



# WELCOME TO OUR PENDLE & RIBBLE VALLEY NEWSLETTER

Bringing you our latest newsletter bursting with all the latest good news stories and information in the world of Our Lancashire.



# Our Lancashire Update

**Our Lancashire** is a Lancashire wide initiative to bring groups and communities together under the banner – “Let’s Join Together” in order to make Lancashire a greater place to live, work and play.

We are funded by the Police and Crime Commissioner and joining the Our Lancashire website [www.ourlancashire.org.uk](http://www.ourlancashire.org.uk) is a FREE Offer available to any not for profit social action group/CIC/Charity etc. running activities and events in their local community.

By joining our site you will be able to promote your group, recruit members and advertise events. We also have News and Support sections where you can find more resources and information.

If you have any questions regarding anything in the newsletter or would like support with anything else, please contact **Gail Barton** – Community Engagement Officer covering **Pendle & Ribble Valley**.



## Welcome Onboard To OUR Newest Groups!

Take a look and see what’s happening nearby.

- [Clitheroe Blackburn Northern Hockey Club](#)
- [Friends of Pendle Heritage](#)
- [Campfire & Conversation - Ribble Valley](#)

## Book a Free Place On OUR Upcoming Events

### Creating Captivating Content Thursday 6<sup>th</sup> May @ 2pm – 3pm

We'll be having a conversation about creating media to inspire and engage. Pondering a podcast? Venturing into video? Mastering a magazine?

[Creating Captivating Content Tickets, Thu 6 May 2021 at 14:00 | Eventbrite](#)

### Change For Good – Thursday 20<sup>th</sup> May @ 2pm – 3pm

A special anniversary conversation about how we’ve found benefits from the necessary changes that we introduced as a direct result of the pandemic impact.

[Change For Good - Covid Positives in Lancashire's VCFSE Sector Tickets, Thu 20 May 2021 at 14:00 | Eventbrite](#)

## Take Advantage of OUR YouTube Insights

We record our Online events so the great ideas and advice from our community is available - even when you’re not.

Now that we’re (hopefully) returning to some degree of normality you might want to reflect back on [Bringing Volunteers Back Safely](#) which included contributions from LVP, BPRCVS and Pendle Hill Landscape Partnership.

Or take a look at our latest upload [Fool-Proof Freebies](#) which heard from LAL, Breaking Cycles CIC, The Wish Centre and The Making Rooms.



# Opportunities with

# LVP

## Lancashire Volunteer Partnership

was established in 2016 between public services who wanted to provide one gateway into public service volunteering.



## LANCASHIRE VOLUNTEER PARTNERSHIP



## **LVP Community Support Befrienders**

Supporting the most vulnerable people in our communities is a key priority for LVP and we are looking for Volunteer Telephone Befrienders. As a volunteer you will help to combat feelings of loneliness and isolation by offering telephone friendship.

In these times of uncertainty, can you offer support to some of our most vulnerable members of the community in your local area?

Alongside our established telephone befriending role we are looking for support to assist older and isolated members of the community with the collection/delivery of essential items such as shopping and medication.

Using local knowledge of community services, local supermarkets and pharmacies our Enhanced Community Support Volunteers will offer support to those who may not have family or close friends that are able to help them at this time.

[Shopping Support - Ribble Valley • Lancashire Volunteer Partnership \(lancsvp.org.uk\)](https://lancsvp.org.uk)

[Shopping Support - Pendle • Lancashire Volunteer Partnership \(lancsvp.org.uk\)](https://lancsvp.org.uk)

Check out the Lancashire Volunteer Partnership website for all current volunteering opportunities.  
<https://lancsvp.org.uk/>

## **Queen Street Mill Museum is looking for Room Steward Volunteers**, helping to provide knowledge and guidance to visitors.

Queen Street Mill is the last surviving 19th century steam powered weaving mill from the days when cotton was king. It was built in 1894 for the Queen Street Manufacturing Company. It closed on 12 March 1982 and was mothballed, but was subsequently taken over by Burnley Council and maintained as a museum. In the 1990s ownership passed to Lancashire Museums. Queen Street Mill is a grade 1 listed building and has provided background scenery for a number of historical films and television programmes.

**The museum will re-open to visitors from 17th May for guided tours so the support of a museum volunteer will be essential.**

The role of the volunteer will be to create a warm, friendly and welcoming environment to our visitors and provide them with the knowledge and information about this historic site during their visit. Queens Street Mill is an industrial museum site and volunteers will need to be comfortable in an industrial environment.

<https://lancsvp.org.uk/opportunities/museum-support-volunteer/>



# What's everyone talking about?



## Get involved today and have your say...

It is just over a year since we launched [Lancashire Talking](#) and they have made fantastic progress with your support. They have now received over **34,000 survey** results from you, the residents of Lancashire, telling them what issues you want to be prioritised locally.

Using the results at a Lancashire wide level we can reveal that your TOP FIVE ISSUES are:

1. Anti-Social Behaviour.
2. Road Safety.
3. Drug Dealing.
4. Drug Taking.
5. Nuisance Motorbikes.

All their Neighbourhood Policing Teams are now fully trained in use of the system and can identify the top issues for every District and Ward in Lancashire. This allows your local Team to target their activities on the issues that matter most to you.

Reading through the messages and updates they publish we can see that their Teams have been busy tackling your issues and updating you on what action they have taken, ranging from drug dealing to Anti-Social. Behaviour to speeding vehicles.

If you have not already signed up to Lancashire Talking please do so **now**, it's quick and easy to complete five questions, and then YOUR views can also be taken into account when local priorities are set for each area.

Follow this link to ensure your voice is heard: [LANCASHIRE TALKING](#)



# COMMUNITY NEWS & MORE...

From out and about in the community to how to seek more funding, we've got it covered in this issue.

## The Nattershock Scheme

Now the warmer weather is on its way, why not join the Nattershock Explorer Group. It is a lovely group for everyone to suggest meet up walks in Burnley, Pendle and surrounding areas



[The Natter Shack Scheme - Home | Facebook](#)

## Snowdrop Doula



We have been busy writing up our report on our Doula service as we reach our 10 year anniversary.

We have found our service improves birth outcomes, breastfeeding rates and the wellbeing of parents. Our statistics have even surprised ourselves!

<https://snowdropdoula.co.uk/snowdrop-doula-cic-service-report-2021/>



East Lancashire Hospitals  
NHS Trust

Please click on the link to view the current Lancashire Recovery College planner.

All activities are FREE and available to anyone aged 16 or over in the Lancashire & South Cumbria area.

<https://www.lscft.nhs.uk/recovery-college-whats-on>

## Forest School for Groups



Harwes Farm CIC have a number of fully funded days for local groups of up to 16 participants to experience their forest school. This opportunity is open to any group and any age range.

To access opportunities for group visits to the Forest School at Hawes Farm, please contact Gill - [gillian@harwesfarm.co.uk](mailto:gillian@harwesfarm.co.uk)

[Home | Harwes Farm CIC](#)

## Our Area in the Spotlight

- [Creating an Archive at Brousolme Hall | Historic England – YouTube](#)
- [Spot On Lancashire – YouTube](#)
- [Let's Connect... East Lancashire – YouTube](#)
- [Strolling the Super Slow Way, Nelson – YouTube](#)
- [Lancashire Police - One Team Different Roles – YouTube](#)
- [BPRCVS – YouTube](#)

## MAY -A MONTH OF... WELLBEING



We might not yet be able to enjoy the many local events that traditionally take place across May but there are still many upcoming campaigns to get involved with next month.

- [National Walking Month | Living Streets](#)
- [Local and Community History Month / Historical Association](#)
- [Mental Health Awareness Week 2021 | Mind](#)
- [Dementia Action Week | Alzheimer's Society](#)



WISHING ALL OUR MUSLIM COMMUNITIES, GROUPS  
AND PARTNERS,  
A BLESSED RAMADAN

FROM EVERYONE AT OUR LANCASHIRE

## YOUTH MENTAL HEALTH CHECK



**We Are With You** have introduced a Mental Health Check app for 13-25 year olds in Lancashire.

Young people will be able to complete a short well being questionnaire and will have the opportunity to access an appointment through the link to speak with someone on specified days and at different times.

The link can also give young people other links they can access for help and support regarding their well-being and mental health. Get started at;

<https://lancashireyp.wearewithyou.org.uk/home>



## CIRCLES CONNECTED GROUPS

Circles Connected is a Facebook Group to help people stay connected and entertained from the comfort of your own home.

Check out their latest events –

<https://www.facebook.com/groups/circlesconnected/events>



## PICK UP FOR PENDLE

The first Saturday morning of each month 10am-12noon  
There after alternating each week, afternoons 2pm-4pm and mornings 10am-12noon

Weekdays are flexible – see more at

[Pick Up for Pendle - Home | Facebook](#)



## MEALS ON WHEELS

Due to the recent launch of our Meals on Wheels service we are now looking to recruit a volunteer to provide administrative support to the team.

We are also looking for drivers and welfare support volunteers, who can spare us approximately 2 hours a day, between the hours of 11:30am and 1:30pm over a 7 day week.

For more information and to complete an application form visit our website: [Volunteering\(pendleside.org.uk\)](http://Volunteering(pendleside.org.uk))



## WALK AND TALK


Walk and Talk is back and yesterday I joined walk leader Maj, along with Building Bridges Pendle and others for a special #CovidLounge walk above Nelson.

You can join in with their regular walks and meet new people by accessing their Facebook page or find them via the Meet Up app.

[WALK and TALK - Home | Facebook](#)



# COMMUNITY NEWS & MORE CONTINUED...



**Have you more month than money?**

**Now's the time to sort out your finances, with the CAP Money Course**

**James' Church CLITHEROE**

**CAP money:course**

Whether lockdown has brought you financial stress, or taken the pressure off, now would be a great time to address your personal finances.

- Learn how to budget, spend & save well
- Set up a simple system
- Plan for the future
- Deal with debts
- Free online budget tool
- Confidential online group course

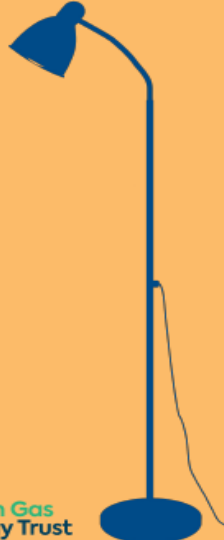

Dates: Wednesdays 5, 12 & 19 May 2021  
Time: 19:30 to 21:00  
Online venue: Zoom

To book, contact us at:  
Tel: 07860-617992  
Email: [cap@stjamesclitheroe.co.uk](mailto:cap@stjamesclitheroe.co.uk)  
Web: [www.capmoneycourse.org](http://www.capmoneycourse.org)

A laptop, tablet or smart phone capable of internet calling is required to access this course at present

## The Healthier Energy Project

- Free and impartial energy advice for people living in Rossendale, Hyndburn and the Ribble Valley
- Find out how to reduce your energy bills, and make your home warmer
- Get help with checking your energy use, switching supplier or accessing home improvement grants
- Learn how Homewise can help make improvements to your home to keep you cosy
- Call our energy advisers on **01254 304129** or email [energyproject@carh.org.uk](mailto:energyproject@carh.org.uk)
- These projects are delivered by Citizens Advice Rossendale & Hyndburn and Homewise, funded through the Energy Industry Voluntary Redress Scheme - [www.energyredress.org.uk](http://www.energyredress.org.uk) - and the British Gas Energy Trust

**citizens advice** Rossendale & Hyndburn

**HOME WISE**

**British Gas Energy Trust**



**Lancashire Adult Learning**

## Summer Sow and Grow

**Saturday 8th May, 10am - 11.30am**

Sign up for Lancashire Adult Learning's FREE, online, Summer Sow & Grow event where you will be provided with the resources and skills to grow your own flowers to brighten up your outside space for this year and many more to come. We are excited to include in your pack, seeds for you to produce your own salad pot.

Flowers and Food all in one session. Free resource packs provided.

Enrol NOW [www.lal.ac.uk](http://www.lal.ac.uk)

[www.lal.ac.uk](http://www.lal.ac.uk) 0333 003 1717



# MS

## ANGLING & EDUCATION

IN PARTNERSHIP WITH: **MACK'S ANGLING CENTRE** **CORNFIELD FISHERY** **ANGLING TRUST**

**SPORT ENGLAND** **@MSmed4** **marksmedley@hotmail.co.uk**



Well-being Fishing Sessions at Cornfield Farm Fishery, Burnley. Get out on the bank besides the water, enjoy the great outdoors and help to reduce the stress of everyday life, boost your mood and enhance your psychological well-being. Contact Mark via email for more information and availability. #Mental Health Matters.

MS Angling & Education is proud to be working in partnership with ...

**BURNLEY PENDLE & ROSSENDALE COUNCIL FOR VOLUNTARY SERVICE**

**Social prescribing for local Lancashire**

**NHS East Lancashire Clinical Commissioning Group**

**Together an Active Future**



# COMMUNITY NEWS & MORE CONTINUED...



## The People Enjoying Nature Project

Are you tired of being locked down?  
Do you want something to look forward to?

The award winning PEN Project returns this Spring to bring you outdoor walks, activities, fun, conversation and as always its absolutely FREE!

**Monday Afternoon Walks** – meet at 2pm.  
Approx 5 – 6km long:

- **Monday 12th April:** Nelson. Meet at Victoria Park Car Park (BB9 0DO)
- **Monday 19th April:** Burnley. Meet at car park on Queen Victoria Road (BB10 3EF)
- **Monday 26th April:** Barrowford. Meet at Car Park off Wilton Street (BB9 8PU)
- **Monday 10th May:** Clitheroe. Meet at Clitheroe Interchange (outside Platform Gallery) (BB7 2ED)
- **Monday 17th May:** Colne. Meet at the bottom of Alkincoat's Park (next to the car parking area and tennis courts) (BB8 9QQ)
- **Monday 24th May:** Brierfield. Meet on Glen Way (between In Situ's The Garage and The Leisure Box) (BB9 5NH)

**Thursday Activity Sessions** – meet at 1pm. Sessions will last 3 hours, and involve a short walk at the start or end of the session, as well as conservation tasks or nature activities.

- **Thursday 29th April:** Alkincoates Park, Colne (practical conservation session with Friends group)
- **Thursday 6th May:** Alkincoates Park, Colne (practical conservation session with Friends group)
- **Thursday 13th May:** Howard Street, Burnley (nature activity session)
- **Thursday 20th May:** Clitheroe/Spring Wood (tbc) (nature activity session)

**All sessions carried out under government guidance.**

For more information or to book onto a session contact Nick  
07070717710

# COMMUNITY NEWS & MORE CONTINUED...

## Daytime walking football for over 55 year olds on the Edisford 4G all-weather pitches, Clitheroe.

Sessions run every Tuesday 10-11am throughout the year. Each session followed (Covid permitting) by tea/coffee and opportunities to chat in a meeting room adjacent to the pitches.

A Walking Football Club has been running for six years at Edisford. Up to now, its sessions have been in the evening and attracted fitter players. Now club members are launching this daytime session geared for all.

We are following the successful Preston North End model with warm-up and warm-down and careful refereeing. All genders welcome. All fitness levels welcome. We have access to several pitches so aim to have more than one game to cater for different abilities/fitness levels.

You can just turn up on any **Tuesday at 10am** - trainers suitable for all-weather pitches are important but any semblance of kit will do. Changing facilities will be available with hot showers.

Cost per session is £3.00

Plentiful car parking (paying) is available.

If you need more information then please contact **Joe Kellaway on 01254 823389**

Players will also have the opportunity to play competitive league matches (over 60s, over 65s and over 70s and in tournaments at home and abroad. Please note that many over 70s now play... ***one of our players is the England over-70s goalkeeper!***





# COMMUNITY FUNDING OPPORTUNITIES...

## Local Community Fund

Co-op's Local Community Fund (LCF) will open for applications on May 4th and close May 30th.

We are looking for groups that fall into one or more of the Co-op's 3 'missions', which are fairer access to food, fairer access to mental wellbeing services, and fairer access to education & employment (broadly speaking, any group which teaches skills, such as scouts or guides).

Any group interested in applying will first need to register on our platform, Co-operate (<https://co-operate.coop.co.uk/>).

At the Co-op we want to build stronger and more resilient communities by offering:

- Fairer Access to Food
- Fairer Access to Mental Wellbeing Services
- Fairer Access to Education & Employment for young people

## CCG Funding Opportunities (Pendle)

BPRCVS have been appointed by the East Lancashire Clinical Commissioning group to deliver the

- *Population Health Management Community Investment Fund*, providing help and support to children and families affected by the Coronavirus pandemic.
- *Key Priorities Fund (Prescription for Wellbeing)* - In line with the framework for social prescribing issued by NHS England, small grants recipients will ideally fit with any of the themes; **Creative; Connected; Active; Safe.**

Funds are open for applications from groups and organisations in Pendle.

For more information on these funds and how to apply please contact Tracey Noon by emailing: [tracey.noon@bprcvs.co.uk](mailto:tracey.noon@bprcvs.co.uk)

## Learning through Landscapes funding

We are pleased to announce that our Local Schools Nature Grants are open for applications.

The grants provide an assortment of nature equipment up to the value of £500 and a two hour training session. The packages are customisable, enabling early years settings\*, Infant, Primary and Secondary schools to choose from a menu of items which best suit their learners and their setting. All schools in England, Scotland and Wales are welcome to apply.

We are offering 625 grants and a wider mix of products and training to appeal to an even broader range of ages.

\*early years settings must have a dedicated building and employ at least 5 members of staff.

More information and application details at: [Outdoor learning grant | Learning through Landscapes \(ltl.org.uk\)](https://www.ltl.org.uk)

# COMMUNITY FUNDING OPPORTUNITIES...

## Strategic Legal Fund

### Funding for Legal Work to Help Asylum Seekers, Refugees and Migrants in UK

Grants are available to not-for-profit frontline organisations and community groups to support strategic legal work in the UK which benefits asylum seekers, refugees, and migrants who are experiencing disadvantage or discrimination as a result of their migration status. The maximum grant for any one application is £30,000, however, groups are encouraged to apply for lesser amounts.

**There are four deadlines for applications in 2021: 4 May, 1 July, 1 September and 2 November (5:30pm)**

[About | Strategic Legal Fund](#)

## Triangle Trust 1949 Fund

In recognition of the huge impact the pandemic has had on children and young people across the UK, especially that those with caring responsibilities are disproportionately affected, the Trust has focused its funding on providing support to young carers and young adult carers to address learning gaps linked to the pandemic.

### How To Apply

Young carers applications will be accepted from 29 March to 11 May 2021 with grants awarded in Autumn 2021.

Young offender applications will be accepted from 13 September 2021 to 26 October 2021 with grants awarded in Spring 2022.

[The Triangle Trust](#)

## Clubs in Crisis Fund

The £4 million Clubs in Crisis Fund aims to support the UK's smallest sports clubs that are at risk of closing their doors for good due to the impact of the coronavirus/COVID-19 pandemic.

The Fund is only available to sports clubs and organisations that are working in the sport for development sector, ie those that intentionally use sport to deliver wider social outcomes, usually through third sector and voluntary, community and social enterprise bodies.

To be eligible, clubs must provide clear evidence of how they use sport to help young people develop life skills, employment opportunities, reduce crime and anti-social behaviour or tackle mental health issues.

One-off grants of up to £2,021 are available. The fund opens to applications on 12 April 2021. Different deadlines may apply depending on the individual community foundation administering the fund locally.

[Clubs In Crisis - Fund — Made By Sport](#)



# COMMUNITY FUNDING OPPORTUNITIES...

## The Skelton Charity

The Skelton Charity has approx. £100,000 in 2021 for grants to registered charities across the north-west.

Modest grants, usually for between £500 and £3,000 may be awarded:

- normally only to registered charities
- to charities for one-off expenditure
- for projects or capital expenditure (this could include sessional costs and volunteer costs).
- to charities focussed on good causes

The Trustees are also willing to consider particular needs caused by the Covid19 pandemic and by adapting to new ways of working.

More information;

[Homepage | Skelton Charity](#)

## Homelessness Winter Transformation Fund 2021/22

Grants are available for homelessness, faith, community and voluntary sector organisations in England to develop accommodation options that are self-contained, Covid-secure and dignified, to be ready for people sleeping rough by winter 2021/22. In recognition of the huge impact the pandemic.

### How To Apply

Homeless Link and Housing Justice will publicise the full timetable of dates when the capital grants round opens on 4th May, along with a funding prospectus, including detailed information and frequently asked questions.

More information;

[Homelessness Winter Transformation Fund](#)

## OTHER SMALL GRANT OPPORTUNITIES

Check the # to see what project types they fund.

- [The Empowering Women Fund | Solace \(solacewomensaid.org\)](#) (#women)
- [The Elephant Trust](#) (#Arts\_Funding)
- [NSUN Side By Side Fund | National Survivor User Network](#) (#peer\_support)
- [Apply | Aviva Community Fund | Aviva Community Fund](#) (#build\_back\_better #climate\_crisis #financial\_empowerment)
- [Powering up community businesses! - Power to Change](#) (#community\_business)



**Health Education England**

# Making Every Contact Count for Mental Health across the North of England

## THE PROJECT IN A NUTSHELL

Commissioned by Health Education England (HEE) and delivered by the Royal Society for Public Health (RSPH), this project will develop mental health promotion programme using the Making Every Contact Count (MECC) approach. The aim is to upskill the frontline non-specialist workforce in primary and community care settings across the North of England (North West, North East and Yorkshire) to integrate mental health promotion into routine practice.

## Timescales

This is a two-year project, from March 2020 to March 2022.

The plan and timescales is as follows:

- 1 Initial engagement and mapping of existing MECC and Mental Health assets across the North (March- September 2020)
- 2 Development of training content, Train-the-Trainer programme and resources (October-December 2020)
- 3 Recruitment of Lead trainers and Trainers (October-November 2020)
- 4 Training pilot and refinement (January – March 2021).
- 5 Delivery of cascade training and trainer support programme (April -December 2021)
- 6 Quality assurance and evaluation process (October 2020 to December 2021)
- 7 Evaluation results and handover of project outputs and closure (January - March 2022)

## How to get involved

We are looking for programmes, organisations and stakeholders within the health system interested in helping us develop and/or in cascading the programme as part of their existing or forthcoming initiatives.

## The benefits

Embedding the Making Every Contact Count approach and promoting mental health and wellbeing are current national priorities for the health system.

In order to support this, the project will develop and deliver a fully tested blended learning training programme to at least 1000 staff across the North.

## Who is aimed at?

The project is aimed at frontline non-specialist staff working in primary and community care settings who will be upskilled to promote mental health as part of their everyday practice.

### This includes, but not limited to, those working in:

- Social prescribing
- GP surgeries
- Primary care services based at hospitals such as GUM clinics
- Community Pharmacy
- Health and social care
- District nursing
- Falls services
- Health visiting
- School nursing
- Emergency services such as ambulance and fire services etc.

There are also frontline workers based in the VCSC sector delivering NHS commissioned primary and community care services.



If you would like to get involved, please contact the Project Manager Nelly Araujo on [naraujo@rspsh.org.uk](mailto:naraujo@rspsh.org.uk) or 0207 2657322.





# FOR MORE INFORMATION OR IF YOU NEED ANY SUPPORT GET IN TOUCH...



VISIT OUR WEBSITE FOR MORE [INFORMATION](http://www.ourlancashire.org.uk) AND [EVENTS](http://www.ourlancashire.org.uk)

[www.ourlancashire.org.uk](http://www.ourlancashire.org.uk)