



## November Volunteer Bulletin

### **Greenfield Community Centre – Café Assistants**

Do you have any catering experience or know your way around a kitchen? Could you spare a few hours during the week?

Greenfield Community Centre is run solely by volunteers and their Café is a busy hub for Community Groups. The centre also cook around 30 meals a day for a busy Nursery on site.

They are desperate for some help from people who know their way around a kitchen that can help prepare children's meals and also help with meals for other community groups and local residents. They are also in need of people who could provide general help around their café. Accredited Training can be accessed around Food Hygiene and Food Safety that, along with the experience gained from Volunteering, could lead to a career in Catering.

If anyone is interested or needs further information, please call either Wendy Haworth at Greenfields on 01254 201040 or Geoff Wilkinson at Community CVS on 01254 583957

**Disability Equality North West** - We urgently need to recruit new volunteer advisers

In the last year DENW have helped 1500 disabled people in Preston secure an extra £175,000 in regular income, but we are often unable to see people because we are so busy.

Can you, anyone in your organisation, or anyone you know, spare a few hours on a Monday or Thursday to help?

ARE YOU:

- A good listener?
- Able to help people complete forms?
- Supportive of furthering the rights of disabled people?
- Willing to spare a few hours on a Monday or Thursday each week?

We would like to hear from you as a potential Volunteer adviser. Training & support will be provided

Please contact DENW's Volunteers' Development Officer

Peter Rainford: peter@disability-equality.org.uk Tel 01772 558863x

Disability Equality North West 103 -104 Church St Preston PR1 3BS

**The Poppy Appeal** is launching on Friday 27th October at 10:00am on Blackburn Market,

We desperately need some :

### **Drivers**

To deliver Poppy collecting tins and boxes of Poppies to the various locations around Blackburn. We have around 700 tins to deliver, but as yet I have no drivers to deliver them other than myself and one other person, if you could spare some time during the day or of an evening, to deliver and then collect the Poppies or you know someone (perhaps a friend or a work colleague or a family member) who has got some time (hopefully for three weeks ☐) to either deliver poppies, please ask them to get in touch as soon as possible.

### **Volunteers**

We also need volunteers to man the Poppy Stalls at one of our various locations, we usually have stalls in Asda, Morrison's, Tesco, Market, Mall and Hospital. But we can also have them in B&Q, Lidl, Aldi... we just don't have the volunteers. The appeal runs for around 16 days, if you could spare a few hours a few days or whatever all help is graciously accepted

So if you are available or you know someone please get in touch asap...

The role whilst voluntary, comes with “generously” paid out of pocket expenses, for things like Fuel costs, travel costs, lunch etc.

### **The Stroke Association – Darwen - Befrienders**

Befrienders will help stroke survivors to access local amenities and social activities on foot or by bus expanding their social networks and helping them to gain back their confidence and strength.

Befriending is a relationship between a trained volunteer and a service user within a structured and supervised programme that is provided by a voluntary or statutory agency.

Befriending in The Stroke Association primarily aims to reduce social isolation and promote the independence of stroke survivors. They will have good inter personal and communication skills, approachable manner, empathy, good listening skills, a genuine desire to help others, an open mind and flexible attitude and be enthusiastic and willing to learn.

### **Stone Soup Café**

Join our team and create a community food hub, using donated goods to end food poverty.

Volunteers are needed to help run the cafe, we source food that is being thrown away by supermarkets, all perfectly edible, make healthy meals from it and sell it at a price people can afford to pay. At the end of the day after the cafe is shut we give the remaining to worthy causes.

The only qualification required is your desire to help someone in need. You don't need any cooking skills; we will train you here and provide you with qualifications. We have access to a wide range of them up to a-levels that we will put the right people forward to do.

The Stone soup cafe is based at The Bureau Centre for the Arts, Victoria Street. Blackburn. BB16DW

### **Darwen Valley Community Centre – Foodshare Driver**

Every week, Darwen Valley Community Centre go to Recycling Lives in Longridge to take advantage of their Foodshare Scheme. They use food from this project to assist low income families in their area.

The Community Centre are in need of a volunteer who can make the weekly journey to Longridge to pick up the food. Travelling expenses will

be paid (they don't want to see a volunteer out of pocket) and it will be a great help to the centre as they continue to help those in their Community in most need.

Anyone interested in helping Darwen Valley can call Mark Westall at the centre on 07402 475726 or Geoff Wilkinson at Community CVS on 01254 583957

### **Little Harwood Community Centre**

Volunteer run Little Harwood Community Centre is a busy social hub that needs a little more help from local residents. Based on Whalley Old Road in Blackburn, they are in need of some people who might be able to help them open up at 9am in the morning or help lock up the centre at 5pm. The Centre realise that this is a very large commitment for just one person to take on...you might be able to help open up on Tuesday mornings....or just be able to help lock up on a Thursday afternoon...whatever time you can help them out, they would be very grateful.

If anyone would like any further information about the roles or the centre, please call Kay at the centre on 01254 681210 or Geoff at Community CVS on 01254 583957

### **SW Angling and Sports Association need Volunteers.**

A few years ago, SW Angling and Sports took on the old Mill Lodge on Bennington Street/Dickens Street and converted the pond back into a fishing club. For years, the lodge had been used as a local dumping ground for fly tippers. It took over 18 months but SW Angling and Sports managed to turn the environmental eyesore into a beautiful, urban paradise. They even had classrooms built so they could teach local residents how to fish.

The Environment Agency restocked the lodge and membership increased as the promise of excellent fishing became a lure for Sports Anglers across the region.

However, in recent months, an introduced weed has become a very serious threat to the lodge. Anglers are losing their equipment in the thick weed and the fish hide within it, not needing to come out. This has resulted in the membership dwindling to almost zero.

Whilst the weed persists, the lodge's suitability as a fishing lodge diminishes. Within 6 months, the problem will be irretrievable.

The club are looking for a few volunteers to help with the weed clearance. Now the growing season has nearly come to an end, the club plan to remove the majority of the weed in one fell swoop then do monthly weeding exercises to keep the weeds down. On top of that, the area around the lodge also needs to be kept on top of so as to discourage overgrown lodge banks.

The volunteers will be provided with equipment but suitable footwear will be needed (as well as a willingness to get mucky). Volunteers will be offered free fishing passes at the lodge – maybe even a few lessons as well. The club are looking to start their environmental work in early November.

If anyone is interested or need further information, please call Geoff Wilkinson at Community CVS on 01254 583957

## **British Heart Foundation Shop Blackburn**

### **Have the following opportunities:**

#### **Customer Service Volunteer**

Are you a chatterbox? Can you talk about anything and everything? If this sounds like you we have a fantastic opportunity to let your chitchatting dreams run wild! In our shops we're always looking for outgoing and enthusiastic customer service volunteers.

We talk to our customers, make them feel welcome, help them find the things they're looking for and inform them of the BHF's life saving heart research. We keep the shop floor looking fresh and inspiring and thank everyone who brings in their donations and custom. Come and be a part of your local team and learn customer service skills and gain experience. Don't worry if you're not a confident speaker, with this role all you need is a welcoming and helpful attitude.

We'll provide you with all the support and help you need. Perfect for enhancing your CV and skills set we also offer our volunteers the choice to do free NVQ qualifications\* England shops only

#### **Cash Desk Volunteer**

Are you a social butterfly? Love getting in to weird and wacky conversations? Always have a welcoming smile on your face? Meet, greet and get to know the people from your community with this versatile

volunteering role. Gain valuable experience in customer service adding value to your CV.

You'll be at the heart of the BHF's fight against heart disease. You will be serving customers, promoting our stock and awareness campaigns and encouraging every donor to become part of our Gift Aid scheme. If you want to get to know the community around you this is a perfect way to integrate yourself into your local area and maybe spread the volunteering bug to new recruits.

### **Bric a Brac Volunteer**

Are you interested in lovely things? Do you watch antiques programs and have a keen eye for unusual or collectables? If that sounds like you? Volunteer and join the shop team and help them to select, price and merchandise our fantastic items.

You will be involved in creating exciting and eye catching displays and gain valuable work experience adding value to your CV. We'll provide you with all the support and help you need, you will be an important part of the shop team helping to raise funds to support the work of the British Heart Foundation.

### **Accessories Volunteer**

Are you interested in fashion and trends and love accessorising your outfits? If this sounds like you? We have the perfect role to suit someone who would love to get involved in selecting, merchandising and displaying our amazing stock of exciting and interesting accessories.

Whether you're a lover of handbags and shoes, stunning jewelry or beautiful accessories or fancy the company of other friendly volunteers the British Heart Foundation shop is the place to be...

We'll provide you with all the support and training you need, perfect for enhancing your CV and skills set, we also offer our volunteers the choice to do free NVQ qualifications\* England shops only

### **Online Listings Volunteer**

If you're tech savvy and know your way around eBay; have a keen eye for unusual or sort after collectables then our computer says yes to you joining our volunteering team. Come and be amazed at some of the items that are donated to your local store and strike gold with those rare finds.

We've got dedicated eBay resources to help and assist you with this volunteering role. Research the interesting items; package them in our eBay boxes and send them off to be sold at our eBay HQ. Every week we'll send updates about the most unusual and exciting finds we've managed to sell through our stores, will your find be the next eBay headliner?

Get the thrill of researching the curious objects and revel in the satisfaction of sitting back and watching the bids roll in. Become a mighty keyboard warrior and help raise funds for our lifesaving research into heart disease.

### **Volunteer Stock Collection Driver**

Do you love driving around and keeping yourself busy? If you're an active and bubbly person looking for a flexible role that gets you out and about meeting people and exploring your local surrounding then come and join our friendly team. Help collect stock from people's houses, businesses or our clothing banks and deliver them to your local shop. Help to promote the BHF's cause in the local area and help raise not only vital funds but awareness of the lifesaving research the BHF does into cardiovascular and heart diseases.

It's good to note that it is your responsibility to ensure that you have a full, valid driving licence and that your car is correctly insured for carrying out collections of BHF donations, with an up to date MOT where applicable.

### **Sort Room Volunteer**

Whether you're a keen rummager, an organised operator or love the look of a freshly ironed shirt we have a role for you. If you like things to be neat and tidy then we need your help sort the donations we receive into their different categories. If you're a lover of the iron then master the mighty steamer and watch those creases and wrinkles disappear. If you love searching for the best finds carefully sift through our sort room and uncover the hidden riches that lay beneath.

Laugh and catch up with other volunteers over the sort room table or over a cup of tea and biscuit at break time. At the end of the day go home feeling satisfied and proud that you have helped to raise vital funds for research into combating heart disease. Whether you're a lover of vintage clothing, stunning jewellery or beautiful bric-a-brac or fancy the company of other friendly volunteers the sort room is the place to be.

Perfect for enhancing your CV and skills set we also offer our volunteers the choice to do free NVQ qualifications\* England shops only

### **Stock Generation Volunteer**

Do you walk down the street and say hello to everyone you meet? Are you a familiar and friendly face around town? Or are you looking to integrate yourself into the local community? We're always looking for confident, chatty and driven volunteers to generate great quality stock. You will help to build and maintain friendly relationships with existing and new business contacts, arranging local collections for your local shop and talking to local business' about surplus stock.

Become a part of our stock campaigns and get the local community involved in our stock events. All the stock which people like you generate helps us provide funding for over half of the UK's independent research into heart and circulatory disease!

### **Volunteer Recruiter**

Time to meet and greet your local community. Become an important member of the British Heart team and help to support not only your local store but BHF research into heart and circulatory disease. We need volunteers who are chatty, friendly and willing to follow our volunteering guidelines to help us recruit more like minded people.

Get involved with your community, face to face and web based, placing adverts online and making contacts within the local colleges and job centres. Join your local team and help to introduce people to the wonderful world of volunteering and our lifesaving research in to heart disease.

### **Books Volunteer**

Are you a self-confessed bookworm? Spending a small fortune in bookshops? Are your local libraries threatening to charge you rent? Well we may have the perfect solution for you! In our shops we're always looking for enthusiastic people to help price, organise and display our wide range of books. Strike up conversations with fellow book lovers and blow their minds with simple facts about our lifesaving heart research- it's where the science fiction meets real life.

Research those rare unknown items and take pride in how much your discoveries go for on eBay. Create exciting and eye catching displays and inspire others to pick up a book and spread the book worm craze.



With a volunteer thank you discount of 25% off any of our donated stock you can start putting your savings towards other important things, like another book case perhaps?

### **Music & Entertainment Volunteer**

Do you fancy jiving to the British heart beat? Then lend some jazz hands to our dedicated and hardworking team in your local area. We're always looking for some knowledgeable and enthusiastic volunteers to moon walk their way into our shops and help sort, price and display our wide range of CD's, DVD's and games.

Strike up conversations with fellow movie goers and transport them into a world of BHF research. Take them on a rollercoaster through the dramatic breakthroughs we're helping to fund and tell them the heart wrenching stories which keep us motivated to fight against heart disease.

If you're looking to be part of a team, learn and engage with other likeminded people then sign up today. Research those rare unknown items and take pride in how much your discoveries go for on eBay. Orchestrate eye-catching displays, provide Oscar worthy customer service and revel in the showbiz glitz and glamour that is the volunteering world.

### **Vinyl Volunteer**

If vinyl records get you in a spin then come and face the music at your local BHF store. With your help and support we can begin to turn the tables on heart disease. Help research those rare and unique titles, talk and chat to likeminded enthusiasts.

Strike up conversations with fellow music lovers and transport them into a world of vinyl and BHF research. Take them on a rollercoaster through the dramatic breakthroughs we're helping to fund and tell them the heart wrenching stories which keep us motivated to fight against heart disease.

### **Telephone/Admin Volunteer**

Are you always on the phone? Are you calm, collected and chatty? We're always looking for friendly, confident and helpful people to join our team and become the voice of your local shop. You will be the first point of contact for our customers helping them with any enquiries and arranging collections for donations.

Come and be a part of your local team and learn customer service skills and gain experience. If you have good communication skills and able to follow administration processes accurately then come and be a part of our team and laugh and chat with other volunteers over a cup of tea and a biscuit. Perfect for enhancing your CV and skills set we also offer our volunteers the choice to do free NVQ qualifications\* England shops only

**Advisors are available to discuss volunteering opportunities at the drop-ins Tuesday 10.30 to 12 noon at the Boulevard Centre 45 Railway Road, Blackburn, and Friday from 11am to 12.30 at Your Support Your Choice Town Hall Street, Blackburn.**

For more details of these opportunities contact:

Community CVS  
The Boulevard Centre  
45 Railway Road  
Blackburn  
BB1 1EZ  
Tel 01254 583957  
[office@communitycvs.org.uk](mailto:office@communitycvs.org.uk)

