are-here-are-you-eligible/)

* We are looking to achieve outstanding in Palliative Care – we need other organisations to help us achieve this – some of you will be invited to support us – so please if you do get an invitation help us

[Home :: East Lancashire Hospitals NHS Trust (elht.nhs.uk)](https://elht.nhs.uk/)

Q: Stuart Parker to Donna Talbot – how does the Network meeting work?

A: The Network was setup about 9 years ago when I was working at SAMS – I worked on Charity @ SAMS and I got to know a lot of other professionals in BwD (they all wanted pressies for their clients) –I found out what they did and where and it helped me enormously with my clients

I had built up a relationship and had confidence that if I signposted my clients to the other organisations they would be looked after – not just to an email address

It has worked really well – we have managed to link up many organisations over the years – its great we all tick our boxes and the clients have a much better service

The Meetings are structured so we have 4 guests in to speak about their new projects, events etc and then the networking – all minutes sent out have everyone’s contact details

I also have a mailing list – where I share info daily to all members – over 300 now

The informality of the group means that if someone needs anything they can email me and I can share it and 90% of the time we can find it from somewhere

Q: Stuart Parker – apart from the CVS Network – how do we get the word out to the community?

A: Conferences, Volunteers week, Careers fairs, Freshers Fair @ College – Local Offer, BwD Health & Well Being

Q: Has anyone used UK Agency Finder?

A: No

Alex – its great you type in a field for example drug & Alcohol support and it will list all the agencies that offer that support in your area

Donna- This is similar to the Community Central that CVS are working on at the moment

**Kiran from BwD Carers**

* BwD Carers Service we have a volunteer academy its been running for over 7 years now
* 6 weeks training programme
* A small graduation after
* Cover topics such as safeguarding, confidentiality etc

[Volunteer - Blackburn with Darwen Carers Service (bwdcarers.org.uk)](https://www.bwdcarers.org.uk/support-us/volunteer/)

**Young Adult Carers**

I am also the lead for our young adults’ carers

* We Provide one to one support
* Benefits Advice
* Group support
* Events and trips out (eg. Alton Towers/Spa Days/Activity Days)
* Workshops and courses (eg. Mindfulness/First Aid/ Manual Handling)
* Counselling
* Referrals to other agencies and services that can help you and your family
* Provide training and volunteering opportunities

[Young Adult Carers - Blackburn with Darwen Carers Service (bwdcarers.org.uk)](https://www.bwdcarers.org.uk/young-adult-carers/)

**Natalie Hicks from Training 2000**

**We have a new qualification –** Community Health and Wellbeing Worker

Social Prescribing – Level 3

This would be good for well being workers, key workers support workers across the health and social care sector

3 hours per week over 12 months

We had our first intake in September and we are looking to fill the January intake then there should be one in Easter

[Community Health and Wellbeing Worker - Training 2000](https://www.training2000.co.uk/apprenticeships/healthcare/community-health-and-wellbeing-worker)

Q: What do Social Prescribers do?

A: Social prescribing is when health professionals refer patients to support in the community, in order to improve their health and wellbeing – instead of a medical solution

NB: DT -Invite Michelle Rutherford from BwD to talk about Social prescribing & Community Connectors

Q: Does anyone know of any Volunteer Support for volunteers with Additional Needs

A: No

**Next Meeting : Thursday 26th October 2023**

**9:30am – 11:30am**

**The Conference Room, The Boulevard Centre**

**45 Railway Road, Blackburn BB1 1EZ**

**For more info please contact Donna Talbot 01254 583957**

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***Parking – please do NOT park on the car park next to the Community Hub – this is a private carpark and you will be fined***

Parking is available on Morrisons free for 2 hours