

## Working together to create a future free from hunger



### Opening Hours

We are open Monday, Wednesday & Friday 10.00am & 2pm.

### Find us

The Oaks, Oakenhurst Road,  
Blackburn BB2 1SN

### Contact us

Tel: 01254 672756

Email:

[info@blackburn.foodbank.org.uk](mailto:info@blackburn.foodbank.org.uk)

### Follow us:

Twitter: @Blackburnfoodbank

Facebook: @Bburnfoodbank

Instagram:  
blackburnfoodbank

### Support us

Food donations can be dropped off at our warehouse Monday/Wednesday/Friday between 9.00am-1.30pm.

We post regular updates on social media of the food we would most appreciate

Financial donation please can be made online via

<https://www.justgiving.com/campaign/>

or please contact us for other ways of making a donation.



We support people and communities to thrive.  
The National Lottery Community Fund

## Time to celebrate good news.

If you play The National Lottery, alongside wondering why your numbers never come up, you may also wonder what happens to the money raised. Well, we may be able to help you out there. Whilst things may still feel somewhat uncertain in our area on the Covid front we are celebrating a major award from The National Lottery which will provide us with a little more security over the coming 3 years.

In our last news letter we told you about the volume of food we provide each year and the number of people we support. Alongside our need for donations of food we also have to generate a significant amount of funding to actually run the food bank. This includes things like salaries for our staff, rent, all the associated bills to run the building etc. Each year this amounts to around £80,000. Therefore being awarded a grant to contribute to some of these costs makes a big difference.

Over the next 3 years The National Lottery funding will fund the salaries of our full time Centre Manager, a Money Advisor and a Benefits Advisor. We will also be able to fund two new roles within the food bank, a part-time Volunteer Coordinator and a part-time Communications Coordinator.

## Changing Faces

In our last news bulletin we told you about changes in our Centre Manager. We would also like to acknowledge and thank Katherine Toase for all her hard work and dedication as our Administrator. Katherine provided invaluable support in establishing the food bank and in the smooth operation of our work for 8 years. We would like to welcome Rachael Massey who has joined us as the new Administrator.

## New Job Vacancies

We are in the process of recruiting for 2 new posts in our Money Advice Service. The first is for a Benefits Adviser and the second is for a Debt Adviser. Both posts are for 35 hours a week and are fixed term contracts for a period of 3 years. The closing date for applications is **19th July**. Applications and further details can be obtained from: [trustees@blackburn.foodbank.org.uk](mailto:trustees@blackburn.foodbank.org.uk)

## Shopping list.

All Trussell Trust food banks provide a standard list of items that have to be included in every food parcel. If you are thinking of donating food these are the items we would really appreciate>

Tins of

- vegetables (peas, carrots)
- tomatoes
- soup
- fruit
- meat (ham/corned beef)
- meat meals
- rice pudding
- custard
- fish (tuna, salmon)
- beans & spaghetti (esp spaghetti)

Pasta

Jars of pasta sauce

Tea & coffee

Long-life milk

Cereals

Biscuits

Shampoo & shower gel

Toothpaste

Deodorant

Female sanitary product

Nappies (especially size 4 & 5)

All food donations can be dropped off at our warehouse. Our opening times are listed above

**We couldn't do it  
without you.....**

**Thank you**

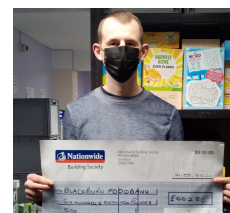
## Bags for Life

Do you have any spare bags for life cluttering up your cupboards? If so we would love to take them off your hands. We pack our food in bags for life and are running desperately short.

They can be dropped off at the food bank during our normal opening hours (see side panel). How about joining with friends and colleagues and having a collection?

## Tom's Challenge

Tom Smith, who is a volunteer at the food bank, completed recently the major challenge of running 5K every day for 30 days. He raised an amazing £662 to support our work. Well done Tom and thank you.



## Calling all runners.

If, like Tom, you're a runner (or know someone who is) how about running the Blackburn 10K in October as part of **Team Food Bank?**

In 2018 Team Food Bank raised an amazing £10,000 to support our work and we would love to top that this year. you would like more information please email us on [info@blackburn.foodbank.org.uk](mailto:info@blackburn.foodbank.org.uk)

## News from The Trussell Trust

As you may know we are part of the Trussell Trust network of food banks and here is some national news which may be of interest.

### *The State of Hunger Report*

The State of Hunger Research was a major research project undertaken by the Trussell Trust working in collaboration with Heriot Watt University. An interim report was published in 2019 and May of this year saw the publication of the follow-up report. The State of Hunger Report provides major information on the state of food poverty in the UK, the need for food banks and how Covid-19 has impacted on them. The full report and a really easy to follow and informative summary of key findings can be downloaded from the Trussell Trust website: <https://www.trusselltrust.org/state-of-hunger/>

### *"Acceptable".*

If you have a few minutes it's well worth listening to this poem written by a person with lived experience of poverty, who needed the support of a food bank: <https://www.trusselltrust.org/hunger-free-future/add-your-voice/share-the-poem/>.