



“  
Being around people  
who understand my  
needs in a non-  
judgemental way has  
been refreshing.”

**Lancashire  
Brain Injury  
Peer Support  
Group**  
Join us on  
Thursdays  
1-2pm via Zoom

Weekly peer-led support for people with brain injury experience,  
a group where you can feel connected and understood

**To book, email or text Karen  
karen@brainhealthbreakthrough  
07946 107493**

Brain Health  
Breakthrough<sub>cic</sub>

