



## Our Lancashire Update – Pendle, Ribble Valley & Blackburn – 15/01/21

### Hello!

And a Happy New Year! Although its seemingly more of the same so far...

Welcome to my newsletter which aims to keep you updated across a variety of community related opportunities and information. As the first of 2021 it's a bumper edition this week; we might be in lockdown but there's lots going on!

I've been helping out at the vaccination clinics and its wonderful to see so many happy people come and get their first injection, many who are leaving their homes for the first time since this started.

### Our Lancashire Quiz

Our Blackpool Engagement Officer Jonas has a new time and day for his weekly Zoom Quiz. Join in every Monday at 11:00am this week there are Disney and geography related questions. Everyone welcome!

<https://zoom.us/j/97933139824?pwd=NTIaTjRRaXMzdINZR2lxcmlYSnlEZz09>

Meeting ID: 979 3313 9824

Passcode: 925404

### OL Events

Next Thursday afternoon, 21<sup>st</sup> January, I'll be hosting a **Q&A / Networking** session on Zoom, where you can bring any issues or ideas along and share with the group. What do you need? And what you can offer others? We'll also have a virtual tour of the Our Lancashire webpage and walk you through the process of setting up a free listing for your groups and events. Find more here; [Our Lancashire Virtual Chat - "Ask Me Anything" Q&A - OUR Lancashire](#)

And on Thursday 4<sup>th</sup> February at 2pm, we'll be exploring the idea of **collaborating with other groups and organisations**. Book your free place via Eventbrite; <https://www.eventbrite.co.uk/e/collaborating-with-other-groups-and-organisations-tickets-136956495565>

For more events and opportunities to get involved you can find these and other events running locally on the [Our Lancashire](#) website.

# WHAT ELSE IS HAPPENING ACROSS OUR AREA?

## LSCft - Mental Health Family Hour

*Message from Sam Tyrer, Prevention and Engagement Lead* - Following this current lockdown, I have been contacted by teachers, staff and pupils regarding numerous concerns they have. The pupils have stated they are feeling incredibly anxious, struggling to motivate themselves and also feeling scared about losing family or friends to COVID-19. Next Thursday (21<sup>st</sup>) at 10am, myself and Dave will be doing an episode of the Mental Health Family Hour to address these concerns. This will be beneficial for all pupils, staff and parents. I would appreciate if you work within a school, you could send this out to all of your pupils and really encourage them to watch this episode. They will also have the opportunity to ask any questions at the end. They will not be on camera, as it is via Twitch. Please do share this with anyone who you feel would benefit from this.

The link for next Thursday - <https://www.twitch.tv/mindsetbydave>

There will also be further episodes following this.

## Burnley, Pendle and Rossendale Emergency Assistance Grant Scheme

This scheme is still running for eligible households. If you'd like to refer any of your clients, please go to <https://bprcv.co.uk/index.php/funding-and-grants/bprcv-administered-funding/3483-emergency-assistance-grant-scheme>.

## Alcoholics Anonymous

There are regular meetings taking place for the East Lancashire area, mostly online but with some face-to-face. Please contact [eastlancaa@gmail.com](mailto:eastlancaa@gmail.com) if you'd like specific information about what's available locally

Premises are also required for AA meetings in Accrington, Blackburn, Burnley and Colne areas for up to 15 people during this COVID period, which will not be affected by lockdown. Please get in touch if you have a suitable venue.

## Lancashire Recovery College

Please see the January 2021 planner for Lancashire Recovery College attached to the email.

Healthy Habits - Have you planned to make any new year's resolutions? We would love to work with you to make lasting and successful changes that improve your health and wellbeing, why not join us to learn more about mental health diagnosis, managing conditions and improving physical and mental health.

We will continue to work alongside a wide range of partnerships to raise awareness of the very best social and wellbeing opportunities across Lancashire. If you think there's something missing, please let us know and maybe even consider working alongside us to co-develop a new and exciting opportunity in your local community?

Registering for Recovery College Online is easy and quick. Visit our website to find out what's on and to enrol to a course of your choice <https://www.lscft.nhs.uk/lancashire-recovery-college>

# Creative Friendships

**A creative friendship group for anyone living in Nelson or Colne who have felt isolated during the Covid-19 lockdown**

**Call Nicola today  
on 07925357436  
to book your place  
or find out more  
information**

**PLACES AVAILABLE TO  
ATTEND BY 'ZOOM' AT OPEN DOOR  
AND IN PERSON AT THE CITADEL**

**ART  
CRAFT  
FUN**

**All materials  
supplied**

**COVID SECURE  
SESSIONS**



**Monday mornings 9.30am - 11.30am**



**You must book onto sessions by 12 noon on the Thursday before the session, letting us know if you will be attending the session in person or via 'Zoom' at Open Door Colne**



## Circles Connected

**WEEK STARTING:**  
**11.1.2021**

**MONDAY**  
**9.00am** Weekly Photography Challenge  
**9.15am** Megans Morning Poetry Share  
**10.00am** Learn to sketch with Sharon  
**11.00am** Learn to sketch video version  
**1.30pm** Reader Group on Zoom!  
**4.00pm** Water Tracking  
**6.30pm** Action For Happiness online course  
**7.00pm** HMR Circle Quiz Night!

**TUESDAY**  
**11.00am** Coffee & Catch up!  
**2.00pm** Winning Combination  
**4.00pm** Debate time!  
**5.00pm** Let's get Quizzzy!

**WEDNESDAY**  
**9.00am** Poetry Share  
**1.00pm** Staycation virtual tour!  
**5.00pm** Quick game of Hangman?  
**7.00pm** Guitar Lesson With Gary on zoom!  
**8.30pm** Guided Meditation

**THURSDAY**  
**10.00am** My Wellbeing Journey  
**1.30pm** CRAFTERnoon with Megan  
**2.00pm** repair, Refurbish & Renovate  
**4.00pm** Finish the Lyrics  
**5.00pm** Local Lancashire Photos  
**6.00pm** Shocking Shirts & Charades Evening!

**FRIDAY**  
**9.00am** Poetry Share  
**10.00am** Feel Good Music Request show  
**2.00pm** Dad Jokes!  
**4.00pm** Blind Sketching

**SATURDAY**  
**10.00am** Mindful moment  
**3.00pm** Caths Conversation Starts  
**5.00pm** Saturday Story

**SUNDAY**  
**10.00am** Yoga with Adriene  
**3.00pm** Soul Sunday  
**5.00pm** Weekly Intentions

**CIRCLES CONNECTED**  
WONDERFUL WAYS TO SPEND YOUR WEEK...

Here's what's on our Circles Connected Group this week. Our Monday events are really popular so happen each week, so if someone misses this week they can join the week after and much of our content is recorded or can be found scrolling through the group.

If people choose to join the group they'll be alerted of upcoming events through their Facebook notifications

<https://www.facebook.com/groups/circlesconnected>

## Libraries Update

Whether you live in Lancashire or Blackburn with Darwen, your local library service offers lots of digital resources, as well as the opportunity to reserve books for collection, and access computers and resources on site by appointment. Check the website or call for further information.

[Coronavirus: Libraries, archives and museums - Lancashire County Council](#)

[Libraries and reading | Blackburn with Darwen Borough Council](#)

## Our Lancashire

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – “Let's Join Together” in order to make Lancashire a greater place to live, work and play. We are funded by the Police and Crime Commissioner and joining the Our Lancashire website [www.ourlancashire.org.uk](http://www.ourlancashire.org.uk) is a FREE Offer available to any not-for-profit social action group/CIC/Charity etc. running activities and events in their local community.



# Online Dementia Hub

**If you are missing the support and socialising provided by your local Dementia Hub why not join our Zoom online Dementia Support Group?**

Taking place every fortnight on Fridays at 2pm we will meet online for a chat and a guest speaker will attend each session. There will also be some gentle exercise and a sing song to create a positive atmosphere.

This is available to anyone living in Lancashire, to support people with dementia, their carers and families.

For those unfamiliar with using Zoom we can provide help in setting up an account and joining the meeting.

**For more information or to book a place, please contact Anne Oliver on:**

**07807 338783**

**[aoliver@ageuklancs.org.uk](mailto:aoliver@ageuklancs.org.uk)**



# NEWS

## NHS Covid-19 App

The NHS Covid-19 app has been translated into 11 different languages, is fully accessible and we are proud that over 20 million people have downloaded the app so far. However, there is still more work to do, especially with encouraging downloads from more vulnerable and disadvantaged groups.

The app has many features design to protect you and your loved ones. It provides users with local risk information, allows them to check coronavirus symptoms, book a test and also has a QR-scanner so people can check-in at venues using an NHS QR Poster. The app will alert users to any coronavirus risk they have been exposed to, for example if they've been to a venue where there has been an outbreak or if they've been near another app user who tests positive.

### There are a few ways that your organisation could get involved.

#### **1. Share resources about the app with your members and networks**

More information about the app can be found on our website here [www.covid19.nhs.uk](http://www.covid19.nhs.uk), with [information and resources here](#) and specific [marketing and digital resources, here](#).

You could also share, re-post and re-tweet our messages about the app on your social media channels, and we could do the same for you. Our Twitter and Facebook handles are: @NHSCOV19app #haveyoudownloaded [#NHSCOV19APP](#) (Twitter) and [@OfficialNHSCOV19app](#) (Facebook).

#### **2. Display the QR poster at your venue and encourage visitors to check-in.**

Currently only mandated venues have to display an official NHS QR Poster. However, we would still strongly encourage all venues to display a QR Poster. Read more about this [here](#).

#### **3. Speak to staff, family, friends and colleagues about the app**

In particular those who are more vulnerable and who might need help downloading the app or [understanding the app's features](#).

## Ask for ANI

From **Thursday 14<sup>th</sup> January**, the Government will launch the 'Ask for ANI' domestic abuse codeword scheme to help victims access emergency support in the community.

Victims will be able to use the codeword ANI, which stands for Assistance Needed Immediately, in pharmacies who have signed up to the scheme, to let staff know that they require an emergency police response or help contacting a helpline or specialist support service.

Participating pharmacies in this voluntary scheme will display posters in their window and around the shop to let customers know that they can approach their staff to seek help: find out more [Ask for ANI domestic abuse codeword scheme: pharmacy materials - GOV.UK \(www.gov.uk\)](#)



## National Youth Agency

Please see the new Tier 4-RED-Readiness guidance attached to the email for Youth Sector Activities during Covid-19 lockdowns.

## Increasing Data allowances on mobile devices to support disadvantaged children.

This government scheme temporarily increases data allowances for mobile phone users on certain networks. This is so that children and young people can access remote education if their face-to-face education is disrupted.

Schools, trusts and local authorities can request mobile data increase when schools report a closure or have pupils self-isolating. They can also make requests for children who cannot attend school because they are extremely vulnerable or they have restrictions that prevent them from going to school.

If increasing mobile data isn't a suitable option for some children, schools can also request 4G wireless routers. For all information regarding help with technology go to: [Get help with technology - GOV.UK \(education.gov.uk\)](https://www.gov.uk/get-help-with-technology)

## BBC All In The Mind Awards 2021

Claudia Hammond and BBC Radio 4 want to recognise the people and organisations that have gone above and beyond the call of duty to help you with your mental health. Make your nomination below for one of three categories: individual, professional or group. **Entries close 23:59 31st January 2021**

<https://www.bbc.co.uk/send/u64508105>

# OPPORTUNITIES

## Cyberhood Watch Ambassador

Could you be a Cyberhood Watch Ambassador? [www.avast.com/uk-cyberhood](http://www.avast.com/uk-cyberhood)

The purpose of the Cyberhood Watch initiative we run in partnership with Avast is not to end all cybercrime - an impossible feat at the speed criminals evolve - but to put people in the best possible position to stay protected online, and help others to do so, through education and access to important tools and services, no matter where they are or how they connect to the internet.

We are looking to recruit more Cyberhood Watch Ambassadors this year, and will be running a full training session at the end of January. Ambassadors will be trained by Avast and will receive Cyberhood Watch accreditation.

All we ask is that you are IT literate, have a basic understanding of online security, and are willing to be a vocal point of contact for your community. If you are interested in becoming an Ambassador and wish to find out more please contact [amy.mawby@ourwatch.org.uk](mailto:amy.mawby@ourwatch.org.uk)

## National Lottery Heritage Fund – Diversifying Decision Making in the North of England

Are you full of enthusiasm and devoted to heritage and the positive outcomes that it can deliver for communities and people? If that sounds like you, we have an opportunity to become highly involved in The National Lottery Heritage Fund's work by joining our Committee for the North of England.

For this role in particular, we are looking for someone with knowledge and experience in equality, diversity and inclusion, to help The Fund improve its policies and procedures and help remove barriers to underrepresented groups from engaging with us. [Help influence and diversify our decision-making in the North of England | The National Lottery Heritage Fund](#)

### **BPRCVS Young People's Activity Worker**

Burnley, Pendle & Rossendale CVS are recruiting a Young People's Activity Worker to provide support to children, young people and their families.

The job purpose is to engage, motivate and support young people who may be vulnerable and/or disadvantaged to participate in groups, activities and events which will enhance their quality of life and aspirations. The work involves a range of tasks including the organisation of sessions, delivery of activities, assistance with transportation and listening.

Hours: 10 hours per week, variable.

For more information on the job description and person specification and to download the application form, visit the CVS website page: [Young People's Activities Worker \(bprcvs.co.uk\)](#)

**Closing date is Monday 25th January 2021 at 12 noon**

### **Pennine Lancashire Community Farm – Community Gardener Education Lead**



**Community Garden [Education Lead]  
(30hrs per week)  
£22,183 pro rata**

Pennine Lancashire Community Farm is a small registered charity promoting community cohesion and sustainable living in urbanised deprived communities. Our work takes place across the boroughs of Burnley, Pendle, Rossendale and the Ribble Valley in a variety of outdoor settings, including community gardens, woodlands, working farms and public parks.

You will have a proven ability in horticulture, experience of educational settings and community work, including working with and enabling very diverse groups of individuals.

Application is by CV (maximum two side of A4 paper) plus cover letter (one side of A4) demonstrating ability to meet criteria laid out in the job description.

**Closing date for all applications: Friday 19<sup>th</sup> of February**

**Interviews will be the week commencing: Monday 1<sup>st</sup> of March**

To apply, or for more information, **please contact us via email where possible** during lockdown on [communityfarm@btconnect.com](mailto:communityfarm@btconnect.com)

Alternatively, leave a message on **01282 421690** (9.30 am – 4.30 pm) or write to Pennine Lancashire Community Farm, Porta Cabin Building, March Street, Burnley, BB12 0BU

More information on the charity see [www.penninelancashirecommunityfarm.org](http://www.penninelancashirecommunityfarm.org)  
**Charitable Incorporated Organisation registered in England: 1169862**



## Community CVS – Volunteer Development Officer

Community CVS are seeking to recruit a new **Project Officer** for the Preston area to recruit and support unemployed and economically inactive people to improve their employment and educational prospects. **The post is for a total of 30hrs per week with flexible working arrangements or part-time Job Share considered.** You will be working on the Strengthening Communities Passport to Health and Employment Project, otherwise known as [Action for Jobs](#).

If you have any questions about the role, the programme or your suitability please contact **Steve Foden** on **07547 566054**, or email [kate.lee@communitycvs.org.uk](mailto:kate.lee@communitycvs.org.uk). Closing date for applications is **5pm on Monday 25th January**

[Community CVS are seeking to recruit a Project Officer to help with our Action for Jobs project in Preston. \(mailchi.mp\)](#)

# TRAINING & EVENTS

## Tempo Events

**Tempo Networks Online Forum** - Join us on the **19th January**. Through Tempo's extensive experience of network and partnership building we aim to bring together a diverse range of sector professionals to collaborate with each other. [Book here](#) Find out more about the Lancashire Tempo network by contacting Pam Barmby [pambarmby@wearetempo.org](mailto:pambarmby@wearetempo.org)

**Developing Volunteering Activities During Covid 19 Webinar – 21st January & 3rd February.** Two sessions designed to share co-production and asset-based approach techniques to support you to develop volunteering and Tempo Time Credits opportunities for your volunteers and service users. [Book 21st January](#) or [Book 3rd February](#)

**Delivering Sessions Remotely Webinar – 28th January.** This session will share tools and strategies for effective online meetings and events. . [Book here](#)

## Thriving Communities: Learning Together Deadline Extended

***Do you work in the community and voluntary sector? Are you looking to enhance the support you offer your communities?*** Our learning and development programme may be for you. Good news! The deadline for applications for Learning Together - our learning and development programme for VCFSE groups has been extended: **virtual & flexible learn at your own pace - just 2 hrs a month - tailored to you - free** Learning Together is a flexible programme of regional learning and development activities for voluntary, community, faith and social enterprise groups and organisations supporting their communities' needs through COVID-19. Join Learning Together to maximise and enhance the support you can offer your communities. Apply by 25th January 2021 [Learning Together | National Academy for Social Prescribing \(socialprescribingacademy.org.uk\)](#)

# FUNDING

## Landfill Communities Fund

Registered charities which operate a community facility, churches/ parochial church councils, parish/town councils, local authorities and CASC registered sports clubs can all apply for grants of between £2,000 and £100,000 for amenity projects with a maximum total cost of £500,000. The grants are to be used for the provision, maintenance or improvement of the following types of public amenities which must be open and accessible to the general public.

Projects must be located within 10 miles of an eligible FCC Environment waste facility. Applicants should use the FCC Communities Foundation calculator to determine if their project is located near an eligible site.

- **Deerplay Landfill Site, Burnley, Lancashire (within 10 miles)**

This is a highly competitive funding programme, which is oversubscribed. There will be four application windows in 2021. **Round 1 closes on 3 March 2021 (5pm).** [Landfill Communities Fund](https://www.landfillcommunitiesfund.org.uk)[Entrust.org.uk](https://www.landfillcommunitiesfund.org.uk)

## Local Connections Fund – national lottery administered

Book clubs, walking groups and other community projects will be able to apply for a £4 million fund designed to help reduce loneliness in the coming months.

The Local Connections Fund – made up of £2 million from the Government and £2 million from The National Lottery Community Fund – will be used for hundreds of small grants worth between £300 and £2,500.

These investments are designed to help local organisations bring people and communities together as the country recovers from the coronavirus pandemic.

[Local Connections Fund | The National Lottery Community Fund \(tnlcommunityfund.org.uk\)](https://www.tnlcommunityfund.org.uk)

## Social Enterprise Resilience and Recovery Loan Fund

The fund aims to support social-sector organisations working to improve people's lives in the UK that are facing a problem because expected income and activity has been delayed or disrupted as a result of the coronavirus/COVID-19 pandemic. The fund offers emergency loans that can be used as working capital until an organisation's normal business can commence again. The loans will have no fees or interest for the first 12 months.

Loans of between £100,000 and £1.5 million are available for a term of one to five years.

**The deadline for applications is 11.59pm on 31 January 2021.**

[Resilience and Recovery Loan Fund \(sibgroup.org.uk\)](https://www.sibgroup.org.uk)

## **Culture Recovery Fund**

The deadline for applications is noon on 26 January 2021

[Culture Recovery Fund: Grants Second Round | Arts Council England](#)

## **Dormant Asset Scheme**

Since 2011, 30 banks and building societies participating in the current scheme have enabled the release of over £745 million from dormant accounts that have been inactive for at least 15 years and the UK Government have just approved a further expansion that will more than double that amount.

These funds have been used to support a range of social and environmental initiatives across the UK, including helping young people on the path to employment, tackling financial exclusion, growing the social investment market, and supporting renewable energy solutions. The below organisations are responsible for distributing funds at a local level and may have just the financial support scheme you're looking for.

[Big Society Capital](#)

[Fair4All Finance](#)

[Grants \(youthfuturesfoundation.org\)](https://youthfuturesfoundation.org)

[Access - The Foundation for Social Investment \(access-socialinvestment.org.uk\)](https://access-socialinvestment.org.uk)

## **And finally...**

If you have any questions, would like support with anything, or would like something sharing in my next newsletter, please contact me, Gail Barton - Our Lancashire Community Engagement Officer for Pendle, Ribble Valley and (temporarily) Blackburn with Darwen.

E-mail: [gail.barton@lancashire.police.uk](mailto:gail.barton@lancashire.police.uk) or Tel: 07534 242304

*If you do not wish to continue receiving these newsletters, please let me know and I will remove you from the mailing list.*