



WELCOME TO OUR BLACKBURN WITH DARWEN& HYNDBURN NEWSLETTER

Bringing you our latest newsletter bursting with all the latest good news stories and information in the world of Our Lancashire.



ABOUT OUR LANCASHIRE

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – "Let's Join Together" in order to make Lancashire a greater place to live, work and play.

We are funded by the Police and Crime Commissioner and joining the Our Lancashire website www.ourlancashire.org.uk is a FREE Offer available to any not for profit social action group/CIC/Charity etc. running activities and events in their local community.

By joining this site you will be able to promote your group, recruit members and advertise events. We also have News and Support sections where you can find more resources and information.

If you have any questions regarding anything in the newsletter or would like support with anything else, please contact Mimi El-Khattam– Community Engagement Officer covering Blackburn with Darwen and Hyndburn areas.





VOLUNTEER WITH LVP AS A COVID VACCINATION CENTRE MARSHAL.

Lancashire Volunteer Partnership (LVP) and NHS are looking for volunteers to assist at various Covid Vaccination sites as Internal and External Marshalls across Lancashire and South Cumbria.

These roles will provide co-ordination of patients / patient flow and wellbeing inside and outside the venues. The main focus will be on safe patient navigation of the site and safe entry and exit of the building.

The mass vaccination sites will be open 7 days a week from 8am to 8pm, various other sites are open and the time slots will vary at each site but can be up to 6 hours.

Please note there is a dress code for this role-Comfortable footwear, no high heels.

The External Marshal role will take place outside and adequate warm and waterproof outerwear will be required.

Expenses- As a volunteer you have the option of claiming expenses.

Click Here

DO YOU KNOW WHAT'S HAPPENING IN YOUR AREA?





Stay In The Know and find out what's really happening in your area by receiving regular updates, learn about what your local neighbourhood policing team is doing to keep your area safe and receive updates from partner organisations, such as Lancashire Fire and Rescue. You can choose who you receive alerts from.

You can choose to receive email, voicemail or text messages. Members registered to receive only text messages will still receive important information, but not all messages/warnings circulated on the system will be circulated via text message.

Registration is quick, simple and completely free. You can register on the website <u>https://www.lancashire.police.uk/help-</u> <u>advice/in-the-know.aspx</u>



The MBE for Volunteer Groups

The Queen's Award for Voluntary Service is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities.

> Guidance Available Online qavs.culture.gov.uk/ guidance-notes

DO YOU KNOW WHAT'S HAPPENING IN YOUR AREA?



inspire | motivate | overcome it's my opportunity

Diabetes Focus Groups

Want to help make a change in the community?

Do you live in Blackburn with Darwen? Are You Diabetic? Do you know anyone with Diabetes? Does your Diabetes worry you? Do you have questions on Diabetes and how it impacts your health?

If you have answered YES to any of the above questions, we need your HELP!

Focus Groups to run w/c 7th June 2021 Registration deadline 21st May 2021

To register your place, please visit http://bit.ly/IMORDFOCUS North West Coast Clinical Networks

01254 781310 | Farah.master@imocharity.org

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www.imocharity.org

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DO YOU KNOW WHAT'S HAPPENING IN YOUR AREA?

The Carers Service are running Looking after yourself through Holistic Therapies, which starts tomorrow, Thursday 6th May. Register via e-mail or by calling 01254 688440.

DARE (Darwen Asylum Refugee Enterprise) is open between 10am and 2pm on Mondays, Wednesdays and Fridays.

► The Centre for Volunteering at UCLan are running a skills survey until Monday 10th May.

Additionally, their next Community Action Forum Skill Share will take place on Tuesday 22nd June.

▶ YNot Aspire are celebrating their tenth anniversary, and, as part of Mental Health Week (Monday 10th to Sunday 16th May), they are running a 10k challenge to help <u>raise funds</u> and <u>get donations</u> to help support the continuation of their valuable work. <u>E-mail</u> David to learn more about how to get involved.

Healthier Lancashire & South Cumbria, alongside Lancashire County Council's Refugee Health & Wellbeing Integration Team, are hosting two Volunteer Manager Learning Events concerned with Asylum Seekers & Refugees on Wednesday 9th and Wednesday 16th June. To ensure optimum content, they have develoepd this learner preference survey.

► You can peruse the Carers' Service's latest update here.

- ► CANW <u>are recruiting</u>.
- ► Hyndburn Community Champions are offering a weekly support group for Hyndburn residents affected by and professionals interested in long covid.
- This month's Lancashire Recovery College Planner can be found here.
- ► The Lancashire Volunteer Partnership have a host of opportunities for prospective volunteers.
- The LSCft's latest update is available here.
- NatWest are offering a series of workshops. <u>Contact</u> Nicola to learn more.

Newground Together are delighted to announce that they have again become an approved provider for the Energy Re-dress scheme. The purpose of the scheme is to support energy customers in vulnerable situations and fuel poverty. There are set amounts depending on the household and some circumstances.

To learn more, Please drop Rachel Davies an e-mail.

- Our Lancashire's latest update for Pendle & the Ribble Valley can be perused here.
- ► UCLan <u>are seeking applicants</u> for a brand new BA (Hons) Youth Work & Community Practice course based at their Burnley campus.

Support Action Resource Volunteer

DO YOU KNOW WHAT'S HAPPENING IN YOUR AREA?



ELHT&Me, the official charity of East Lancashire Hospitals NHS Trust, has launched their first fundraising event since the start of the COVID-19 pandemic, 'The Big NHS Walk'.

The aim of the 8-mile walking challenge, which takes place on Sunday 4 July 2021, is to bring NHS staff and the local community together whilst raising valuable funds, which will be used to improve patient environment and experience at the Trust's hospitals in Blackburn, Burnley, Pendle, Clitheroe and Accrington.

The Big NHS Walk is a chance for staff and our supporters to enjoy a fun day out together after such a challenging year, on the weekend of the NHS's birthday! We are looking forward to having the local community come together in aid of our amazing NHS.

Registration for the walk is now open, with the 'Early bird' ticket option available for just £20.

To find out more about The Big NHS Walk, and to sign up, visit - https://elht.nhs.uk/big-nhs-walk

DO YOU KNOW WHAT'S HAPPENING IN YOUR AREA?



For more information follow this LINK

Rotary

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DO YOU KNOW WHAT'S HAPPENING IN DARWEN?

AT LAST SOME GOOD NEWS

DARWEN ROTARY ARE HOLDING A FAMILY DAY ON THE 4THSEPTEMBER IN THE NEW MARKET SQUARE

CHILDRENS FAIRGROUND RIDES, DARWEN BRASS BAND, PUNCH AND JUDY AND MAGIC ACTS FROM RICARDO, VOCAL ACTS FROM RIKI LEE AND RACHAEL TONER SCHOOL OF MUSIC, FACE PAINTING BALLOON MODELLING, CRAFT STALL BY ERIN WITH POTTERY PAINTING, CHILDRENS SUPER HEROES COMPETITION,

CHARITY STALLS ARE WELCOME TO ATTEND AND FUND RAISE FOR THEIR OWN CHARITY FREE OF CHARGE.

FOR MORE INFORMATION CONTACT TONY O'HARA 07814295704

Meeting Places

DO YOU KNOW WHAT'S HAPPENING IN DARWEN?

Community

in

starts here

"One of the marvelous things about community is that it enables us to welcome and help people in a way we couldn't as individuals "

Yesterday, Lara from Blackburn with Darwen Community Integration Team and I visited the Meeting Places in Darwen and we spoke with Steve Frisby and his partner Christine, who discussed the mission of Meeting Places is "to become the cornerstone of the local Darwen community, where residents come for a safe and nurturing environment to access support services and positive activities, regardless of age, ethnicity, or social standing - everyone is welcome". **Find the link for Meeting Places HERE**.

CROFT ST

Steve shared how the idea of Meeting Places started, explained what activities they offer young people from disadvantaged backgrounds and troubling behaviour who may caused trouble in the community to keep them off the streets and engage them in meaningful activities.

Steve is hoping to get some funding to keep the place up and running for the community of Darwen.

If you know of funding opportunities for Meeting Places in Darwen places, please contact Steve.

DO YOU KNOW WHAT'S HAPPENING IN DARWEN?



The We Are N.O.I.S.E Project Darwen.

We Are Noise provide contemporary musical engagement in the form of music production, creation and song writing workshops. **O**ur aim is to facilitate the creation of modern music using state of the art technology and approaches. **O**ur goal is to illuminate and facilitate the journey into sound regardless of experience, creating an informative and inclusive practice which attempts to lower the barriers into the musical stylings of popular culture.

We Are Noise is also a registered Arts Award Centre which gives children and young people aged between 5 and 25 the opportunity to achieve an Arts Award qualification.

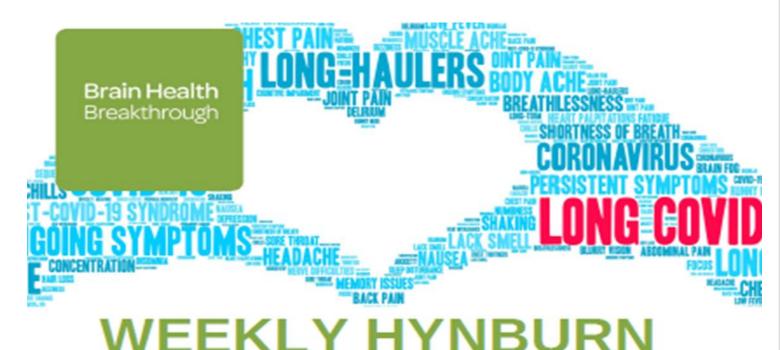
Find the link for the N.O.I.S.E project HERE

We provide musical engagement to:

- · Schools, colleges and universities
- Prisons and youth offender institutions
- The recovery community
- Mental health services

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WHAT'S ON IN HYNDBURN?



LONG-COVID PEER-LED SUPPORT GROUP

flexible accessible free course

Be with people who understand your situation, Learn therapeutic tools to aid self care and manage stress.

Register for Taster session



www.brainhealthbreakthrough.co.uk

In

WHAT'S ON IN HYNDBURN?



WEEKLY HYNDBURN LONG-COVID PEER-LED

SUPPORT GROUP

*Free *Flexible *Online *Accessible

Find out more about this therapeutic

group join one of our short

information sessions.

4th May-7th May -14th May 21st May 28th May

Click link to Register



www.brainhealthbreakthrough.co.uk

WHAT'S ON IN HYNDBURN?

Are you having financial problems? Do you need advice about money worries? We may be able to help.

Contact our local helpline, we can give free, impartial and confidential advice about;

Money problems and debt

in

ourlancashire.org.uk

- Budgeting advice, saving money on fuel bills and other household expenditure
- Access to financial support and assistance
- Advice on benefit entitlement and accessing urgent help, such as fuel top ups, crisis grants and food.
- Call our energy advisors on 01254 304129 or email

energyproject@carh.org.uk

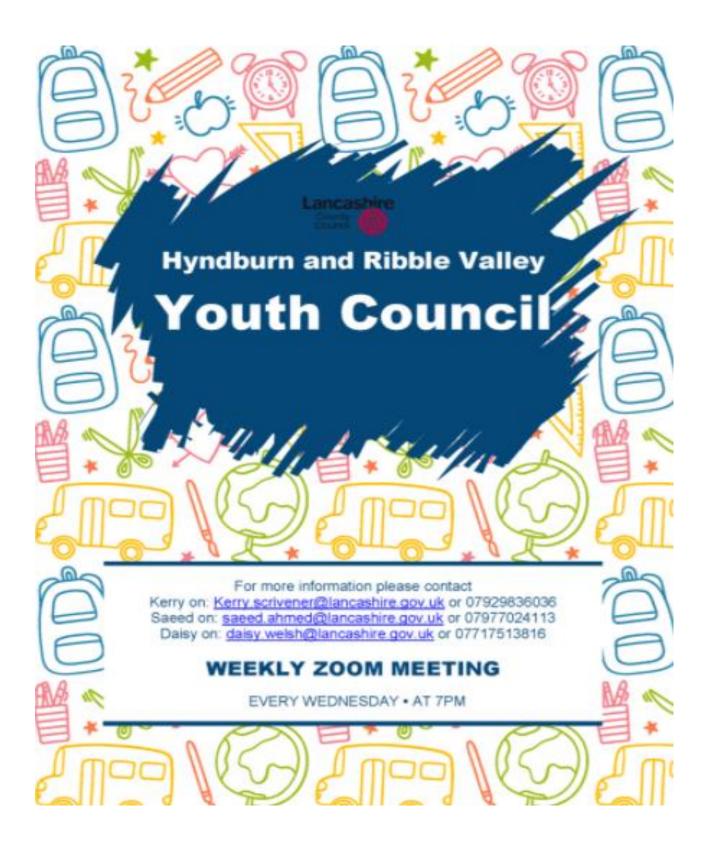
www.carh.org.uk

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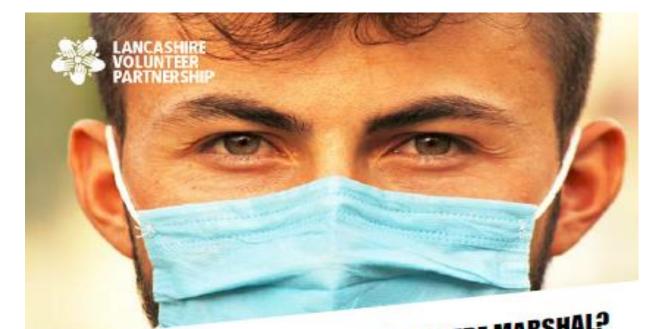




WHAT'S ON IN HYNDBURN?



COMMUNITY NEWS & MORE CONTINUED...



INTERESTED IN BECOMING A COVID CENTRE MARSHAL?

VOLUNTEER TODAY. YOU'LL FEEL CRAMPION IN THIS ROLE

Lancashire Volunteer Partnership (LVP) is working in partnership with the NHS to support the NHS run Covid-19 mass and local vaccination programme across Lancashire and South Cumbria.

This is where you can get involved in being part of global history!

We are currently recruiting volunteers as local NHS marshals who will volunteer between 4-6-hour time slots at various venues across Lancashire and South Cambria, 7-days a week. Choose time slots around your work and home life.

BENEFITS OF VOLUNTEERING:

- Enables learning new skills
- Creates career opportunities
- ✓ Enhances your CV
- Opportunity to fill in employment gaps
- Allows work with people who are public facing
- Opportunity to be a part of a historic programme
- Keeps you mentally and physically active

If you or anyone else is interested in this opportunity please visit our website:

lancsvp.org.uk/opportunities

For more information contact us at:

lvp@lancashire.gov.uk or call us on 01772 416 417



Blackburn with Darwen and Hyndburn Newsletter May 2021

COMMUNITY NEWS & MORE CONTINUED...

Active Aging Online Physical Activities

Tai Chi

Tuesdays 10.30am - 11.30am Thursdays 11.30am - 12.30am

Seated Exercise

Tuesdays 2pm - 3pm Fridays 2pm - 3pm



You can access the classes via Zoom by using the following login details

Tai Chi Classes ID 942 9668 9551 Passcode 301150 Seated Exercise ID 991 7247 2788 Passcode 382547

For further information please contact Alison on 01254 266620 or email enquires@ageukbwd.org.uk









Blackburn with Darwen and Hyndburn Newsletter May 2021

COMMUNITY NEWS & MORE CONTINUED...



Social Inclusion Online Zoom Activities

Mondays 11 - 11.45am "Connect Over Coffee"

If you are 50 or over, grab a drink and join us for informal chat and activities. Delivered in Partnership with BRFC Trust.

Tuesdays 11am - 12noon

"Thoughts and Notes" Share music, song and poetry together with others

Wednesdays 10.30 - 11.30am

"Remember the Rovers"

In partnership with BRFC Trust reminiscing the past of Blackburn Rovers Football Club with special guest speakers including former Rovers legends

Thursdays 10.30 - 11.30am

"Joyful Noise" Music, reminiscing and sing-a-long. Dementia Friendly

> Thursdays 1 - 2pm "Men's Group" Relaxing chat, quiz and sharing stories

Fridays 11am - 12noon "Artful Minds"

Discussion, a fun quiz, and sharing art and craft projects

Please contact Mark Wood on 01254 266620 for details or email enquiries@ageukbwd.org.uk











COMMUNITY NEWS & MORE CONTINUED...

Come and meet HARRI near you!



Health Advice Recovery Resilience Information

Book HARRI

HARRI is also available to attend health events and campaigns. It is the perfect vehicle to promote the local services to a wide audience in just a few hours, allowing services to highlight their initiatives, raise awareness and discuss concerns. If you would like to hire HARRI for your next event, please get in touch for availability.

Venue/Event	Date	Times
Flag Market Cheapside, Preston PR1 2AP	Weds 5 th May 2021	10.00 - 3:00
Revoelution, Ibbison Court, Blackpool FY14AU	Thurs 6 th May 2021	10:00 - 3:00
Morrison Central Drive, Morecambe LA4 4DA	Tues 13 th April 2021	10:00 - 3:00
Edge Hill Uni St Helens Rd, Ormskirk L39 4QP	Tues 11 th May 2021	10:00 - 3:00
Chorley Market Market Place, (off Cleveland Street), Chorley PR7 1BH	Tues 18 th May 2021	10:00 - 3:00
Ulverston venue TBC	Thurs 20 th May 2021	10:00 - 3:00
Gateway 1 Mitre Street Burnley BB11-4EH	Tues 25 th May 2021	10:00 - 3:00
Kendal shopping centre 27 Stricklandgate, Kendal LA9 4LR	Thurs 27 th May 2021	11:00 - 2:00

🖀 Call us on 01772 695 365 to speak to one of our friendly support team



WHAT FUNDS ARE AVAILABLE...

Big Local

Local Trust is a place-based funder, which works with 150 Big Local areas, where people are making their communities even better places to live.

At the heart of Big Local is a vision of empowered, resilient, dynamic, asset-rich communities making their own decisions on what is best for their area. Each area is different, and each Big Local area progresses at a different pace in involving people locally, forming a Big Local partnership and creating a plan.

For more information please click the <u>LINK</u>.

Andrew Lloyd Webber Foundation

Funding is available to not-for-profit organisations, including charities, companies and community trusts, for projects in the areas of culture and the arts that make a real and ongoing difference to people's lives in the UK.

Please click the LINK

Hays Travel Foundation

The Foundation offers grants to registered charities and local causes which help disadvantaged young people in areas where Hays Travel operates. In particular, the Foundation aims to support the advancement of young people in terms of education, health, sport, the arts, and prevention of poverty.

For more information please click <u>HERE</u>.

Boost Choose Now Change Lives Programme

The programme seeks to support groups delivering projects and activities for the benefit of people in their local communities.

The programme fund has a total value of £20,000.

Organisations are invited to bid for grants of between £1,000 and £10,000.

To apply follow the link <u>HERE</u>

WHAT FUNDS ARE AVAILABLE...

Funding update

News

- ▶ Biffa Award's Partnership Grants Scheme Accepting Applications
- Children's Summer Activity Grants for SF&G Members
- Co-op Local Community Fund Opens for Applications
- ▶ Social Enterprise Funding to Promote Financial Resilience to Life Shocks

Upcoming deadlines

Energy Redress Scheme - closes Thursday 6th May

Grants to charities for supporting energy consumers in vulnerable situations and for developing innovative products and services related to energy.

Energy Redress Scheme - Carbon Emissions Reduction Fund - closes Thursday 6th May

Grants to charities for projects that demonstrate measurable and lasting reductions in the carbon intensity of energy use and accelerate the transition to net zero.

Ragdoll Foundation - closes Friday 7th May

Grants to support arts, cultural and youth-focused organisations working with children and young people through the arts, artists and creative media.

Youth Music Programme - closes Friday 7th May

Grants to organisations for music projects that increase the number of children and young people who have the opportunity to take part in high-quality musical activities.

Boost Choose Now Change Lives Programme - closes Sunday 9th May

One-off grants to community groups to support them in delivering projects or activities that will facilitate change and benefit local people.

► Warburtons Families Matter Community Grants Programme - closes Monday 10th May

Small grants for local projects, activities and organisations that have charitable aims and that will be of real direct benefit to families

FOR MORE INFORMATION OR IF YOU NEED ANY SUPPORT GET IN TOUCH...



VISIT OUR WEBSITE FOR MORE INFORMATION AND EVENTS AT

WWW.OURLANCASHIRE.ORG.UK