**Minutes of the Community CVS Network Meeting**

**Thursday 29th June 2023**

Donna Talbot – Community CVS – donna.talbot@communitycvs.org.uk

Janine Bradley – Volunteer Now – janine@bureaublackburn.co.uk

Tamara Hitchen – Blackburn Youth Zone - tamara.hitchen@blackburnyz.org

Becca Porter - Becca.Porter@communitycvs.org.uk

Clare Rigby – BwD BC - Clare.Rigby@blackburn.gov.uk

David Rogers – NHS Lancashire and South Cumbria Integrated Care Board  - david.rogers10@nhs.net

Sheila Feilding – Christians Against Poverty - sheilafielding@capuk.org

Anthony Carr – BwD Re:fresh - Anthony.Carr@blackburn.gov.uk

Pam Holgate – Age UK - Pamela.Holgate@ageukbwd.org.uk

Suzanne Ashton – Age UK - Suzanne.Ashton@ageukbwd.org.uk

Shelley Whittle - NHS Lancashire and South Cumbria Integrated Care Board – Shelley.whittle@nhs.net

Zac Thomas – BwD Youth Justice Service - Zac.Thomas@blackburn.gov.uk

Dawn Treanor – IMO - Dawn.Treanor@imocharity.org

**Apologies:** Julie Moran – Herbert Parkinson, Amanda Fletcher – Nightsafe, Syka Quraishi – Community CVS, Kiran Sadiq – BwD Carers Omar & Zuber – Audley Sports Centre

**Pam Holgate – Age UK**

* Way finder dementia service – run by dementia navigators
* Offers a designated point of contact to anyone who has a dementia diagnosis and their carers offering help and support at each stage of the journey.
* What they need
* Where they are at with their diagnosis
* Any activities they can participate in
* Social Support
* Support with future planning including Lasting Power of Attorney and wills
* Information, advice and guidance including accessing benefits and entitlements
* Referral into other health and Statutory services
* The service is offered to those with a diagnosis of dementia – however we do understand that diagnosis can take a while so will support families and individuals who are waiting for a diagnosis
* Referrals – very easy – electronic form and email it to the dementia team, if you’re not sure when completing the form – please give us a ring and we can guide you through it
* We work closely with Kulsum from BwD Carers , Kulsum runs the Dementia Café
* Dementia Café which offers Support, activities and fun for carers and their loved ones living with dementia
* Offer information and advice
* A chance to relax, socialise and meet new people
* Just turn up – no need to book
* First Tuesday of the month at Kingsway 1 – 3pm.
* Dementia Peer Support Group
* For carers who look after someone diagnosed with dementia
* Advice and tips on how to look after someone with dementia as well as your own mental health and wellbeing
* Guest speakers
* Please note this groups is for carers only. People living with dementia are welcome to attend our Dementia Café
* Last Tuesday of the month at Kingsway 1-3pm

<https://www.bwdcarers.org.uk/support-groups/>

Q: We want to make a real difference to how the NHS service – could I ask what are you picking up from your clients? Families

A: PAM: Mixed – The service is very disjointed, the process doesn’t work, carers referrals do not work – we are constantly on the phone, the families are stressed and they cannot face having to talk to people on the phone. Many families fall through the cracks. Age UK BwD Link in with Will Feilding - the dementia nurse to make sure our leaflets are there so families know there is support out there. Our clients would much prefer a face to face service- the hand holding , the emotional support – not offered by the NHS and the families and clients have us to offload to – it could be a 5-minute conversation but it really helps – The NHS do not take into consideration the emotions, fears etc that a diagnosis of dementia cerates in a family.

Suzanne : Age UK are here to help; the diagnosis can take upto 14weeks we support the clients and their families through this process – we close the gap that the NHS do not deliver

Q: Is this service available in Hyndburn?

A: Linzi @ Home wise Lancashire - <http://homewiseonline.org/>

Q: When and Where are the dementia Cafes?

A: Kingsway – 2n Tuesday of the Month, Revidge Fold Church – every 3 weeks and Darwen in Rushton’s Café

Q: What Happens

A: Talk & Chat, conversations, connections, change of scenery

[Welcome to Age UK Blackburn with Darwen](https://www.ageuk.org.uk/blackburnwithdarwen/)

**Zac from Turnaround Project – YPS youth Justice Service**

* I’m new to the post and new to Blackburn, I have come along today because I want to make connections and find opportunities for the young people (YP) I work with
* The Turnaround Programme – is all about preventing children from offending , the YP are referred to us by the police – the YP may not have necessarily committed a crime, there may be concerns with school, the may be at risk of running away etc
* We want to achieve positive outcomes for the YP, look at what they like and what they want to do, Channel them into something positive, support them with their homelife, mental health etc
* The Activities we offer – mentoring, Music, Princes Trust, Hair & Beauty, educational, sports, arts, practical life skills, interventions with families – many of the YP don’t particularly have good homelives
* The Project is open to YP -aged 10 -17 Yrs. Who have been subject of a No Further Action, Community Resolution, first time youth caution, discharged, acquitted, fined by Court and those with Community Protection Orders, Civil Orders
* So if you have anything our YP can get involved please let me know I am linking in with BYZ, Chip in and the Bureau

[Blackburn with Darwen Youth Justice Service (YJS) | Blackburn with Darwen Local Offer (bwd-localoffer.org.uk)](https://www.bwd-localoffer.org.uk/kb5/blackburn/directory/service.page?id=uZy-8QPsZfw)

**David Rogers - NHS Lancashire and South Cumbria Integrated Care Board**

* Historically the NHS have been poor at listening to people or engaging with groups etc
* Shelley and myself are wanting to talk to everyone about their experiences with the NHS
* Our mission is to make the policy makers listen to what works and what doesn’t work – listen to the experiences and actually make the changes happen
* Councils, NHS etc are in a bubble and they make policies etc without really knowing what impact these decisions have on the people who actually use the service – they are far too removed from the frontline
* We have been talking to the Foodbank in Darwen and we are hearing that people are nervous, to many barriers, not listened to, - we want to build these relationships with charities/groups etc and build up cases of what’s good, what’s bad and see some action
* We want to gain trust with the groups – we don’t just want a conversation and nothing is done – somethings we report back are changed quickly but somethings will take time – but we want to be seen acting upon the conversations

Q: Is there anything positive that comes back

A: yes absolutely, we don’t only want to capture the negative but also see what we are doing well and build on that

[LSC Integrated Care Board :: Public Involvement and Engagement Advisory Committee (icb.nhs.uk)](https://www.lancashireandsouthcumbria.icb.nhs.uk/about-us/sub-committees/public-involvement-and-engagement-advisory-committee)

**Anthony from Re: Fresh**

We are offering Walk Leader Training – so if anyone is working with small groups who want to organise walks – we will deliver the training, show how to do risk assessment etc

We have been working with Si – from Talk Ourselves Well, Leanne from Shine

[RE:FRESH and The Wellbeing Service - BwD Leisure](https://bwdleisure.com/refresh-and-the-wellbeing-service/)

**Donna from Community CVS**

**Community Volunteer Awards 2023 have now been launched**

* Is your organisation supported by many wonderful volunteers? Do they deserve to be recognised individually or as a group for their contribution to Blackburn with Darwen?
* Do you have wonderful Neighbours who make your local community a better place?
* Do you know a local organisation that supports your charity? Your local community?

**If so please nominate them today**

* We have a number of categories to choose from, you can nominate individuals or groups and you can also nominate for a number of categories. (please find attached a nomination form – simply complete and email back to me) – you can also go on line Nominations open for 2023 Community Volunteer Awards – Community CVS
* All winners will be announced at a special evening of celebration On Thursday 2nd November 2023 @ King Georges Hall (main Hall) from 6.00 pm onwards. (invitation only)
* Any queries please do not hesitate to contact me

[Community Volunteer Awards – Community CVS](https://www.communitycvs.org.uk/volunteer/volunteer-awards/)

**Free Volunteer Training**

Due to popular demand we have an extra set of date added to the calendar of our Free Volunteer Training on -

Thursday 6th July

Thursday 13 July &

Thursday 20th July

All these date will start at 10am until 2pm

In the Boulevard Centre conference room

Please contact Denise Hayhurst for more details denise.hayhurst@communitycvs.org.uk

**Next Meeting**

**Thursday 27th July 2023**

**9:30am – 11:30am**

**The Boulevard Centre**

**45 Railway Road, Blackburn BB1 1EZ**

**For more info please contact Donna Talbot 01254 583957**

**Donna.talbot@communitycvs.org.uk**

**Please note that The Meeting for Thursday 24th August has been cancelled**

( we all deserve a summer break 😊)

***Parking – please do NOT park on the car park next to the Community Hub – this is a private carpark and you will be fined***