**Minutes of the Community CVS Network Meeting**

**Thursday 25th May 2023**

Donna Talbot – Community CVS – [donna.talbot@communitycvs.org.uk](mailto:donna.talbot@communitycvs.org.uk)

Janine Bradley – Volunteer Now – [janine@bureaublackburn.co.uk](mailto:janine@bureaublackburn.co.uk)

James DaCosta – Community CVS – [james.dacosta@communitycvs.org.uk](mailto:james.dacosta@communitycvs.org.uk)

Tamara Hitchen – Blackburn Youth Zone - [tamara.hitchen@blackburnyz.org](mailto:tamara.hitchen@blackburnyz.org)

Lisa Rawcliffe – Community CVS – [Lisa.Rawcliffe@communitycvs.org.uk](mailto:Lisa.Rawcliffe@communitycvs.org.uk)

Hajra Sidat – BwD BC - [Hajra.Sidat@blackburn.gov.uk](mailto:Hajra.Sidat@blackburn.gov.uk)

Rhiann Davy – New Ground Together - [Rhiann.Davy@newground.co.uk](mailto:Rhiann.Davy@newground.co.uk)

Karen Marsden – New Ground Together - [Karen.Marsden@newground.co.uk](mailto:Karen.Marsden@newground.co.uk)

Clare Pateman – Volunteer Community CVS

Nina McCallion – Renaissance UK - [nmccallion@ren-uk.com](mailto:nmccallion@ren-uk.com)

Amanda Fletcher – Nightsafe - [amanda.fletcher@nightsafe.org](mailto:amanda.fletcher@nightsafe.org)

Rachel Coupe - Dance Syndrome - [rachel@dancesyndrome.co.uk](mailto:rachel@dancesyndrome.co.uk)

Kiran Sadiq – BwD Carers Service - [kiran.sadiq@bwdcarers.org.uk](mailto:kiran.sadiq@bwdcarers.org.uk)

Stacey Brown – Brook - [stacey.brown@brook.org.uk](mailto:stacey.brown@brook.org.uk)

Ryan Perkins – Autism Friends – [Ryan.perkins08@hotmail.co.uk](mailto:Ryan.perkins08@hotmail.co.uk)

Nova Dolman – Autism Friends – [Nova.stardust@outlook.com](mailto:Nova.stardust@outlook.com)

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Philomena Strickland – Care Network Hub [-philomena.strickland@carenetwork.org.uk](mailto:-philomena.strickland@carenetwork.org.uk)

**Apologies:** Julie Moran – Herbert Parkinson, Andy Mather – Lancashire Wildlife, Anthony Carr – BwD Re:fresh, Clare Rigby – BwD BC, Denise Cottam – Albion Mill, John Hesketh – BYZ, Karen Livesey – No whispers CIC, Paul Smithson – MS Society, Sheila Feilding – Christians Against Poverty

**Stacey from Brook**

* Brook Blackburn operates a free and confidential service for people of all ages, offering sexual health screening, contraception, pregnancy testing, free condoms and advice.
* We work with the community, High Schools, Blackburn College, Training 2000 and Primary Schools
* We now work with all ages, we do focus on young people but our service is now for everyone
* Alongside our clinical services, Brook is commissioned to provide sexual health promotion, education and training within Blackburn with Darwen. Looking at pornography, harassment – all our sessions are free
* We provide community outreach – Community Stands, College Nightsafe, linking in Blackburn Youth Zone
* The Condom Distribution Service, also known as the WRAPPED Scheme, lets you access free condoms, internal condoms (femidoms) and lube from a number of outlets. It is free for anyone living in Blackburn with Darwen.
* The Wrapped Scheme offers training for other professionals to enable them to distribute condoms to their clients etc
* Brook Blackburn offers a free and confidential counselling service for people aged 13-24 living in Blackburn with Darwen, Counselling is a place to talk and to be heard, without judgement. It helps you look at difficult situations and get a better understanding of what is happening or has happened. It can also be a space where you can talk things through and work towards making decisions.
* Sessions are face to face and last around 50 min every week over a 6-week period – people can refer themselves of professionals can refer
* We also have Online Services
* HOME STI TEST KITS -
* Residents aged 16+ in Blackburn with Darwen can order a free postal STI test from SH:24, which can test for chlamydia, gonorrhoea, HIV and syphilis.
* TESTING AND TREATMENT FOR GENITAL WARTS AND HERPES
* If you think you might have genital warts or genital herpes, we can offer online diagnosis and treatment by post, without you needing to visit a clinic. The service is provided by SH:24, and uses photo diagnosis.
* REPEAT CONTRACEPTION AND EMERGENCY CONTRACEPTION
* If you are 16 or over and live in Blackburn with Darwen, you can order the pill online from SH:24 for free and receive it directly to your home or another location of your choice. You can also order an extended range of contraception options from SH:24, including the ring, patch and self-injectable, oral contraception online
* Order emergency contraception online
* As well as being available online, you can also access free emergency contraception at the Brook Blackburn clinic, and at Boots on Towns moor Retail Park

Q: What ages do you work with ?

A: All Ages – historically it was younger people but the service is now open to everyone

Q: Is it just for Blackburn with Darwen and Burnley? - @ CANW we work with foster kids who live out the area but come to us @ CANW would they be able to access the services?

A: No its for anyone who lives, goes to school, has family members and a link to BwD

Q: could you offer Wrapped Training for CANW foster Carers ?

A:If they live in BwD – yes if not there are others services covering other towns

[Brook Blackburn – Brook](https://www.brook.org.uk/regions/brook-blackburn/?gclid=Cj0KCQjw7uSkBhDGARIsAMCZNJudA8w7wLn1PafDQhmPKmDL_wPp99cbJjECFwbntuH1jdq6Z54Of2EaAo4hEALw_wcB)

**Nina McCallion from Renaissance**

* Healthier Living is a free, confidential and professional non-clinical HIV support service
* I have a case load of 30 in BwD
* Healthier Living aims to provide HIV specialist advice, support and information to all residents of Lancashire living with HIV or affected by HIV.
* The service aims to enable each person to manage their diagnosis and to reach their goals.
* Our Sexual Health Practitioners work closely with the Sexual Health Nursing Teams across Lancashire offering a seamless package of care to anybody living with or affected by HIV. Offering dedicated one to one support, counselling (person centred, CBT, Solution Focused), Befriending, Complementary Therapies, group and peer support
* The service also provides Public Sex Environment (PSE) outreach across Lancashire to men who have sex with men
* We offer free Syphilis testing – its just a quick finger prick test – takes 1 min, if the test comes back as a false positive we can offer blood tests on the day @ Brook
* We work with the homeless, Hostels, Sex Workers – linking in with Red Rose Recovery, Spark

[Get Tested! : RENAISSANCE (ren-uk.com)](https://www.ren-uk.com/get-tested/)

**Rachel form Dance Syndrome**

* DanceSyndrome is a multi-award-winning inclusive dance charity based in Lancashire with a special focus on including everyone, regardless of ability.
* In 2009 Jen Blackwell after 10 years of looking couldn’t find anywhere to access training to be a dancer because of her disability- Jen has downs syndrome, Jen and her mum would not be defeated so they decided to open their own group
* One of the aims of Dance Syndrome is to alter people’s perceptions of those with disabilities – everyone can dance
* We offer - Workshops - DanceSyndrome workshops can be either regular weekly workshops or one-off sessions, offering an inclusive and innovative way for everyone to improve their health, wellbeing and confidence –regardless of age or ability.
* We have a community Inclusive Drop in – Wesley Hall which started last week
* Dance by Example this unique dance leadership course empowers people with and without learning disabilities to become Dance Leaders and to gain the knowledge, skills and ability to co-deliver inclusive dance sessions.
* The Courses are accredited
* Performances - DanceSyndrome can perform across the UK at community showcases, festivals, fundraising events, national conferences, AGMs, universities and schools.
* We are going to Edinburgh this year, we have done performances in Manchester, Fleetwood
* During Covid we offered Zoom Sessions and we have continued with these and we have 3 per week and everyone enjoys them

[What We Do | DanceSyndrome](https://dancesyndrome.co.uk/what-we-do/)

**Kiran From BwD Carers**

* BwD Carers are based at Kingsway on Montague street
* We support Carers aged 18+ living in Blackburn and Darwen. We make sure they have access to support, information and wellbeing activities so that they and the person they are caring for can be as well as possible.
* We have Carers week coming up – June 5th – June 11th we have lots of things organised

[Home - Blackburn with Darwen Carers Service (bwdcarers.org.uk)](https://www.bwdcarers.org.uk/)

**Update from James from Community CVS**

Upskilling id funded by European monies – we can offer free accredited training to organisations based in Lancashire, the training we offer is very broad and we will taylor it to your needs

[Upskilling the Health and Social Care Workforce Across Lancashire – Community CVS](https://www.communitycvs.org.uk/index-html/upskilling-the-health-social-care-workforce-across-lancashire/)

**Update from Donna Talbot**

* Rainbow Café will be holding an art exhibition as part of Pride – please come along and have a look at their work – we have linked in with Blackburn college students, Rainbow Zone @ BYZ and local LGBTQ artists
* We will be based in The Old Argos shop in The Mall – the launch is on Friday 16th June @ 1pm and you are all invited

**Community Volunteer Awards 2023 have now been launched**

* Is your organisation supported by many wonderful volunteers? Do they deserve to be recognised individually or as a group for their contribution to Blackburn with Darwen?
* Do you have wonderful Neighbours who make your local community a better place?
* Do you know a local organisation that supports your charity? Your local community?

**If so please nominate them today**

* We have a number of categories to choose from, you can nominate individuals or groups and you can also nominate for a number of categories. (please find attached a nomination form – simply complete and email back to me) – you can also go on line Nominations open for 2023 Community Volunteer Awards – Community CVS
* All winners will be announced at a special evening of celebration On Thursday 2nd November 2023 @ King Georges Hall (main Hall) from 6.00 pm onwards. (invitation only)
* Any queries please do not hesitate to contact me

[Community Volunteer Awards – Community CVS](https://www.communitycvs.org.uk/volunteer/volunteer-awards/)

**Next Meeting**

**Thursday 29th June 2023**

**9:30am – 11:30am**

**The Boulevard Centre**

**45 Railway Road, Blackburn BB1 1EZ**

**For more info please contact Donna Talbot 01254 583957**

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***Parking – please do NOT park on the car park next to the Community Hub – this is a private carpark and you will be fined***