

PENDLE AND RIBBLE VALLEY COMMUNITY NEWS

Welcome to our first area newsletter bursting with good news, funding opportunities and community support information.



HELLO PENDLE & RIBBLE VALLEY!



<u>Our Lancashire</u> is a Lancashire-wide initiative to support and bring together community groups, public services, organisations, agencies and the third sector, to help make Lancashire a great place to live, work and play.

Supported by the <u>Police and Crime Commissioner</u>, Our Lancashire supports not-for-profit community groups, agencies, community interest companies (CIC), charities, *etc.* to promote groups, events and activities locally and spread the word about your amazing work and organisations. As Lancashire Constabulary employees, the Our Lancashire team are closely aligned with the Police, and can liaise with local Neighbourhood Policing and Community Safety Teams.

There are plenty of useful information and <u>resources</u> on our website. Why not follow us on social media (see top left for links) for funding opportunities and Lancashire's community news? Looking to find out what's on in your area? Or find a local group to partner up with to deliver a commuity project? Check out our <u>free website</u> listing community groups and events locally.

Please get in touch to share news, events, requests, shout outs or job vacancies.

If you have any questions regarding anything in the newsletter or would like support, please contact **me** <u>Gail.Barton@lancashire.gov.uk</u> | 07534 242304



Not registered your community group or nonprofit for free yet? Join Our Lancashire <u>here</u>.

WELCOME TO OUR LATEST GROUPS!

Inspiring Futures - Lancashire Women

Age of Opportunity – Places Impact <u>Pendle</u> <u>Ribble Valley</u>

Invest In Youth - Places Impact Ribble Valley Pendle

Senior Community Friendship Group Pendle <u>Ribble Valley</u>

National Youth Advocacy Service Ribble Valley Pendle Our Lancashire Newsletter for Pendle and Ribble Valley August 2021

COMMUNITY NEWS, Shout outs and Requests<

Tell us your news! See last page for contact details

Updates , thank yous and local news





HERITAGE OPEN DAYS

St Mary and All Saints Parish Church, Whalley

will be open throughout the day for guided tours of the choir stalls and misericords. Whalley Abbey will also be opening its doors as part of the Whalley Day events. **Saturday 18 September:** 10am to 4pm. For more info contact: Catherine Duckworth 07946 736344

Clitheroe Town Wells Visits & Cry Out

Thursday 16 September: 11.00am at Stock Well **Saturday 18 September:** 11.00am at Stock Well These visits will explain the historic, environmental, and social significance of these three essential and clearly recognisable facilities which served our ancient Market Town since, we believe, the time of Henry VIII.

Edible England - Clitheroe

A thirty minute **self-guided** walking tour of Clitheroe exploring its food and drink history through historic photographs. You can also see the digital content from 10th September via the HOD link above. For in person, start at Clitheroe's historic Carnegie library anytime the library is open between 10th - 18th September.

THE 'MBE FOR VOLUNTEER GROUPS' AWARD

Could you, or a group you know be eligible for an award that may help increase the group's funding?



The Queen's Award for Voluntary Service (QAVS) is royal recognition for community groups and volunteers, and is the equivalent of a MBE (Member of the Order of the British Empire).

Awards are submitted on-line to the below website and nominations close <u>15th Sept.</u> <u>https://qavs.dcms.gov.uk/</u>

PRIMROSE NATURE RESERVE 🧩

Extensive restoration work has now been carried out by the <u>Ribble Rivers Trust</u> making this a beautiful natural sanctuary for wildlife that includes walkway and bridges that connect Whalley Road to Woone Lane. Watch what's been happening at <u>Primrose Blue & Greenway</u> <u>Project - connecting people and nature in Clitheroe -</u> <u>YouTube</u>

There are plenty of community projects that require volunteers, so if you can help, take a look at the website;

<u>Community And Wildlife | Primrose Nature Reserve |</u> <u>Clitheroe (primrosecommunitynaturetrust.org)</u>

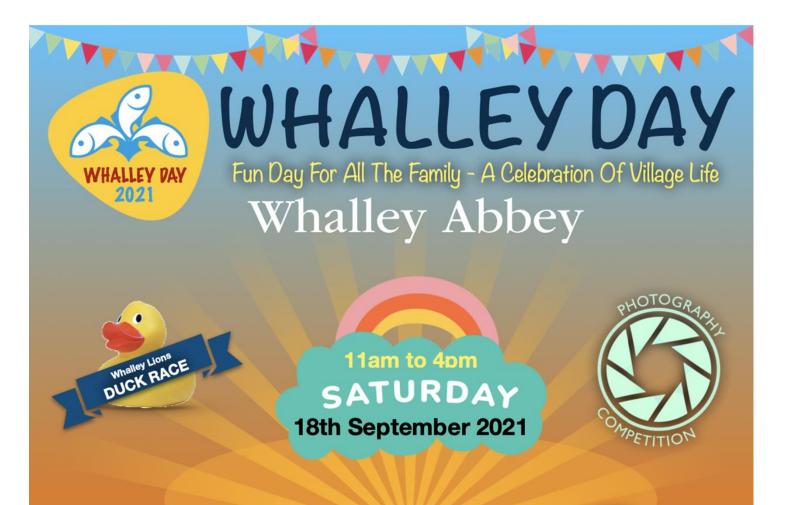
COMMUNITY NEWS & Information

WHALLEY DAY - SATURDAY 18TH SEPTEMBER

The first 'Whalley Day' is being held in Whalley Abbey. This is a joint event between <u>Whalley Abbey</u>, <u>Whalley Lions</u>, and <u>Burnley Boys and Girls Club</u> (Whalley Youth) showcasing local suppliers, including crafts, food and drink and activity clubs. The all age competitions include photography, traditional flower arrangements, baking and card design. There will also be tours of the Diocesan Conference House at the Abbey, and the grounds. Take a look at the website for details of all the competitions and events at <u>WHALLEY DAY 2021 – Whalley and District Lions</u>

Saturday 18 September: 11am to 4pm

Whalley & District Lions Club are helping to organise the various activities, promotion and volunteers at the event. Wish to help out and be part of the event or other Whalley & District Lions events. Contact Whalley Lions at <u>info@whalleylions.club</u> for more information.





Fire service recruitment days planned for Burnley and Pendle Saturday September 11th - 1pm Nelson and Colne College, BB9 7YT Sunday September 12th – 2pm Pendle Leisure Centre, BB8 9NP Saturday September 25th – 2pm Nelson Fire Station, BB9 7QH Saturday October 9th – 1pm Nelson & Colne College Sports Centre, BB9 7YT

FUN PALACES – SIGN UP & Workshops to plan your event

Fun Palaces supports local people to co-create their own cultural and community events, across the UK and worldwide, sharing and celebrating the genius in everyone.

The Fun Palaces weekend is just five weeks away! Is your Fun Palace on the map yet? It still feels like a very uncertain year, and your Fun Palace plans may be tiny and tentative, but we say sign it up today anyway, so others can see that there's a Fun Palace happening nearby and get involved (or help you figure out what your Fun Palace even is).

We still have lots of free <u>online workshops</u> coming up to help, read more below. In September workshops will be available most Tuesdays, in the run up to the 2021 Weekend of Action on the 1st, 2nd and 3rd of October.

Once you are on the map, you can order free posters, flyers and postcards to pop through people's doors to see if they'd like to join in making your Fun Palace.







funpalaces.co.uk

♥ ◎ f # FunPalaces

like to join in making your Fun Palace.

CONFIDENCE THROUGH CREATIVITY FOR WOMEN

Collective Encounters is offering a great opportunity for women who are accessing different types of support services to take part in fun online workshops that use creativity to build confidence. CONFIDENCE THROUGH CREATIVITY is a national course for women with an interest in getting creative online, and who could do with a confidence boost due to being out of work, education or training.

Sessions are online each Tuesday at 10.30am, starting on 14 September 2021.

The training will be delivered online and participants will be introduced step-by-step to the digital skills needed to take part e.g. using Zoom. Find out more here.

COMMUNITY NEWS, Shout outs and Requests

GREEN TOKEN GIVING



Since we shared Asda's online **Green Token Giving,** the local beneficiaries you can vote for have been updated.

Through the virtual Colne store you can now vote for:

- Barnoldswick Town Juniors
 Football Club
- <u>The Open Gate Community</u> <u>Garden</u>
- Burnley, Pendle and <u>Rossendale Sea Cadets</u>

Make your (weekly) vote at Green Tokens - Vote | Asda

FREE CHARITY MOBILE DATA

1.5 million* households in the UK don't have access to digital technology. We're committed to bringing an end to digital poverty and ensuring nobody is left behind. With your help, we can deliver connectivity to one million people by the end of 2022. Charities can apply at;

charities.connected | End digital exclusion | Vodafone

NEW ARMED FORCES RESEARCH TOOL

Since 2014, Forces in Mind Trust (FiMT) has funded the Directory of Social Change (DSC) to produce research that illuminates the armed forces charity sector.

As part of this, DSC maintains a database of UK-registered charities that are established specifically to support past and present members of the armed forces and their families.

From this month, the database is fully interactive. It will be updated every month so that charities, practitioners, policymakers and the general public have access to the latest information on the armed forces charity sector.

Armed forces charities interactive database (dsc.org.uk)



Enter your postcode to find groups near you

Enter your postcode or town

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COMMUNITY NEWS, Shout outs and Requests

LANCASHIRE FIRE AND RESCUE SERVICE - COMMUNITY RISK MANAGEMENT

Our draft Community Risk Management Plan (CRMP) sets out how we will make Lancashire safer over the next five years and identifies the greatest risks to the people and communities of Lancashire. We need your views on the risks identified and how we plan to prevent, protect and respond to them.

Community Risk Management Plan | Lancashire Fire and Rescue Service (lancsfirerescue.org.uk)

This survey takes around 8 minutes to complete. Thank you for helping us to make Lancashire a safer place for us all to live, work and visit. The consultation closes on 21 September 2021.

TRANSDEV 50% BUS TRAVEL DISCOUNT

Transdev, in partnership with Jobcentre Plus are offering customers a 50% discount on Single and Return day Bus journeys within the Boroughs of BwD, Burnley, Hyndburn, Pendle, Ribble Valley, and Rossendale.

It applies to any age group and they must be eligible to Universal Credit (Intensive) or Jobseekers Allowance (Income Based) at the time of application.

The offer can be for up to a maximum of 3 months depending on individual circumstances. To access this fantastic offer, customers must discuss with their Jobcentre Plus Work Coach who will, if agreed, issue the Jobcentre Plus Travel Discount Card for use.



Policing in Lancashire Your Commissioner Your Voice

HAVE YOUR SAY IN THE COUNTY WIDE SURVEY

<u>Police and Crime Commissioner</u> Andrew Snowden is gathering views and suggestions from Lancashire residents to help inform his new Police and Crime Plan for Lancashire. The plan will set the strategic direction for Lancashire Constabulary and identify the priorities which the force will focus on over the coming years.

Contributions and suggestions from **community groups and the voluntary sector** will be highly appreciated. <u>Click here</u> to take the survey.

COMMUNITY NEWS & Information

NEIGHBOURHOOD WATCH

As the Neighbourhood Watch Association for Lancashire, the Lancashire Combined Watch Forum would like to share some information about the Neighbourhood Watch movement and how our members can support community and policing issues across Lancashire.



Neighbourhood Watch is the largest crime prevention volunteer organisation in England and Wales with over 2.3m members and 90,000 street coordinators, with a well-known and trusted brand which is recognised by 95% of the population. Volunteers are supported locally in most police force areas by a Force Area or Borough Association (in Lancashire this is the Lancashire Combined Watch Forum) and nationally by a small, dedicated Central Support Team within the Neighbourhood Network (NWN) charity who provide volunteer training, share effective practice, and develop and share crime prevention toolkits, campaign material and other resources.

The primary aim of Neighbourhood Watch is to reduce crime and fear of crime by working in partnership with the police, councils, local partners and community groups on crime prevention initiatives. Volunteers also share crime prevention advice and help their neighbours to act upon it, thereby building more resilient communities. Many of our volunteers have received training, either from their local police force, partners or from NWN, to equip them to actively implement and share knowledge of specific crime prevention techniques to complement the activity of neighbourhood policing teams.

While historically the focus of local groups has been on neighbourhood crimes such as car crime, anti-social behaviour, burglary and fraud, Neighbourhood Watch also has a role in supporting the identification and reporting of hidden and high harm crimes affecting neighbourhoods, including modern slavery and domestic abuse. There are a range of <u>toolkits</u> on the Our Watch website providing information and resources to assist local Neighbourhood Watch groups to raise community awareness of the signs and symptoms of these crimes and how to report concerns.

Rural crime is as important to our members as crimes that happen in an urban area. NWN has formed a Rural Crime Partnership with the National Rural Crime Network, Historic England, Countryside Alliance, Country Land and Business Association and National Farmers Union and have established a rural crime working group made up of Force Association chairs from rural areas. We aim to raise awareness of rural crime with our members and partners, share rural crime initiatives and have developed specific <u>rural crime prevention advice</u>.

Our strongest asset is our committed, engaged and motivated street level volunteers who come from a wide range of backgrounds and life experiences, bringing with them a range of skills and links into their community and partner organisations who act as a catalyst for community action to address local issues affecting their community. <u>Tell us what your Neighbourhood Watch scheme is up to and we'll share your activities and best practice tips in a future newsletter</u>.

COMMUNITY NEWS, Shout outs and Requests

LANCASHIRE ADULT LEARNING - NEW OPPORTUNITIES

LAL are hosting their local Adult enrolment this month for the new academic year. (*Fingers crossed for a more normal one!*)

- Tuesday 7 September, 4pm 7.30pm
- Thursday 9 September, 4pm 7.30pm

At Nelson and Colne College, Scotland Rd, Barrowford, Nelson BB9 7YT Adult Enrolment Events | Lancashire Adult Learning

There is also a new list of free courses to support volunteering

And you can also find their <u>free wellbeing courses</u> offer has something for everyone, including;

- Sleep Well
- Improve Your Mood
- Introduction to Meditation
- Expressive Writing for Wellbeing
- Gardening & Growing for Health, Wellbeing & Pleasure





GO BATTY WITH PENDLE HILL LANDSCAPE PARTNERSHIP!



PHLP are really keen to find out what bats live at Spring Wood, Whalley, and need your help on **Friday 3rd September 2021**, **7.30pm - 9pm**_to spot the species and record them using <u>iNaturalist.</u>

Bats come out to feed at dusk, which is a perfect time to join us as we try and identify what species of bat make Spring Wood their home. We will be using specialist equipment and taking a walk through the woods and along the river to listen and look out for bats.

Why not join also us the evening before on **Thursday 2nd September** for an online talk by Gail Armstrong, volunteer bat worker, bat surveyor and licensed bat carer. This session, delivered via Zoom, will provide information about the lifestyle of bats, local bat species and where to see and hear them.

If you would like to attend either event or want further information please email jayne.ashe@lancashire.gov.uk.

BOOKING IS ESSENTIAL

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FUNDING OPPORTUNITIES

WHO	WHAT	WHERE	WHEN	WHY (other eligibility reasons may apply - please check links for full details)	
Comic Relief via Lancashire BME Network	up to £2000	<u>Micro Grants</u> <u>Guidance</u> (bprcvs.co.uk)	ongoing through 2021	any lancs BAME led group with annual income UNDER £50k - funds can be used for a variety of purposes	
East Lancs CCG Small Group Funding	up to £5000	ELCCG Small Group Funding (bprcvs.co.uk)	30th July	East Lancashire projects that complement social prescribing opportunities	
Lancashire Community Food Grant	up to £1,000	Lancashire Community Food Grant - LCC	Round 3 OPENING SOON	Funding can be used on: Equipment; Venue hire; Training; & Volunteer Expenses	
UnLtd - Start Your Venture	up to £5000	<u>UnLtd - Awards </u> Apply For Funding & Support UnLtd	30th September	for social entrepreneurs with an idea or who are in the early stages of development to support essential start-up costs	
Ashworth Charitable Trust	£1,000	Ashworth Charitable Trust	rolling programme	registered charities that support humanitarian causes and projects	
Children in Need - Small Grants	up to £10,000	<u>COVID-19 Funding</u> <u>Streams - BBC</u> <u>Children in Need</u>	OPENS 16th August	Children and young people aged 18 years and under experiencing disadvantage	
East Lancs CCG Grants	up to £4000	<u>CCG Funding Ribble</u> <u>Valley</u>	rolling programme	to provide socially orientated support to meet local needs and make a positive difference to the lives and wellbeing of people locally	
Food For Life - Get Togethers	£150	<u>Small Grants Food</u> for Life Get <u>Togethers</u>	8th September	To help you and your community take part in Cook and Share Month, 16th October - 16 November 2021. Can be used for food, tools, and materials.	
Funding for Grassroots Live Music Venues	£1,000 - £40,000	Supporting Grassroots Live Music Arts Council England	rolling programme	Organisations/venues/promoters whose main function is to host and/or promote live music events	

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FUNDING OPPORTUNITIES

WHO	WHAT	WHERE	WHEN	WHY (other eligibility reasons may apply - please check links for full details)	
Near Neighbours Small Grants	£250 - £3,000	<u>Small Grants —</u> <u>Near Neighbours</u>	10/12/2021	funding to encourage social interaction and social action among people of two or more different faiths to build friendships and develop relationships of trust	
The Eric Wright Charitable Trust	up to £500	<u>Eric Wright - Ribble</u> <u>Valley</u>	rolling programme	Projects that support personal development, education and training and projects that aim to reduce social isolation	
The Prince's Countryside Fund - Project Village Survival	up to £10,000	Project Village Survival - The Prince's Countryside Fund	17/09/2021	for projects that are addressing rural community resilience and ensuring their village's future viability and "thrivability"	
The Prince's Countryside Fund - Supporting Rural Communities	up to £25,000	Supporting Rural Communities - The Prince's Countryside Fund	17/09/2021	community-led projects that are pursuing innovative and strategic solutions to the challenges facing their rural area and improve the long-term viability and resilience of their community	
NHS - Living Kidney Transplant Scheme	£1 to £15,000	<u>NHS Blood and</u> <u>Transplant - living</u> <u>kidney transplant</u> <u>scheme</u>	12/09/21 (expressions of interest)	fund community and faith and beliefs organisations to positively engage Black, Asian, Mixed Race and minority ethnic communities in living kidney donation	
Thomas Wall Trust - Grants for Registered Charities	up to £5000	<u>thomaswalltrust.org.</u> <u>uk - grants-for-</u> <u>registered-charities</u>	ASAP	proposals <u>from charities</u> which target people experiencing multiple deprivation or other groups demonstrably facing major hurdles to employment	
National Lottery - Together for Our Planet	£1000 to £10,000	https://www.tnlcom munityfund.org.uk - together-for-our- planet	18/11/2021	voluntary and community organisations in the United Kingdom for small-scale projects to take action on climate change	

COVID-19 ADVICE FOR COMMUNITY GROUPS

Although most legal restrictions have now been lifted at step 4, and many people have been vaccinated, it is still possible to catch and spread COVID-19, even if you are fully vaccinated, and we are still in the third wave of this pandemic in the UK. For up to date information click <u>Here:</u>

CHALLENGE THROUGH SPORT INITIATIVE (CSI) TIMETABLE

Check out the table below for activities in Active Lancashire's CSI Programme.

	allenge through rt Initiative	CSI Lancashire Time	Active Lancashire					
Day	Sessions Times							
Monday			6pm - 7pm - (YPF) Snooker Hall Bank Parade, Burnley BB11 1UH	7.30pm - Movement to Music (Say2) Zoom - Code: 3747934597				
Tuesday	Pilates 11.15am - 12.15pm 1A Clarence Street Chorley, PR7 6AS	 2pm Boxersize & Fitness session 2.15 - 3pm Yoga with Scott 5pm (Education, Chat & Chill with Employment opportunities) 	1.30pm - 2.30pm Ladies Only Yoga Haslingden Community Link,	4pm - 5pm Football or Badminton Leisure Box, Glen Way, Brierfield BB9 5NH				
	Limited spaces available Contact Neil 07577033410 to book your place	The Fighting Fitness Academy, Unit 3A Myrtle Grove Mill, Leoch Rd, Waterfoot BB4 7JH Contact: Paul Becquare 07732 156060	Bury Rd BB4 5PG Contact Louise 07859 739902	7.00pm - Covid Stories (Say2) Film/Video Production Course Zoom - Code: 3747934597				
	11am - Walk & Talk Moor Park, Preston PR6 1AU	1pm – 2pm Circuit Class Live Health & Fitness, Friday St, Chorley PR6 0AA	10 - 12pm Table Tennis with Chill & Chat Nelson Independent Church 9 Netherfield Rd, Nelson BB9 9AW	7.00pm - Inspire with CSI Social Evening (Online Zoom) Contact Andy <u>Toyton</u>				
	10am - 11am. Walk & Talk. Meet at the tennis court by the play area on Walton Lane, Marsden Park, Nelson	11am - 12pm Tennis/Walk & Talk Stubbylee Park, Bacup Contact Paul <u>Becquarn</u> 07732156060		2pm Cycling at Leisure Lakes Bike Hub, Butler St, Preston PR1 8BN				
Wednesday	11.00am - Walk & Talk Leyland - Worden Park, Worden Lane PR25 3BD	1pm Gym Session BA Fitness <u>Trimpell</u> S & S Club, Out Moss Lane, Morecambe LA44UP	1pm Boxercise at Tommy's Gym, London Street Fleetwood FY7 6JL	3pm - 4pm Ski Rossendale Bossendale Youth Works Call Andy Clark 07907106589				
	11.30am - 12.30, Walk & Talk Meet at the Pavilion Café, Alkincoats Park, Colne	12.30 - 2.30pm <u>Shenkido</u> - Mindfulness and Meditation. 12A Market St, <u>Bacup</u> or 1 - 2pm on Zoom Code 889 70951878 - Password 604261 Contact Louise 07859 739902	2pm - 3pm Badminton St Andrews Church Hall Worden Lane, Leyland PR25 3E	3pm - 5pm Football Accrington Stanley Hub, Higham Playing Fields, <u>Thorneybolme</u> Rd, Accrington BB5 6BD				
Thursday	10.00am - Walk & Talk Preston - <u>Ayenham</u> Park, South Meadow Lane PR1 8JP	10.00am - 12.00pm Breakfast Club (Light Activities, Chill & Chat) Trinity Hub, Bankhouse Lane,	1pm Cycling Group (bikes provided) Trinity Baptist Church, <u>Bankhouse</u> Lane, <u>Bacup</u> OL13 OAL Contact Paul <u>Becouarn</u> 07732 156060	4pm - 5pm (YPF) Kickboxing Dragons' Kickboxing Club, Unit 21, Habergham Hill, Coal Clough Lane, Burnley BB11 5BS				
Thursday	11am - 12 noon - Virtual Youth Hub Zoom - 839 4244 9719 Passcode: 093322 Contact Kristy: 07724 644600	Bacup OL13 OAL Contact Louise 07859 739902	1.45pm - Mind & Body (Say2) 'Nutrition Coaching' Zoom - Code: 3747934597					
Friday	9.10am - Mimi Breath Work Live via Zoom from Bali Meeting ID: 830 3031 1209 Passcode: 605003		12.00 till 1.30pm Football Session South Meadow Lane, Preston PR18JP	6pm - 7pm Trinity Food Bank Bankhouse Lane, Bacup OL13 OAL Contact: Louise 07859739902				
Saturday		11am-12pm 'Football' 17/3/21 St Martins, University of Cumbria, Lancaster - LA13JD		5.00pm - LUF Lounge (Online) Facebook.com/redroserecovery				
Sunday		1pm - 'Walk & Talk' Meet under the clock at Burnley Bus Station. Contact Sharon: 07389182500	1.00pm Walk & Talk Morecambe Sailing Club LA4 5AS					

EVENTS, ADVICE AND TRAINING

SEPTEMBER CAMPAIGN WEEKS - DATES FOR YOUR DIARY

- Blood Pressure UK Know your numbers 6th-12th Sept
- World Suicide Prevention Day 10th Sept
- World Sepsis Day 13th Sept
- International Week of the Deaf People 20th-26th Sept
- Organ Donation Week 20th-26th Sept
- National Eye Health Week 20th-26th Sept
- Recycle Week | WRAP 20th-26th Sept
- National Fitness Day 22nd Sept
- International Day of Sign Language 23rd Sept

Est. 19

Macmillan Worlds Biggest Coffee Morning - 26th Sept

Langho Ladies

o o t b a l 1 11 C 2021/2022 Looking to strengthen our squad and for a new goalkeeper FOOTP NGHO

16 and Age above

🚹 🖸 Call Steve: 07780 993286 Langhofc.co.uk

A BRIDGE TO A NEW SKILL

Do you know anyone who'd like to learn to play bridge? John Ashton will be starting a class for beginners on Wednesday 8 September, 10.15 -12.30. The first term will run until December 2021.

Contact

Gail to

share your

event!

The Club offers 2 free taster sessions before any payment is due - a great opportunity for your friends and family to see if they'd like to learn the wonderful game. Please spread the word! For more information, email the Club at brierfieldbridgeclub@gmail.com Briefield Bridge Club, Briefield Lancashire

FREE Webinar: 09 SEPTEMBER 2021 A self-defence class in Charity cyber security

Attendees can expect to learn more about:

- The security risks and challenges specific to high income charities
- How Save the Children consolidated their cyber security
- What can be done to better mitigate the threats facing high-income charities

BRITISH TEXTILE BIENNIAL 2021 - LAUNCH NIGHT

30TH SEPTEMBER 2021 5.30PM @ THE COTTON EXCHANGE, BLACKBURN

We are delighted to invite you to attend the opening event of the 2021 <u>British Textile Biennial</u> at Blackburn Cotton Exchange.

The Cotton Exchange hosts *The British Invasion*, a collaborative exhibition by Jamie Holman, Jasleen Kaur and Masimba Hwati, who will present a short performance with guest, Paul Nataraj. All other Blackburn venues open from 6.30pm, with guided tours available.



5.30 Doors open - refreshments will be served.

6.00 Speeches

6.15 Performance by Masimba Hwati and Paul Nataraj

6.30 All Blackburn venues open. Guided tours available.

RSVP to lydia@superslowway.org.uk by Friday 16th September

And take a look at <u>British Textile Biennial</u> to see more info about the exhibitions and workshops taking place across October.

VICTIM FRIENDLY ORGANISATION SCHEME

Lancashire Victim Services is a leading organisation, funded by the Police and Crime Commissioner, which provides free and confidential emotional and practical support to victims of crime across the Lancashire area. We offer support to around 70,000 people affected by crime each year, a number which continues to increase. Our services are locally focused – and as such we are looking to partner with businesses and organisations within the community – to become Victim Friendly informed.

We will be hosting a number of workshops in person and online across different areas of Lancashire, with the focus being on the impact of crime on victims and knowing how to signpost to relevant organisations. The purpose of these short sessions is for people to understand what we do as a service but will also aid victims by providing a safe and social atmosphere themselves.

Following the session you will be provided with a sticker that can be displayed to indicate to people that you have completed the information session and as such are available for people in need to approach.

If you're interested in become a Victim Friendly Organisation please contact: <u>gabrielle.bowers@victimsupport.org.uk</u>

INSPIRING ALLOTMENTS

Colne Town Council has awarded its prizes for the best allotment photos. The Town Council manages over 140 allotments around Colne on 21 sites.

Alkincoates Allotments wins the triple in this years Allotment Awards

The Allotments have proved a great asset to many people during lockdown. Colne's aspiring allotment community has been swelled with increasing number joining the waiting lists for most sites, but don't let that put you off applying as waiting lists help the Council assess how many allotments are needed.

If you are interested in an Allotment plot, please contact Colne Town Council's Allotment Officer, Eugene Dennison on 01282 332037 or email <u>allotments@colnetowncouncil.org.uk</u>.







Do you enjoy the outdoors? Would you like to meet new people and learn new skills?

The award winning PEN project is back with sessions supporting you to get out to the local landscape and enjoy walks and activity sessions, have fun and great conversations. As always it's FREE! Transport with pick up and drop off service also FREE

- Thursday 19th August: Get Creative
 Outdoors with Nature—Clarion
 House, Roughlee
- Thursday 26th August: Dry Stone Walling (FULL DAY, NO TRANSPORT AVAILABLE) -Martholme Greenway, Simonstone
- Thursday 2nd September: Campfire and Fungi Spotting—Spring Wood, Whalley
- Thursday 16th September: Walk
 and Nature Conservation—
 Roughlee
- Thursday 23rd September: Guided
 Walk—Barrowford
- Thursday 30th September: Archaeology– Clitheroe

Activity sessions start at 11.30 at destination. Sessions will last approx. :

All equipment and activities are provided free of charge.

Please dress according to the weather and spending time outdoors.

Packed lunch optional All sessions carried out under ci

government guidance.

For more information or to book onto a session contact Nick Alderson: 07973747718

nicholas.alderson@lscft.nhs.uk



TOGETHER AN ACTIVE FUTURE

Pennine Lancs TaAF have produced an update on where the Sport England funded scheme is. Take a look at; <u>Together an Active Future - Something to</u> <u>more and beyond</u>

I recently met with Keiran from the Ribble Valley scheme to talk about the benefits of linking complementing groups together.

If your group would like to know more about getting involved contact <u>Keiran Adamson (Ribble Valley)</u> or <u>Chris Rigby (Pendle)</u> REGISTER FOR

LANCASHIRE

INNOVATION FESTIVAL

EVENTS, SUPPORT AND TRAINING

LANCASHIRE INNOVATION FESTIVAL 4*** of Octobers 2021 Register NOW for a week of Seminary, Networking

4-8th October 2021

The Natter Shack @ Fence Village Hall

Take that first step into meeting new people! "Come Take a Seat - See Who You Meet"

> Our Event is Held: Every Monday at 2p.m. - 3.30 p.m. (not Bank Holidays)

Everyone welcome

Fence Village Hall, Fence, BB12 9EE

The Natter Shack Scheme

You can now register for Lancashire Innovation Festival 2021 <u>https://lnkd.in/dXCCVaHn</u>

Themes this year include Digital, Health, Low Carbon, Manufacturing and Social innovation. They are also still looking for inspiring individuals to lead sessions.

PHLP - MONDAY WALKS

Every Monday afternoon at 2pm, come along and meet us at location across Pendle, Burnley and the Ribble Valley.

Walks are between 4 and 5 miles, and are normally finished by 4pm/4.30pm. Walks may include pavements, park trails, canal towpath, fields and tracks so where possible, suitable walking footwear and clothing should be worn.

Booking is essential for all of the sessions detailed below. For more information and to book on to sessions please email <u>Jayne</u> or call 07770 273 643

People Enjoying Nature Sessions | Pendle Hill Landscape Partnership

USEFUL ARTICLES

- <u>Charity Digital The best ways to attract</u> volunteers in 2021
- <u>#GiveAHoot: Alternative social media schedulers</u>
- <u>impact-of-covid-on-village-halls-final-report-june-</u> 2021.pdf (acre.org.uk)
- How to write the perfect press release
- New map shows where millions of UK residents
 struggle to access food

PENDLE HILL LP - NEW TO WALKING FESTIVAL

Join Pendle Hill Landscape Partnership for a FREE 9 day walking festival - *Together for Our Landmark* - Saturday 18th to Sunday 26th September.

Did you enjoy regular walks from home during lockdown? But need some further ideas of where to explore?

Join our 'New to Walking' Festival and experience the Pendle Hill area with the support of knowledgeable guides.

Learn more about the area's fascinating natural and cultural heritage, find some hidden gems away from the crowds and gain confidence to venture out on self-guided walks in the future!

Take a look at our varied programme below, from archaeology to herbal medicine, mindfulness to traditional boundaries and buggy-friendly walks. We've kept the walks to a maximum of 6 miles, but they include a variety of terrain, so we hope there is something for everyone!

Note: the walks are all free, but donations are welcome via the online booking system, contributing to Rossendale and Pendle Mountain Rescue, or on the day, cash donations to the Pendle Hill Fund.

For Full Event Information, including what to bring, click here.





The Lancashire County Council team are hosting some informal in-person events around the county, to answer any questions about fostering and advise on the process. <u>Click here</u> for local events or to find out more.

STAMPING MAD!

Have you had a letter through the post recently? Age UK Lancashire need your stamps! You can use our pre-paid envelopes, fill them with stamps , then send them back. Once we get them, we can convert your stamps into donations to support our work! Find out more here: <u>https://bit.ly/3imyRa1</u>



Healthwatch works in partnership to improve health and care and shape the quality of local services. For Lancashire queries, email: dawn.allen@healthwatchlancashire.co.uk



We need your stamps!

Your used stamps can be turned into donations, which will help us to raise much-needed funds and support older people in Lancashire. Follow the simple steps on our website under the 'Get Involved' tab.

WWW.AGEUKLANCS.ORG.UK



CLIMB MOUNT KILIMANJARO AND COMPLETE AN OBSTACLE COURSE ON THE SUMMIT 5,895m (19,340 ft)

WORLD RECORD CHALLENGE ON KILIMANJARO

Achieve A Guinness World Record For Completing 10 Obstacles Spread Over 100 Meters In The Crater Of The Free Standing Mountain In The World.

© ♥ f C @

International World Record Challenge

- World Highest Obstacle Course - World Record Breaking Title - Exclusive To 60 People
- 12th September 2021
- 12th September 2021

CHRRITY :

Charity : Z's Defence Academy Charity No. : 1194054 E-mail : zsdefenceacademy@gmail.com Website : www.zsdefenceacademy.co.uk

The 100 Day Sponsorship Challenge

The 100 Challenge Is To Raise A Min £1000 Donation And Aiming For 20 Sponsors. Raising Funds To Support A Charity Called **Z's Defence Academy** Who Combat Mental Health For Women Through Sporting Activities And Self-defence.

CONTRCT :

Name : Zee Jogi Contact No. : 07720636847 E-mail : zee@trainwithzee.co.uk Website : www.trainwithzee.co.uk

> Subscribe On YouTube (3 Months Prior To The Event)







BEREAVEMENT GROUP RELAUNCHES

Pendleside Hospice bereavement group will be relaunching on 6th September to help people grieving for loved ones. Anyone who has suffered a loss, whether they were connected to the hospice or not, can apply to join the bereavement group by ringing 01282 440102.

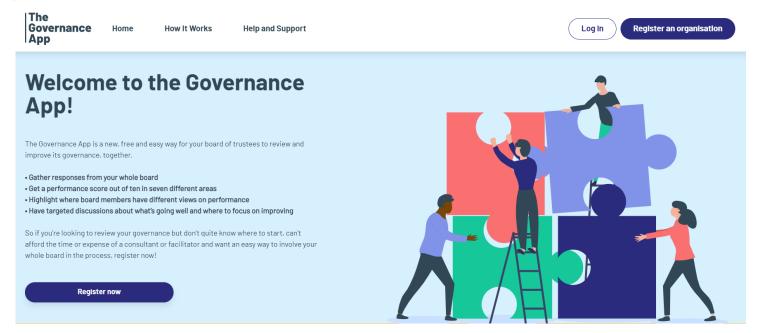
IMPROVE YOUR TRUSTEE GOVERNANCE

<u>The Governance App</u> is a new, free and easy way for your Board of trustees to review and improve their governance, together.

We've combined the Charity Governance Code with DSC's successful face-to-face model for improving governance, and created an online tool that any Board can use to review their governance – and turn it into collective action and improvement.

Click here to sign up for free and get started.

Why not book a place on our <u>FREE webinar</u> talking you through all you need to know about the Governance App, from registering your organisation to completing the surveys, to using your results and planning your next steps. **Wednesday 15 September** is the date for your diary, <u>sign up here.</u>



COVID-19 ADVICE FOR COMMUNITY GROUPS

The Department of Health and Social Care have shared their updated Covid Community Pack with us now that we have reached the final stage of the roadmap out of lockdown. *(see email attachment)* The pack explains how we are managing the virus and what communities can do to help us. I would be very grateful if you could share this with your colleagues please.

There are also some <u>'Coming out of lockdown resources'</u> for community leaders and a number of webinars which are free to attend.

Comprehensive guidance is also available on the LCC website, including advice for community organisations: <u>Advice and guidance – LCC</u>

PENDLE YOUTH EMPLOYMENT SUPPORT HUB - LAUNCH EVENT



Pendle YES Hub Job Fair

Are you interested in having a stand at the Pendle YES Hub Job Fair?

Friday 1st October 2021 11:30 -13:30

Active ancashire Pendle YES Hub Scotland Road, Nelson BB9 7UT

Lancashire

Pendle

Showcase your organisation to young people of Pendle Network with likeminded individuals



COLLEGE



Friday October 2021 10:00 –11:00

Active Lancashire Pendle YES Hub Scotland Road, Nelson BB9 7UT

Lancashire

10:00 Registration and Refreshments 10:15 Speeches 10:45 Ribbon Cutting followed by Networking

RSVP by 17th September 2021 to pendleyeshub@activelancashire.org.uk

THRIVING COMMUNITIES WEBINARS

We have some exciting webinars to tell you about.

Our new series of Thriving Communities webinars will run from September 2021 to July 2022. Click <u>here</u> for more info on the webinars below.

The Centre Discusses...The role of social landlords in social prescribing, with the National Academy for Social Prescribing Wednesday 1 September, 10-11am <u>Register here</u>

Thriving Communities webinar: Understanding Social Prescribing Tuesday 7 September 2021, 3-4pm <u>Register here.</u>

Thriving Communities and the Southbank Centre present Art by Post: Of Home and Hope workshop Tuesday 21 September 3-4pm Register here.

THRIVING COMMUNITIES LEARNING TOGETHER PROGRAMME: North West Autumn-Winter 2021/22

Applications are now open

We are pleased to let you know that <u>applications are now open</u> for the FREE North West Thriving Communities Learning Together Programme – Autumn – Winter 2021/22, and we would like to invite you to make your application.

The closing date for applications is Friday, 17th September 2021.

This regional programme is open to voluntary, community, faith and social enterprise (VCFSE) organisations across the North West region interested or involved in social prescribing. You will learn about social prescribing and the VCSE eco-system that enables social prescribing to be successful. Places are limited to two people per organisation.

JOB OPPORTUNITIES AND Volunteering

NATIONAL YOUTH ADVOCACY SERVICE (NYAS) -VOLUNTEER INDEPENDENT VISITOR LANCASHIRE <u>Click here</u> for full details

INSPIRE LANCASHIRE IS RECRUITING MULTIPLE ROLES

Support people to get into employment.

Click here and here for full details

CVS OFFICE VOLUNTEERS

<u>@BPRCVS</u> is looking for <u>#volunteers</u> to join our wonderful reception team at our main office in <u>#Burnley</u>

For more info about the opportunity call Carol Port on 01282 433740 or email carol.port@bprcvs.co.uk

NHS COVID VACCINATION Marshal – Lancashire

Lancashire Volunteer Partnership (LVP) and NHS are looking for volunteers to assist at various Covid Vaccination sites as Internal and External Marshalls across Lancashire.

Open to anyone aged 16+, this is a great opportunity for young people who'd like to enhance their CVs. <u>Click here</u> for full details

COULD YOU OFFER A WEEKLY CHAT TO SOMEONE?

We are looking for volunteers to support vulnerable & isolated people as Telephone Befrienders across

Lancashire.

To apply visit

lancsvp.org.uk/opportunities





JOB OPPORTUNITIES AND



Become a

BECOME A SPECIAL CONSTABLE

The Special Constabulary recruitment will be opening again on 8th Sept 2021 for two weeks. Click here to apply and find out more information.

We are also holding two recruitment events 1st and 2nd Sept between 7-8.30pm and Eventbrite is now live for people to book tickets.

https://www.eventbrite.co.uk/e/1672 95743071



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ROSSENDALE

FOR MORE INFORMATION OR SUPPORT



VISIT OUR WEBSITE FOR MORE <u>INFORMATION</u> AND <u>EVENTS</u>

WWW.OURLANCASHIRE.ORG.UK