



BLACKBURN WITH DARWEN AND HYNDBURN COMMUNITY NEWS

Welcome to our area newsletter bursting with good news, funding opportunities and community support information.



HELLO BLACKBURN WITH DARWEN & HYNDBURN!



Our Lancashire is a Lancashire-wide initiative to support and bring together community groups, public services, organisations, agencies and the third sector, to help make Lancashire a great place to live, work and play.

Supported by the [Police and Crime Commissioner](#), Our Lancashire supports not-for-profit community groups, agencies, community interest companies (CIC), charities, etc. to promote groups, events and activities locally and spread the word about your amazing work and organisations. As Lancashire Constabulary employees, the Our Lancashire team are closely aligned with the Police, and can liaise with local Neighbourhood Policing and Community Safety Teams.

There are plenty of useful information and [resources](#) on our website. Why not follow us on social media (see top left for links) for funding opportunities and Lancashire's community news? Looking to find out what's on in your area? Or find a local group to partner up with to deliver a community project? Check out our [free website](#) listing community groups and events locally.

Please [get in touch](#) to share [news](#), [events](#), [requests](#), [shout outs](#) or [job vacancies](#).

If you have any questions regarding anything in the newsletter or would like support, please contact **me** **Mimi El-Khattam** at Omima.elkhattam@lancashire.gov.uk | [07929871990](tel:07929871990)



ACTION FOR JOBS

WELCOME TO OUR LATEST GROUP!

Action For Jobs Project – CVS

The Action for Jobs Project supports people who are 18+ and not in education, learning or training. They help individuals get one step closer to their goal. They provide support which is tailored to their needs either:

- Confidence
- Experience
- Digital awareness
- Interview skills
- CV/job applications
- Training

Not registered your community group or non-profit for free yet? Join Our Lancashire [here](#).



COMMUNITY NEWS, SHOUT OUTS AND REQUESTS

Updates , thank yous and local news

Tell us your news! See last page for contact details

One Voice Blackburn COMMEMORATION

ONE VOICE REMEMBERS COVID VICTIMS

One Voice Blackburn will be revealing the digital commemoration at their annual dinner in early October.

If you wish to feature a family or a friend in the commemoration please contact us on 01254 676193, or email info@onevoicenetwork.org.uk.

For more info visit their [website](#)

HARRI



Lancashire & South Cumbria
NHS Foundation Trust

August 31

Beaverbrooks House, 147
Newton Dr, Blackpool FY3
8LZ
4 - 6pm

September 3

Clifton Retail Park Tesco,
Sandhams Way, Blackpool
FY4 4UJ
10am - 3pm

September 9

Market Square, Kirkby Lonsdale
LA6 2AH
9am - 3pm

September 10

World Suicide Prevention
Day, Preston Bus station
Preston PR1 1YU
10am - 3pm

September 15

ASDA Clayton Green
Centre, Sheephill Lane
Clayton-Le-Woods,
Chorley PR6 7JY
10am - 3pm

September 16

Lytham St medical
centre Durham Ave,
Lytham Saint Annes
FY8 2EP
10am - 3pm

September 21

The Marchesi Centre, Holly
Rd, Windermere, LA23 2AF
10am - 3pm

September 23

Kent's Bank Road Car
Park, Grange-over-
Sands, LA11 7EY
10am - 3pm

October 6

King St. Car Park,
Ambleside, LA22 0BX 10am -
3pm



inspire | motivate | overcome
It's my opportunity



Diabetes Education Session: Learning to look after your diabetes

The session is designed to help you manage your Diabetes. Learn about:

- Diabetes and Glucose
- Medication
- Risk Factors
- Taking Control
- Food Choices
- Physical Activity
- Planning for the future

Registration Deadline

26th September 2021

Venue

Raza Mosque Community Centre
Lower Antley Street, Accrington

Date & Time of Event

29th September 10am-2pm

East Lancashire
Clinical Commissioning Group

For more information and registration contact:

07713 028 295 / mohammed.amad@imocharity.org

@imocharity

www.imocharity.org

COMMUNITY NEWS & INFORMATION

The Cinnamon Trust needs more dog walking volunteers in Blackburn

The Cinnamon Trust is the national charity whose wonderful volunteers help people over retirement age and those in the latter stages of a terminal illness by offering all kinds of free pet care. We are looking for dog walking volunteers to help a resident of Blackburn and their delightful dog who would love to go for a good walk.

Many elderly or ill pet owners worry about their ability to provide proper care for their animals and start looking to rehome what may be their only companion. This is where their national network of dedicated volunteers step in to offer support enabling them to stay together. They will walk the dog for a housebound owner, they'll foster pets when owners need hospital or hospice care, and even clean out the bird cage or litter trays.

If you are interested in becoming a volunteer, you can download their volunteer registration form from their website or email them at appeals@cinnamon.org.uk

If you would like to have a more in-depth chat about becoming a volunteer, please call them during office hours (Monday-Friday 9am-5pm) on 01736 758 701, or you can check their website www.cinnamon.org.uk for more details.



The Cinnamon Trust
The National Charity for elderly and terminally ill people and their pets




Can you help?



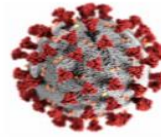

We are seeking dog walking volunteers who are able to help elderly or terminally ill pet owners in your area who are unable to take their dogs out for a walk. We have a flexible approach to enable your volunteering to fit around your own lifestyle. Even one walk a week can make all the difference.

Tel: 01736 757900
Email: volunteer@cinnamon.org.uk
www.cinnamon.org.uk

10 Market Square, Hayle, Cornwall TR27 4HE Registered charity number 1134660



Blackburn with Darwen
ADULT LEARNING
Long COVID
Peer Support Group

Wednesday 22nd September 1-2.30pm
Blackburn Library, (Room 3)
Call 01254 588111 or email
communitychampions@blackburn.gov.uk
for more information

- Have you had COVID-19 and still struggling with symptoms after more than 12 weeks?
- Would you like to meet others who have had a similar experience?
- Are you interested in learning tips for coping with Long COVID and managing symptoms?

re:fresh
VOLUNTEERS

Health & Wellbeing

COMMUNITY NEWS

MAKE A BEELINE FOR THE STATION

‘Make a Beeline for the Station!’ is a marketing project, that combines the vital elements of local education and wider community involvement with tourism attractions and professional marketing. For the Beeline Leaflet click [HERE](#).

The project is supported by a video that can be seen on this [LINK](#)

Exploring Lancashire by rail (a walk from Burscough to Rufford) Watch this [YouTube](#)



AMAZING WOMEN

Amazing Women – more correctly Discover Amazing Women by Rail is a project that was launched on 27th March 2018 and invites people to leave the car at home and use the train (along with buses and trams) to explore the fascinating, and often hidden, histories of women who lived and worked along the Mid Cheshire and Calder Valley railway lines and also including the route from Blackburn to Manchester via Todmorden.

A 40 page booklet has been produced that tells the stories of thirty-two amazing women and this can be downloaded using this link: [Amazing Women by Rail](#)

Page 26 features a lady called Ethel Carnie Holdsworth (1886 – 1962) who was born locally in Oswaldtwistle and lived and started her working life in the mills of Great Harwood. A good friend of Community Rail Lancashire, Huckleberry Films have created a short video about Ethel’s life and this can be seen by clicking on the video [HERE](#)



COMMUNITY NEWS AND EVENTS

BLACKBURN WITH DARWEN MENTAL HEALTH STIGMA SURVEY

As a Blackburn with Darwen Time to Change partner/campaigner could you please complete this short survey looking into mental health stigma; https://forms.office.com/Pages/ResponsePage.aspx?id=vG7k94gdz0SrkipARXRYfNTqbVhprcxOvS_XPLaQftUMkEyNFczUVdQT0gwOTdCVVI3S0xPMzNTWC4u

MENTAL ELF 2021 WITTON PARK EVENT

5 DEC 2021 10:00AM

Lancashire Mind will be at the below park runs in the lead up to Mental Elf helping you to warm up. All you need to do is register for the park run beforehand and we will see you there! Find out more in the Park Run information pack click this [LINK](#)

This year there are more ways than ever to get involved- raising funds and awareness for better mental health in Lancashire. Join our team and get your tickets at the end of this page!

Take part in the 5k fun run at Witton Park.

You can choose to walk or run our 5k route on Sunday 5th December at Witton Park. As well as the fun run you can also enjoy a festive market, live entertainment and a very special visit from Father Christmas himself. Find out more in the 5k Fun Run information pack click this [LINK](#)



SHARE YOUR VIEWS

**Blackburn with Darwen Council is keen to hear your views on the 12-15 year old vaccination programme.
Share your views**

Hello Healthwatch Supporter

The COVID-19 pandemic has meant that a record number of people - more than 5.45 million - are waiting for NHS hospital treatment in England.

Are you one of them? If so, it's vital you get the advice, information and support you need while you wait.

But NHS know not everyone is, which is why they need you to share your experience of waiting for care with them.

Everything you tell them is confidential and will help the NHS understand how it can better support people waiting for treatment like you. So, whether your experience is good or bad - They want to hear it.

Tell them your experience [Share your views Survey \(surveymonkey.co.uk\)](https://surveymonkey.co.uk)



Community Views: 12-15 Year olds Vaccination

1. Do you have or care for a child between the ages of 12 and 15?

Please circle

Yes No They will be soon

2. Would you consent to your child receiving the vaccine?

Please circle

Yes No Unsure

3. Could you please tell us any reasons you would not consent to your child receiving the vaccination? Please choose

Immediate vaccination side effects for this age group

Long term effects of the vaccine for this age group

I would prefer more research was done on this age group

Other, please state:

4. Have you had any feedback or comments from your networks on the reasons people may be hesitant for their child or a child in their care to receive the vaccine? Positive or negative



To access the survey and give your view on the 12-15 year old vaccination, please follow this [LINK](#)

CVS BLACKBURN LATEST NEWS

Health Inequalities Commission and BwD Equity Task Force

On Monday 20th September there is a major on-line event to launch the Lancashire and South Cumbria Health Inequalities Commission, which is being chaired by Sir Michael Marmot, world renowned Professor from the Institute of Health Equity.

We would encourage everyone in Blackburn with Darwen, who is interested in the equality, diversity and inclusion agenda to sign up for the event and listen to what Sir Michael has to say.

[The link to the event hosted by Sir Michael Marmot is here.](#)

Following the event, Community CVS will be holding a series of on-line discussions to work out what this means for Blackburn with Darwen. These sessions will take place between October and December 2021 culminating in a conference style event in early 2022.

[Please sign up for the Equity Task Force, if you have not already done so by completing the CVS Application Form.](#)

They are also using the CVS Application Form to update contact details for existing CVS members so please fill it in even if you are already a CVS member.

Garth Hodgkinson, the Chief Executive

Community CVS commented , ‘ we will look forward to seeing you on-line either on the 20th September or the subsequent on-line meetings’.

BLACKBURN LATEST NEWS

VCFSE Latest

► **Spring North, Care Network and Bags for Strife** [have released forthcoming dates](#) for a **Support Group for People Bereaved by Suicide**. They take place at the **Care Network Hub** on **Town Hall Street** in Blackburn from **5.30** to **7.30pm** every month, the next being on **Monday 20th September**.

► The **Afghan & Central Asian Association** [need financial help](#) to support newly-arriving Afghan refugees & asylum seekers.

► **Alcoholics Anonymous'** [latest meetings list can be found here](#).

► **Lancashire & South Cumbria NHS Foundation Trust** are working collaboratively with the **University of Manchester** to improve health outcomes for people of South Asian heritage. To learn more, please get in touch with **Farah** via Farah.Lunat@lscft.nhs.uk or **Jahanara** via Jahanara.Miah@manchester.ac.uk.

► **Snowdrop Doula** [offer a range of courses](#).



You're all welcome to attend **Macmillan Coffee Morning** on **Thursday 23rd September**, for a brew, a chance to network and learn new things and enjoy some delicious cake. They're starting in the **Boulevard Centre Conference Room** at **11.30am** and continuing at the **Community Hub**.

There are also a host of prizes to be won via their fundraising raffle. Purchase your tickets from the **Admin Office** in the **Community Hub**.

FUNDING OPPORTUNITIES

WHO	WHAT	WHERE	WHEN	WHY (other eligibility reasons may apply - please check links for full details)
Comic Relief via Lancashire BME Network	up to £2000	Micro Grants Guidance (bprcvs.co.uk)	ongoing through 2021	any lancs BAME led group with annual income UNDER £50k - funds can be used for a variety of purposes
East Lancs CCG Small Group Funding	up to £5000	ELCCG Small Group Funding (bprcvs.co.uk)	30th July	East Lancashire projects that complement social prescribing opportunities
Lancashire Community Food Grant	up to £1,000	Lancashire Community Food Grant - LCC	Round 3 OPENING SOON	Funding can be used on: Equipment; Venue hire; Training; & Volunteer Expenses
UnLtd - Start Your Venture	up to £5000	UnLtd - Awards Apply For Funding & Support UnLtd 	30th September	for social entrepreneurs with an idea or who are in the early stages of development to support essential start-up costs
Ashworth Charitable Trust	£1,000	Ashworth Charitable Trust	rolling programme	registered charities that support humanitarian causes and projects
Children in Need - Small Grants	up to £10,000	COVID-19 Funding Streams - BBC Children in Need	OPENS 16th August	Children and young people aged 18 years and under experiencing disadvantage
East Lancs CCG Grants	up to £4000	CCG Funding Ribble Valley	rolling programme	to provide socially orientated support to meet local needs and make a positive difference to the lives and wellbeing of people locally
Food For Life - Get Togethers	£150	Small Grants Food for Life Get Togethers	8th September	To help you and your community take part in Cook and Share Month, 16th October - 16 November 2021. Can be used for food, tools, and materials.
Funding for Grassroots Live Music Venues	£1,000 - £40,000	Supporting Grassroots Live Music Arts Council England	rolling programme	Organisations/venues/promoters whose main function is to host and/or promote live music events

FUNDING OPPORTUNITIES

WHO	WHAT	WHERE	WHEN	WHY (other eligibility reasons may apply - please check links for full details)
Near Neighbours Small Grants	£250 - £3,000	Small Grants — Near Neighbours	10/12/2021	funding to encourage social interaction and social action among people of two or more different faiths to build friendships and develop relationships of trust
The Eric Wright Charitable Trust	up to £500	Eric Wright - Ribble Valley	rolling programme	Projects that support personal development, education and training and projects that aim to reduce social isolation
The Prince's Countryside Fund - Project Village Survival	up to £10,000	Project Village Survival - The Prince's Countryside Fund	17/09/2021	for projects that are addressing rural community resilience and ensuring their village's future viability and "thrivability"
The Prince's Countryside Fund - Supporting Rural Communities	up to £25,000	Supporting Rural Communities - The Prince's Countryside Fund	17/09/2021	community-led projects that are pursuing innovative and strategic solutions to the challenges facing their rural area and improve the long-term viability and resilience of their community
NHS - Living Kidney Transplant Scheme	£1 to £15,000	NHS Blood and Transplant - living kidney transplant scheme	12/09/21 (expressions of interest)	fund community and faith and beliefs organisations to positively engage Black, Asian, Mixed Race and minority ethnic communities in living kidney donation
Thomas Wall Trust - Grants for Registered Charities	up to £5000	thomaswalltrust.org.uk - grants-for-registered-charities	ASAP	proposals from charities which target people experiencing multiple deprivation or other groups demonstrably facing major hurdles to employment
National Lottery - Together for Our Planet	£1000 to £10,000	https://www.tnlcommunityfund.org.uk - together-for-our-planet	18/11/2021	voluntary and community organisations in the United Kingdom for small-scale projects to take action on climate change

FUNDING OPPORTUNITIES & NEWS

► [Triangle Trust Accepting Applications for Young Offender Employment Projects](#)

► [Al Madad Foundation Opens Autumn Call for Education Grants](#)

► [Funding for Black and Minoritised Women's Organisation](#)

► [GSK IMPACT Awards 2022 Open to Applications](#)

► [Dunhill Medical Trust - Capability Support Programme](#) - closes

Monday 20th September

Specialist support for charities working with older people, to address strategy, sustainability, impact assessment and communication.

► [GlaxoSmithKline \(GSK\) Grow Programme](#) - closes **Monday 20th September**

Awards programme for small registered charities working in a health-related field.

► [GlaxoSmithKline \(GSK\) IMPACT Awards](#) - closes **Monday 20th September**

Annual awards programme open to registered charities working to improve people's health and wellbeing.

► [Heart Research UK and SUBWAY Healthy Heart Grants](#) - closes **Monday 20th September**

Grants for not-for-profit organisations to support new, original and innovative projects that actively promote a healthy heart and help to prevent, or reduce, the risk of heart disease in local communities.

DARWEN EVENTS AND NEWS

A BIG THANK YOU TO DARWEN ROTARY CLUB!

What a wonderful day it was on Saturday 4th September!

The rain didn't make an appearance but Captain America and Stormtroopers did. Hope everyone enjoyed The Rotary Club Family Fun Day.

Thanks to the organisers Darwen Rotary Club and the participants Blackburn Rovers, Blackburn Council the Integration team, DARE, Meeting Places, Our Lancashire, the Public Services, the brass band, the local businesses and community and more.

For more news from Darwen Rotary Club visit their [Facebook page](#)



DARWEN NEIGHBOURHOOD POLICING TEAM!

A big thank you to Public Services who attended Darwen Rotary Family-Day and took part in the activities.

The children loved sitting inside the police car and trying the lights and the siren.



When it comes to crime prevention and safety, why rely on second hand information?

Stay In The Know and find out what's really happening in your area by receiving regular updates. Register now using this [LINK](#)



EVENTS, SUPPORT AND TRAINING

Health & Wellbeing Courses September 2021

Simply click anywhere on the course name to find out more and book

Course Code & Course Title	Venue	Day/Date	Time
050 - Adult MHFA Full Certificated	Bank Top Neighbourhood Learning Centre (3 sessions)	Weds 15 th Sept Thurs 16 th Sept Fri 17 th Sept	9.30-2.30 9.30-2.30 9.30-2.30
052 - Five Ways to Embrace Autumn	Online via MS Teams (4 sessions)	Weds 15 th Sept	10.00-11.30
045 - Round My Way: Stories of Blackburn	Blackburn Library (4 sessions)	Weds 15 th Sept	1.00-3.00
054 - Food Safety Level 1	Audley Neighbourhood Learning Centre	Thurs 16 th Sept	9.15-3.00
053 - Introduction to Sketchbooks (New)	Audley Neighbourhood Learning Centre	Thurs 16 th Sept	1.00-3.00
177 - Walking Photography Workshop	Meet at Bank Top Neighbourhood Learning Centre	Sat 18 th Sept	10.00-12.00

For more details or to book your place please call 01254 507720 or email us at adultlearning@blackburn.gov.uk

Health & Wellbeing Courses September 2021

Simply click anywhere on the course name to find out more and book

Course Code & Course Title	Venue	Day/Date	Time
056 - MHFA Awareness	Online via MS Teams (3 sessions)	Tues 21 st Sept Weds 22 nd Sept Thurs 23 rd Sept	9.30-11.30 9.30-11.30 9.30-11.30
176 - Reframe Your Thinking	Online via MS Teams	Tues 21 st Sept	5.30-7.00
058 - Yarn Craft (New)	Bank Top Neighbourhood Learning Centre (3 sessions)	Weds 22 nd Sept	10.00-11.30
059 - Emergency First Aid at Work	Audley Neighbourhood Learning Centre (2 sessions)	Thurs 23 rd Sept - Fri 24 th Sept	9.30-2.30
062 - Five Ways to Embrace Autumn	Audley Neighbourhood Learning Centre (4 sessions)	Thurs 23 rd Sept	1.00-2.30
064 - Dementia Friends	Audley Neighbourhood Learning Centre	Fri 24 th Sept	12.30-2.30

For more details or to book your place please call 01254 507720 or email us at adultlearning@blackburn.gov.uk

Health & Wellbeing Courses September 2021

Simply click anywhere on the course name to find out more and book

Course Code & Course Title	Venue	Day/Date	Time
065 - Amble in to Autumn	Bank Top Neighbourhood Learning Centre (5 sessions)	Fri 24 th Sept	1.00-3.00
179 - Manage Your Anxiety and Stress	Online via MS Teams	Tues 28 th Sept	5.30-7.00
069 - Adult MHFA Full Certificated	Online via MS Teams (Each day including independent study time)	Weds 29 th Sept Thurs 30 th Sept Weds 6 th Oct Thurs 7 th Oct	9.30-10.15 10.30-12.30 10.30-1.00 10.00-1.00
067 - Growing Indoor Edibles	Bank Top Neighbourhood Learning Centre (4 sessions)	Weds 29 th Sept	10.00-12.00
068 - Autumn into Spring	Bank Top Neighbourhood Learning Centre (4 sessions)	Weds 29 th Sept	1.00-3.00
070 - Youth MHFA Full Certificated	Audley Neighbourhood Learning Centre (3 sessions)	Thurs 30 th Sept Fri 1 st Oct Thurs 7 th Oct	9.15-2.30 9.15-2.30 9.15-2.30

For more details or to book your place please call 01254 507720 or email us at adultlearning@blackburn.gov.uk

What's on in September?

Do you want to be able to support your child's educational and wellbeing development? If so, we have a range of short, fun and informative courses for parents to attend online.

COME ALONG TO OUR FREE SESSIONS:

Course Title	Venue	Day	Start Date	Time
Introduction To Mystical Maths	Online	Monday	20/09/2021	10-11am
Introduction to Enchanting English	Bank Top NLC	Monday	20/09/2021	1-2:30pm
Supporting your Child's Online Learning	Audley NLC	Monday	20/09/2021	1-2:30pm
Creating Digital Stories	Bank Top NLC	Monday	20/09/2021 4 weeks	9:30-11:30am
Family Employability Skills	Bank Top NLC	Monday	20/09/2021 5 weeks	10-12pm
Child Development Through Play	Audley NLC	Tuesday	21/09/2021 3 weeks	10-12pm
Introduction to Autism	Bank Top NLC	Tuesday	21/09/2021	10-12pm
Introduction to Phonics	Online	Tuesday	21/09/2021	1-2pm
The Gruffalo	Online	Wednesday	22/09/2021	1-2:30pm
Creating Story Sacks at Home	Bank Top NLC	Thursday	23/09/2021 5 weeks	1-3pm
Family Embroidery for Beginners	Audley NLC	Friday	24/09/2021	10am-12pm
Introduction to Animation	Bank Top	Friday	24/09/2021	10am-12pm
Supporting your child with English	Bank Top NLC	Monday	27/09/2021 5 weeks	1-2:30pm
Supporting your child with Maths	Bank Top NLC	Monday	27/09/2021 4 weeks	1-11am
Introduction to ADHD	Bank Top NLC	Tuesday	28/09/2021	10am-12pm
Supporting your child with Phonics	Online	Tuesday	28/09/2021 4 weeks	1-2pm
The Three Little Pigs	Online	Wednesday	29/09/2021	1-2:30pm
Family Learning Conference	Online	Wednesday	29/09/2021	3:30-5pm

To find out more visit www.bwdlearning.org or call 01254 507720

EVENTS, SUPPORT AND TRAINING

FUN WITH PHONICS

Ever wondered what Phonics is and how your child is taught to read at school? Do you want to feel better prepared to support your child on their reading journey then Fun with Phonics is for you!

Join Lal via Zoom and you will have the opportunity to explore how children in the Early Years Foundation Stage and Reception year are taught to read, spell and write using Phonics.

The result being that you are better equipped to support your children with their Literacy learning at home. For more info follow this [LINK](#)

BONJOUR, CIAO, HOLA!

Learn or improve your language skills with one of Lancashire Adult Learning Language courses from pre-intermediate to improvers in French, German, Italian or Spanish. To know more and enrol click this [LINK](#)

Blackburn with Darwen Carers Service



Your local charity supporting family and friends who are carers for a loved one

Harmony & You

Join Debra Sofia Magdalene - The Frequency Alchemist for this outdoor event.

Learn to balance life and live well through nature
Eco Therapy is nothing new but it's now being recognised as being very helpful to your health and wellbeing.

Thursday 23rd September 10:30 – 12:30
The Green Houses at Witton Park

- Learn how you can use nature to heal and feel good.
 - Learn how to stay well and tune into nature, finding a balance in your life.
 - Learn mindfulness techniques to stay in the present moment
- Contact the office as below to book



There when you need us on
01254 688440

email: office@bwdcareers.org.uk
www.bwdcareers.org.uk

[f](#) [in](#) [t](#) [v](#) /BlackburnCarers

Find us on
YouTube



Charity Number: 1120116



Support Group for People Bereaved by Suicide

Taking place at:
Care Network Hub, Town Hall Street, Blackburn. BB2 1AG
Drop-in 5.30pm – 7.30pm every month.

Dates:

- September 20th 2021
- October 11th 2021
- November 8th 2021
- January 17th 2022
- February 14th 2022
- March 14th 2022

If someone close to you has taken their life, meeting others who have lost someone to suicide might help you. This relaxed and supportive group offers a place for you to listen or talk, without pressure or judgement, in confidence, to others who understand.



For more information, contact Alysia.
Email: Alysia.moodhouse@springnorth.org.uk
Or call/text: 07592 154912

HYNDBURN EVENTS AND NEWS



LET'S ACTIVATE

Free weekly sport sessions
Ages 7—16
With underlying health conditions or additional needs

Every Thursday
6-7pm
Hyndburn leisure Centre

01254 475013
www.stanleytrust.co.uk

LET'S MOVE HYNDBURN

ACCINGTON STANLEY COMMUNITY TRUST

LOCAL NEWS



AUTUMN AND WINTER PLAN 2021 ANNOUNCED

Cllr Miles Parkinson OBE, Leader of Hyndburn Council said:
“The Government have today published their [Autumn and Winter Plan for 2021](#). Within this there are two items, the first is Plan A which is an approach to steer us through winter and the second, Plan B, details further measures which may be necessary to protect the NHS.



CYCLE SEPTEMBER

LOVE TO RIDE LANCASHIRE

HYNDBURN EVENTS AND NEWS

PRINCES TRUST PROGRAMME SUPPORT WORKER

The fire and rescue service currently have two exciting Prince's Trust Programme Support Worker vacancies, at Preston and Accrington!

Want to help young people build confidence and gain new skills? This programme is aimed at 16-25 year-olds. As a Prince's Trust Programme Support Worker, you will help young people to develop their confidence, motivation and skills through teamwork in the community.

Does this sound like something you'd be interested in? Then apply today! More information is available on our website.

For Preston follow this [LINK](#)

For Accrington follow this [LINK](#)



CARERS LINK LANCASHIRE

They still have a few spaces on their Willow Weaving Course with Prospects Foundation on Wednesday 29th at 10am in their Community Facility on Blackburn Road, Accrington.

If you would like to join in, please call 01254 387444 and ask for Angela M.

Gannow Community Centre in Burnley have a breakfast club every Wednesday and Friday from 9:30 - 12:00.

Why not pop down and enjoy a homemade breakfast and some company?

Please call Alan on 01282 436396 for more information.



HOMEMADE Breakfast £2 TASTY!

Suggested Donation only £2.50

Gannow Community Centre

MEET NEW PEOPLE
FRESH TASTY HOMEMADE FOOD
EVERYONE WELCOME

Join us on a Wednesday & Friday 9:30am - 12:00 noon for a homemade breakfast & cuppa

CONTACT ALAN ON 01282 436396 FOR MORE INFORMATION

BURNLEY PENDLE ROSSENDALE
COUNCIL FOR VOLUNTARY SERVICE

GANNOW COMMUNITY CENTRE
ADAMSON STREET, BURNLEY BB12 6RB

FOR MORE INFORMATION OR SUPPORT

MIMI EL-KHATTAM

Our Lancashire

Community Engagement Officer (CEO)
Blackburn with Darwen & Hyndburn

E: omaima.elkhattam@lancashire.gov.uk

M: 07929871990 | **Admin support:** 01772 416 417

A: Our Lancashire | PO Box 77 | Hutton | Preston | PR4 5SB



Working together with ...



... supported by our partners.

Follow us on social media

VISIT OUR WEBSITE FOR MORE [INFORMATION](http://www.ourlancashire.org.uk) AND [EVENTS](http://www.ourlancashire.org.uk)

[WWW.OURLANCASHIRE.ORG.UK](http://www.ourlancashire.org.uk)