



Our Lancashire Update - Pendle, Ribble Valley & Blackburn - 19/03/2021

Hello!

Welcome to my newsletter which aims to keep you updated across a variety of community related opportunities and information.

Introducing... Mimi – Our new Community Engagement Officer



First up, a huge welcome to our new Our Lancashire Community Engagement officer for Blackburn with Darwen and Hyndburn, Mimi. Please do introduce yourself by emailing omaima.el-

<u>khattam@lancashire.police.uk</u> if your group is active within Mimi's patch.

I know (like me) she's looking forward to getting out and meeting everyone in the not-too-distant future!

And like many of you, here at Our Lancashire we've been developing our own internal roadmap to take us back to normality. As part of that process, our individual newsletters will now only come out once per month; we love sharing local activity and engaging content, but the time spent producing them does take us away from our core purpose of supporting groups locally.

But... the Our Lancashire website was designed to be the go-to place for finding local activities and events – its quick and easy to create or edit a listing, plus our team are here to assist if you have multiple items to add. Plus, if you aren't already, please keep an eye on our social media channels for more timely content.



Our Lancashire - Home | Facebook

www.twitter.com/Our Lancashire

OL Events - BOOK NOW

Coming up next we have **April Fool-Proof Freebies** on **Thursday 1**st **April @ 2pm – 3pm** https://www.eventbrite.co.uk/e/april-fool-proof-freebies-gift-aid-toolkits-and-training-tickets-145910138151

Please also drop me a message if there's a theme that you'd like to see us cover in the coming months.

For more events and opportunities to get involved you can find these and other events running locally on the <u>Our Lancashire</u> website.

WHAT ELSE IS HAPPENING ACROSS OUR AREA?

National Day of Reflection on Tuesday 23 March



We will be observing a minute's silence at midday on Tuesday to reflect on the loss of all those who have died due to Covid-19. The Marie Curie charity is inviting organisations and the public to support a National Day of Reflection on Tuesday 23 March, the first-year anniversary of the initial UK lockdown. It will be an opportunity to reflect on the loss of those that have died due to Covid-19, and to show support for those who have been bereaved.

CVS Newsletters

Are you linked in with your local CVS organisation? Sign up to their newsletters here;

- Ribble Valley (email) mail@hrv-cvs.org.uk
- Pendle Newsletter Subscription (bprcvs.co.uk)
- Blackburn with Darwen Community CVS (list-manage.com)

Community CVS - Digital Skills

The Future Digital Inclusion and Make it Click projects offer support for people who want to develop their computer skills. Abdelrahman runs the following weekly sessions on a pre-booking basis:

- Tuesdays, 10am-12.30pm @ the Boulevard Centre, Blackburn
- Thursdays, 10am-12.30pm @ the Boulevard Centre, Blackburn
- Fridays, 2-4pm @ St. Mary's Church, Clitheroe

He can also provide support via Zoom. E-mail Abdelrahman to learn more.

East Lancashire

Social Prescribing Day @ your local CVS





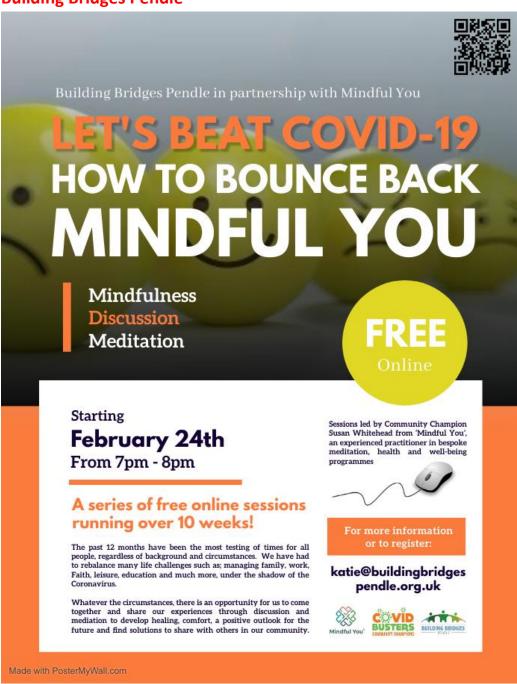
LCC Early Help Partnership Event

Across our partnerships you will be aware of the commitment across the Education and Children's Services Directorate to support more collaborative working that ensures children, young people and their families are at the heart of our service development and delivery. To realise this ambition, the Family Safeguarding model, the redesign of School Improvement and our Early Help remodelling will help drive forward our collective vision for children, young people and families.

Monday 22 March 2021 (3:00-5:00pm) via - Microsoft Teams

https://clickdelegate.lancashire.gov.uk/conferencedetails.asp?cid=38693

Building Bridges Pendle



BwD Practitioner and Volunteer Coordinator Network

The next meeting of the **Practitioner and Volunteer Coordinator Network** will take place on **Thursday 25th March** from **9.30am**. If you would like to present, <u>please contact Donna</u>. You can <u>download the minutes of February's meeting here</u>.

NHS Volunteer Responders Survey (closes 11th April)

Have you volunteered for the NHS Volunteer Responders scheme set up in response to the Coronavirus outbreak? If so, we'd love to hear from you.

NHS Healthier Lancashire & South Cumbria is looking at how the scheme is working in both **Pendle** and across the **wider Lancashire area**. This short survey will help us to understand the awareness and experience of NHS Volunteer Responders and inform national decisions on the future of the scheme. It should take less than 5 minutes to complete. The survey is being hosted independently and you can find out more about how the data is processed in this Privacy Notice - https://pearsoninsight.co.uk/privacy-notice

All responses will remain anonymous.

Any organisations or community groups who have supported volunteers to join the NHS scheme please forward this onto the volunteers and ask them to complete this survey.

Click here for the Volunteer Responders in Pendle survey - https://survey.alchemer.eu/s3/90307115/NHSVR-Pendle

The wider surveys are open to all members of the community, including those who haven't had any interaction with the volunteer responders scheme;

- Lancashire Stakeholders https://survey.alchemer.eu/s3/90310029/NHSVR-Orgs
- Lancashire Residents https://survey.alchemer.eu/s3/90307115/NHSVRLancs

Lancashire Talking

It is just over a year since we launched Lancashire Talking and we have made fantastic progress with your support. We have now received over **34,000 survey** results from you, the residents of Lancashire, telling us what issues you want to be prioritised locally. Using the results at a Lancashire wide level I can reveal that your TOP FIVE ISSUES are:

1. Anti-Social Behaviour. 2. Road Safety. 3. Drug Dealing. 4. Drug Taking. 5. Nuisance Motorbikes.

All our Neighbourhood Policing Teams are now fully trained in use of the system and can identify the top issues for every District and Ward in Lancashire. This allows your local Team to target their activities on the issues that matter most to you. Reading through the messages and updates we publish I can see that our Teams have been busy tackling your issues and updating you on what action they have taken, ranging from drug dealing to Anti-Social Behaviour to speeding vehicles.

If you have not already signed up to Lancashire Talking please do so **now**, it's quick and easy to complete our five questions, and then YOUR views can also be taken into account when local priorities are set for each area. Follow this link to ensure your voice is heard: <u>Lancashire Talking (stayintheknow.co.uk)</u>

Veterans in Communities – Digital Inclusion

Veterans in Communities is an East Lancashire charity that helps ex-service people (Blue Light inclusive) to Return, Belong and Prosper in the communities in which they live. We are currently running an initiative called **Veterans Should Not Be Forgotten (VSNBF)** which aims to put digital equipment in the hands of ex-service people who do not have any. We also provide training on how to use the tablets.

The equipment and training are to enable veterans to be able to see and speak to friends, family, and ourselves and help them engage in the digital world, all funded by the Armed Forces Covenant Trust.

Are you or do you know of a veteran in your local area that would benefit from getting a digital tablet and training as a means to help with isolation, loneliness and general well-being? If so call Ray Sharkey at the VIC Centre. 12 Bury Rd. Haslingden, BB4 5PL on Tel. 01706 833 180 or e mail raysharkey@vic.org.uk

People Enjoying Nature Project



The People Enjoying Nature Project

Are you tired of being locked down?
Do you want something to look forward to?

The award winning PEN Project returns this Spring to bring you outdoor walks, activities, fun, conversation and as always its absolutely FREE!

Monday Afternoon Walks – meet at 2pm. Approx 5 – 6km long:

- Monday 12th April: Nelson. Meet at Victoria Park Car Park (BB9 0DO)
- Monday 19th April: Burnley. Meet at car park on Queen Victoria Road (BB10 3EF)
- Monday 26th April: Barrowford. Meet at Car Park off Wilton Street (BB9 8PU)
- Monday 10th May: Clitheroe. Meet at Clitheroe Interchange (outside Platform Gallery) (BB7 2ED)
- Monday 17th May: Colne. Meet at the bottom of Alkincoat's Park (next to the car parking area and tennis courts) (BB8 900)
- Monday 24th May: Brierfield. Meet on Glen Way (between In Situ's The Garage and The Leisure Box) (BB9 5NH)

Lancashire & South Cumbria NHS Foundation Trust





Thursday Activity Sessions - meet at 1pm. Sessions will last 3 hours, and involve a short walk at the start of end of the session, as well as conservation tasks or nature activities.

- Thursday 29th April: Alkincoates Park, Colne (practical conservation session with Friends group)
- Thursday 6th May: Alkincoates Park, Colne (practical conservation session with Friends group)
- Thursday 13th May: Howard Street, Burnley (nature activity session)
- Thursday 20th May: Clitheroe/Spring Wood (tbc) (nature activity session)

All sessions carried out under government guidance.

For more information or to book onto a session contact Nick Alderson - 07973747718 or Nicholas.Alderson@lscft.nhs.uk

Lancashire Mind's 6-week online wellbeing group and 4-week self-esteem group



by Wednesday 7th April.

Are you or someone you know:

- Struggling to sleep?
- Feeling slightly low in mood or anxious?
- Feel that you don't look after yourself as well as you could?
- Often feel stressed or worried?
- Lacking in confidence?

Our free online groups may be able to help!

We accept both professional and self-referrals.

How to book on to these groups?

Use our online booking form <u>Flourishing Minds:</u> Wellbeing Coaching | Lancashire Mind

Call us at: 07703 755059 (Sophie) / 07515062938 (Colin) / 07837015143 (Holly)

Email us:

hollymannion@lancashiremind.org.uk sophiealicecoleman@lancashiremind.org.uk colinwhittaker@lancashiremind.org.uk

All referrals need to be sent to the wellbeing coaches

Power to Change – One Voice

The "Then One Day..." podcast explores the moment when communities come together. From saving local landmarks, to creating life changing services in times of need. Over the course of the series, we'll be meeting leaders from across the community business world, who have spotted extraordinary opportunities to create positive change in their own neighbourhoods.

In this episode we hear from an organisation that is changing the aspirations and mental health of their local young people... One Voice at a time. **One Voice Blackburn** was set up in 2011 by a group of locals who wanted to inspire their young people to believe in themselves and value their local community through activities, events, support and charitable campaigns. Take a listen at Then One Day... - podfollow.com/

Come and meet HARRI near you

Health Advice Recovery Resilience Information

HARRI is our health and wellbeing engagement vehicle, with it we are able to travel around Lancashire to talk with the local communities and individuals.

People can visit HARRI at various locations and events throughout the year in Lancashire. For HARRI's schedule, see Lancashire Care Face book and Twitter accounts for the latest updates.

HARRI is one of the many ways Lancashire Care NHS Foundation is using to reach out to communities to promote positive aspects of mental health and wellbeing. All being well, HARRI will be in East Lancashire soon;

- Tues 20th April 2021 2:00 4:00 Little Harwood Health Centre, Blackburn
- Fri 23rd April 2021 10:00 3:00 Morrisons, Nelson

For more information call 01772 695 365 or email us at HARRI@lancashirecare.nhs.uk

Lancashire Adult Learning



Our Connect Newsletter is OUT NOW!

We have just launched our brand-new adult and community newsletter which celebrates the world of adult learning and explores **our new FREE online courses starting this Spring.**

Our newsletter offers practical tips for finding work or advice on young children starting primary school this September; there is also information on how you can scribble your way to wellbeing plus much more.

Our new FREE online courses are designed to help people upskill, retrain or find employment. We also have courses to improve Health and Wellbeing and support families with children at this time.

<u>Click here to explore our FREE online courses and download a copy of our adult and community newsletter.</u>



Lancashire LGBT – new Women's Peer Support Group



Lancashire LGBT is thrilled to welcome its latest team member Beth Meadows. She will be taking up the exciting new role of Support Worker and working Wednesdays, Thursdays and Fridays. With a background in social justice work, community activism, and a strong passion for LGBT issues, Beth is over the moon to join the Lancashire LGBT family.

She said: "I am so happy to be working with a charity like Lancashire LGBT. Their work is incredibly important to me, especially as a Queer woman. I am particularly looking forward to engaging with local LGBT+ people online. COVID-19 has been incredibly tough on everyone, but especially on LGBT+ communities for a host of reasons. I intend to understand where help is needed the most and work hard to support people the best I can to endure this crisis."

You can reach out to Beth at bethm@lancslgbt.org.uk, 07553026464 or on Facebook @Beth Meadows-Lancslgbt.

CLICK HERE to see a video of Beth introducing herself!

Pendle Council – Community Governance Review

Parish and Town Councils play a vital role in engaging with local people and helping to shape their communities. Pendle has 5 town councils, 13 parish councils and 1 parish meeting. We are about to start a Community Governance Review. This provides an opportunity to review and make changes to governance arrangements at parish level. It also ensures that they are reflective of the identity and interest of local communities and are working effectively. Find out more at Community Governance Review for Pendle 2021 to 2022 | Pendle Borough Council

BPRCVS - Covid-19 Community Group Survey

Community groups and voluntary organisations since March 2020 have been adversely affected by the Coronavirus outbreak and we're very much interested in seeing how the pandemic has affected Burnley, Pendle and Rossendale groups and what we can do to help and support you through the pandemic and as we come out of it How has Covid-19 affected your group? Survey (surveymonkey.co.uk)

Updates and Newsletters

Child Exploitation Soundbite (mailchi.mp)

Our Lancashire

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – "Let's Join Together" in order to make Lancashire a greater place to live, work and play. We are funded by the Police and Crime Commissioner and joining the Our Lancashire website www.ourlancashire.org.uk is a FREE Offer available to any not-for-profit social action group/CIC/Charity etc. running activities and events in their local community.

INTERNATIONAL WOMEN'S DAY 2021

We #ChooseToChallenge with Local & International Organisations

























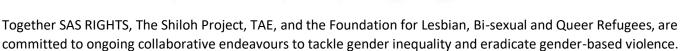












On International Women's Day, we held an online virtual event marking our commitment and choosing to challenge injustice. See links below to view some of the materials used during our event.

- https://www.youtube.com/watch?v=UtwTbf5EHq4
- https://www.youtube.com/watch?v=T9kj0jbLOro

International Women's Day, while it reminded us of many of the challenges and hardships women face, also left us all feeling more heartened about all we CAN do when we do it together and when we all choose to challenge.

If people are interested in finding out more please contact info@sasrights.org











NEWS

Census 2021



The census is a survey that happens every 10 years and gives a picture of all the people and households in England and Wales. It has been happening for over 200 years. Census 2021 is the first census that will be run predominantly online. Census day takes place on **21st March 2021**.

Help to complete the census

Census advisers can help you to complete your census form over the phone during lockdown by guiding you through the form, or completing it for you. There are

also a number of local centres that you can contact for support. Find a census support centre - Census 2021

Community Ownership Fund

On 3rd March the government published prospectuses for the new UK Community Renewal Fund, Levelling Up Fund and Community Ownership Fund. These prospectuses can now be found here along with further information about these schemes: https://www.gov.uk/government/collections/new-levelling-up-and-community-investments

The £150 million Community Ownership Fund will help ensure that communities across the UK can continue to benefit from the local facilities and amenities that are most important to them. From the summer, community groups will be able to bid for up to £250,000 matched funding to help them to buy local assets to run as community-owned businesses. In exceptional cases up to £1 million of matched funding will be available to help establish a community-owned sports club or buy a sports ground at risk of loss from the community. This will help ensure that important parts of the social fabric – like pubs, sports clubs, theatres and post office buildings – can continue to play a central role in towns and villages across the UK.

More Useful links

- <u>Coronavirus</u> <u>NCVO Knowhow</u> updated guidance for third sector staff and volunteers
- <u>5 things we've learned about leadership</u> <u>Local Welcome</u>
- Making Every Contact Count (MECC)
- New Every Mind Matters campaign GOV.UK (www.gov.uk)
- Satellite-powered app to spot loneliness in hotspots in UK cities GOV.UK (www.gov.uk)
- Five tips for working across services to support people who are homeless | The King's Fund
- Everything you need to know about Fairtrade | Co-op Blog
- https://charitydigitalcode.org/the-code/ and https://charitydigitalcode.org/stories/
- Retrain and Reskill with The Big Issue and RORA Toolkit FutureLearn
- DCMS Civil Society and Youth 19 March
- Neighbourhood Watch Newsletter (bprcvs.co.uk)
- Impact Report 2020 (ageuk.org.uk)

OPPORTUNITIES



Admin Volunteers needed to manage food parcel referrals. You will need:

- A Laptop or a Computer
- Working Knowledge of Googledrive (full training will be provided)
- Be able to communicate referrals and liaise with delivery teams.
- Be available 1 hour early evening, Mon-Fri (week on week off Rota).

For more information
Email: lynne@buildinabridaespendle.ora.uk

- Accrington & District Blind Society Sight Loss Advisor Closes 28th March
- Multiple Opportunities | Cloverleaf Advocacy (cloverleaf-advocacy.co.uk)
- Multiple Opportunities Calico Careers (calicojobs.co.uk)
- PAC Job Vacancy Buildings & Facilities Co-Ordinator Closes 12th April
- <u>Join Our Team! Development Officer (gawthorpetextiles.org.uk) closes 26th March</u>
- The Probation Service will be recruiting from April and have an online webinar on Tuesday 30th March for those wanting to learn more. <u>National Probation Service (traintobeaprobationofficer.com)</u>

TRAINING & EVENTS

UCLAN – Commensus Conference

The last two decades have seen a welcome growth in creative and innovative involvement for the inclusion of the public and patient voice within the health and social care higher education.

The conference aims to celebrate and provide a forum for all those involved in this work, including learning from our community partners. We will examine new innovations, critically reflect upon the impact of involvement, network and share our ideas. This will be a free conference as it is completely online, though you will need to register your attendance at Authenticity to Action conference Tickets, Mon 29 Mar 2021 at 12:00 | Eventbrite

The 6th Authenticity To Action Conference - UCLan

P-A-C - Free Youth Mental Health First Aid

PAC are currently delivering YMHFA Online Half Day Aware and YMHFA Online (2 day equivalent) courses;

- The YMHFA Half day Online course is a 3.5-hour online training session, designed to increase awareness of young people's mental health and some of the issues that can affect this age group.
- The YMHFA Online (2-day equivalent) course consist of 50% live sessions and 50% home learning. Live sessions consist of 4 online live sessions (2.5 hours each).
- YMHFA click here for Fact Sheet

A list of the available dates and more information can be found at <u>PAC - Free Youth Mental Health Online Training</u> Training is free, however you must live/work within the Lancashire boarder. Excluding Blackpool and Blackburn with Darwen. Please contact us at <u>training@p-a-c.org.uk</u> with any queries.

Tempo Time Credits

Tempo will be running an introductory event for groups in Lancashire and Cheshire on March 23rd. It is also an opportunity for groups already using Tempo Time Credits to find out more about the new digital opportunities and to network.

Getting Started With Tempo Time Credits - North West England Tickets, Tue 23 Mar 2021 at 10:00 | Eventbrite

Mindset By Dave

<u>Mental Health Staff Hour - YouTube</u> – is a new 4 part series addressing topics that many staff members have been concerned about. This is for ALL staff, whether you are NHS, local authorities, third sector, education or other organisations. And you can also catch up on the <u>Mental Health Family Hour - YouTube</u> episodes here.

LAL - Digital Inclusion: Help Reduce the Digital Divide

This event is aimed at individuals who work closely with residents of Lancashire who may need help or support with their digital skills. Friday 16th April | 10.30am – 12pm <u>Digital Inclusion: Helping reduce the digital divide in Lancashire | LAL - Lancashire Adult Learning</u>

More Events and Training

- We Are With You Young people, drugs and mental health Tickets, Wed 21 Apr 2021 at 10:00 | Eventbrite
- Create a Citizen Science Project Online Course FutureLearn starts 22 Mar 2021
- Spring Fair | LAL Lancashire Adult Learning Saturday 27th March | 10am 11.30am
- CYP Psychological First Aid online course FutureLearn flexible access
- Community Prevention & Engagement Team Events | Eventbrite

FUNDING

Covid-19 Youth Centre Recovery Fund

A new £8 million fund established to ensure the sustainability of local youth centres that have struggled due to COVID-19 is inviting applications.

Applications will be accepted from registered charities who run youth centres in England. They must offer youth services within a locality and operate out of a fixed space or venue. They should be at risk of being unable to re-open and resume services, of cutting provision, or of permanent closure for financial reasons by the end September 2021.

Charities may request the amount of grant needed to cover eligible costs for the period 1 April to 30 September 2021, where this is not met by other confirmed funding. The grant amount will be determined by how well the assessment criteria have been met and the relative financial need across successful applications.

The deadline for applications is 31 March 2021 (4pm)

Youth Centre Recovery Fund - The Julia and Hans Rausing Trust (juliahansrausingtrust.org)

Return to Football Fund

A national fund is providing support to Disability Leagues, FA Women's National League Clubs (Tiers 3-4 of the Women's Football Pyramid), Professional Club Community Trusts, Charter Standard Clubs and community organisations who deliver football activity to restart or create new activity following the period of COVID-19 restrictions.

Applications are invited from football clubs and organisations providing football activity in England.

The deadline for applications is 28 March 2021.

Return to Football | Football Foundation

Rural Community Energy Fund

The **Rural Community Energy Fund** (RCEF) is a scheme to support rural communities across England wanting to set up renewable energy projects in their area. Find out more here <u>RCEF | local energy north west hub</u> (<u>localenergynw.org</u>)

And join this linked event to help with ideas, inspiration and practical advice Zero Carbon Communities - What action can communities take? Tickets, Fri 26 Mar 2021 at 10:00 | Eventbrite

Masonic Charitable Foundation

The Early Years Opportunities programme is open to charities that help disadvantaged children and young people (up to the age of 25 years) overcome the barriers they face to achieve the best possible start in life. The Foundation offers both small grants of up to £15,000 per year for up to 3 years to charities with an annual income of up to £500,000; and large grants on average of between £10,000 and £60,000 to charities with an annual income of above £500,000 for projects lasting up to three years.

The next closing date for both grant programmes is the **31st March 2021**<u>Eligibility for Children and Young People grants - The Masonic Charitable Foundation (mcf.org.uk)</u>

Trusthouse Forte Charitable Foundation

Grants of between £2K and £10K are available for organisations focused on community support in areas of high rural or urban deprivation.

Applications can be made at any time. Please visit their website below to find out more information about the grants. <u>Our Grants | Trusthouse Charitable Foundation</u>

The Pixel Fund

The focus of the fund is the mental health and well-being of children and young adults, providing grants of up to £5,000.

https://www.pixelfund.org.uk/

And finally...

If you have any questions, would like support with anything, or would like something sharing in my next newsletter, please contact me, Gail Barton - Our Lancashire Community Engagement Officer for Pendle, Ribble Valley and (temporarily) Blackburn with Darwen.

E-mail: gail.barton@lancashire.police.uk or Tel: 07534 242304