



## Our Lancashire Update – Pendle, Ribble Valley & Blackburn – 27<sup>th</sup> November 2020

### Hello!

Welcome to my newsletter which aims to keep you updated across a variety of community related opportunities and information.

Today, 27<sup>th</sup> November is Lancashire Day, and that also means it's our birthday! Our Lancashire is one year old, and what a year it's been; we had lots of you join us at our Blackpool Tower Launch event last year and this year we heard from some of the groups we've been supporting at our Meet the PCC Zoom event. The recording will soon be available to view on our YouTube channel, but you can check out our other social media to see what we've been sharing today. And see our special birthday attachment which is ...attached.



***Enjoy an online festive 'thank you'***

***Join us on Wednesday 16th December 2020, 7 - 8pm***

*Featuring classics from the 40s, 50s & 60s to number ones with a modern twist*

[Register your place here](#)



## Let's have an Online Chat

We've got a few more Zoom events coming up, which as always, are free to attend. Next Thursday we'll be talking to you! About the events and activities you've got planned in December; let me know if you'd like a slot and we'll help you get the message out to the wider community. Book via Eventbrite

<https://www.eventbrite.co.uk/e/community-showcase-christmas-in-lancashire-2020-tickets-128505149361>

## And a bonus Christmas Chat

On 10<sup>th</sup> December, we'll be talking all things safety, with guest speakers from the fire service, constabulary and fraud experts to ensure you and your communities have a safe and sound season, which will look a little different for most – lots of people cooking their own Christmas dinner for the first time I suspect...

<https://www.eventbrite.co.uk/e/keeping-our-community-safe-at-christmas-tickets-128838725095>

For more events and opportunities to get involved you can find these and other events running locally on the [Our Lancashire](#) website.

# WHAT ELSE IS HAPPENING ACROSS OUR AREA?

## Lancashire Mind



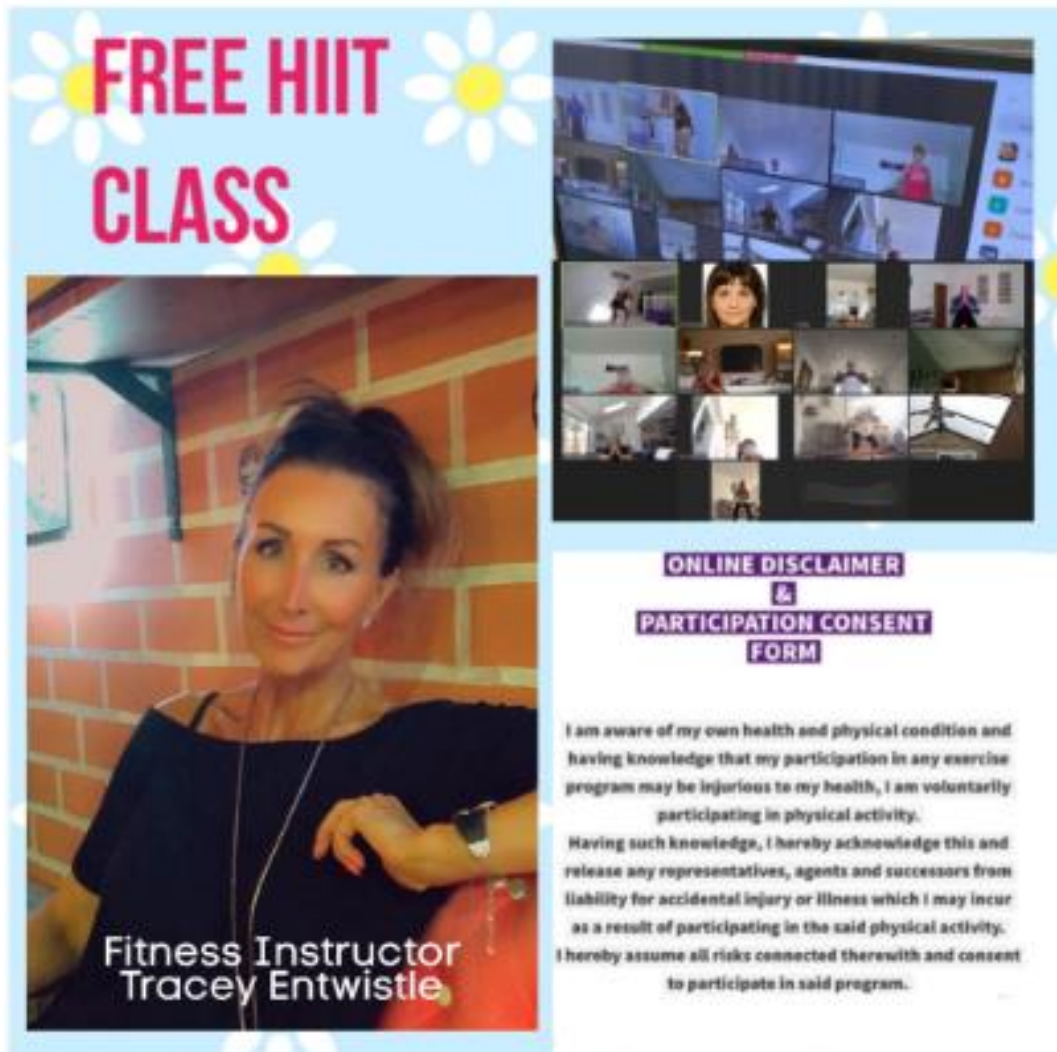
Lancashire Mind's annual fundraiser, Mental Elf usually takes the form of a 5k fun run in Witton Park, Blackburn but this year, due to COVID-19, Mental Elf is on the move and we will be leaving Lancashire and heading to Lapland!

We are asking our staff, volunteers and supporters to help us travel at incredible virtual 3226km from South Lancashire to Lapland all in the name of achieving mental wellbeing for all! The challenge starts on **1st December** and you can choose to run, walk, cycle the usual Mental Elf 5k or challenge yourself to complete a number of kms over the course of the challenge. The distance, the way you complete it, when you complete it and where, is up to you! You can complete the event as an individual, a family, as a group or club or with friends or colleagues.

For more details about Mental Elf 2020 please visit <https://www.lancashiremind.org.uk/events/76-mental-elf-2020-lancashire-to-lapland>

## SAS Rights – Zoom based dance and exercise

If you've ever thought about getting involved in an online activity that's more physical, then take a look at the SAS weekly programme of events. Some sessions are women only, but for anyone who's embarrassed about how they might look, or being able to keep up, Zoom is great for building confidence as you can just turn your camera off while participating. I've been joining in with the Bhangra sessions on Wednesday evenings and we're having great fun! Come along and join in – email [wellbeing@sasrights.org](mailto:wellbeing@sasrights.org) to find out more about what's happening and when.



**FREE HIIT CLASS**

**ONLINE DISCLAIMER & PARTICIPATION CONSENT FORM**

I am aware of my own health and physical condition and having knowledge that my participation in any exercise program may be injurious to my health, I am voluntarily participating in physical activity.

Having such knowledge, I hereby acknowledge this and release any representatives, agents and successors from liability for accidental injury or illness which I may incur as a result of participating in the said physical activity.

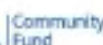
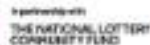
I hereby assume all risks connected therewith and consent to participate in said program.

**Fitness Instructor Tracey Entwistle**

We are running exercise sessions every Saturday, 10.00 am start.

For a zoom invitation or to book a private group session please email [wellbeing@sasrights.org](mailto:wellbeing@sasrights.org)


#takeabreak #wellbeing #tacklingisolation #safeguarding #bekind



Clitheroe Civic Society

PRESENTS

**THE REAL  
FATHER CHRISTMAS**



A VIRTUAL PRESENTATION  
BY REV. ANDY FROUD  
VICAR OF ST MARY MAGDALENE'S CHURCH  
CLITHEROE

**Monday 7th December 2020 at 7.30 pm**

Civic Society Members & Students Free  
Visitors welcome (£3.00) and should arrange access to this  
presentation by contacting the Treasurer: contact details @  
[www.clitheroecivicsociety.org.uk](http://www.clitheroecivicsociety.org.uk)  
from Monday 26<sup>th</sup> November – Noon Monday 7th December

**Office of Police & Crime Commissioner**

The **Office of Police & Crime Commissioner** (OPCC) are currently recruiting Independent Custody Volunteers. Applicants must live or work in the following areas: Blackburn, Burnley or Lancaster. Adverts for each area are on [www.lancsvp.org.uk](http://www.lancsvp.org.uk)



## LGBT Counselling

Lancashire LGBT currently have funding for free Counselling, for LGBT people across Lancashire. Contacted 07788 295521 Monday-Friday for more details if required.



The advertisement features a blue background with a white-bordered box at the top containing the text 'Lancashire LGBT' in a grey sans-serif font, with 'LGBT' in large, colorful, rounded letters. Below this, the words 'Counselling Service' are written in a large, bold, black sans-serif font. To the left of the text is a graphic of a human head profile filled with colorful, multi-colored dots. To the right of the graphic, the text reads: 'Service providers: do you have an LGBT client who might benefit from counselling?' followed by 'We are currently accepting referrals to our FREE counselling service.' and 'Contact us on 07788 295521 or email [hello@lancslgbt.org.uk](mailto:hello@lancslgbt.org.uk)'. At the bottom, the text 'Funded by' is followed by three logos: 'COMIC RELIEF' in a red box, a green triangle logo with the text 'CHANGING PLACES CHANGING LIVES', and the 'Department for Digital, Culture, Media & Sport' logo.

## Benefit Mankind - UK Winter Warmth

Benefit Mankind have launched the UK winter warmth campaign as the nights are getting longer, colder, darker and as covid-19 continues to cause havoc! Winter can be a difficult time for anyone; however, it truly becomes a fight for survival without the basic provisions.

With thousands of individuals displaced, and vulnerable people face the prospect of having to survive winter without adequate shelter, food or clothing. This has been made worse by the effects of covid-19 which is causing challenges like never before.

To combat these challenges, Benefit Mankind is working hard to keep residents safe and trying their best to help the homeless over the coming months. Benefit Mankind teams will be carrying out visits to vulnerable residents and offering support to those in need on the streets. They will be giving advice to people around how they can protect themselves, as well as providing tips on keeping warm and well.

Benefit Mankind is an international aid relief and development organisation located in the United Kingdom. We are a global humanitarian and development organisation here to serve mankind. We aim to improve lives, alleviate poverty, transform and empower local communities whilst championing humanity, impartiality, neutrality and independence. Our vision is to spread kindness, love, peace and compassion with mankind regardless of race, religion or culture.

Thousands of winter kits have been prepared and will be delivered during the next few months, if you know anyone in need and would like winter kits kindly email the team on [info@benefitmankind.co.uk](mailto:info@benefitmankind.co.uk)

To view the feedback of the winter warmth delivery, please visit [www.benefitmankind.co.uk](http://www.benefitmankind.co.uk) and go to the LIVE feedback page.

# ACTION FOR JOBS



**European Union**  
European  
Social Fund

## We will support you with:

- Confidence
- Experience
- Digital awareness
- Interview skills
- CV / job applications
- Training
- Self-employment
- Access to employers and colleges



Talk to us: 01254 583957 or 07547566054



[actionforjobs@communitycvs.org.uk](mailto:actionforjobs@communitycvs.org.uk)



[www.communitycvs.org.uk/actionforjobs](http://www.communitycvs.org.uk/actionforjobs)



@CommunityCVS #actionforjobs



Boulevard Centre, 45 Railway Road,  
Blackburn BB1 1EZ

## Lancashire Constabulary Competition Time



### Make Our Christmas

We're looking for budding artists, up to age 11, to design the Chief Constable & Lancashire Police and Crime Commissioner's Christmas card!

Tag us on Instagram or Tweet your children's creations to us with the hashtag #MakeOurChristmas

Don't forget to include your child's name, age and parent/guardian, as well as keeping hold of the original copy, so we can turn it into a digital version!

There are some amazing prizes up for grabs including activity packs, arts and craft goodie bags AND £150 book voucher for your chosen school!

All entries must be hand-drawn and must be received by the closing date of **Thursday 3<sup>rd</sup> December 12noon 2020**. Sadly, any entries received after the closing date/time will not be counted.

Twenty shortlisted entries will be put to the public vote via Instagram on **Friday 4<sup>th</sup> December**. The chosen 10 from this vote will be presented to the Chief Constable and Police and Crime Commissioner for them to choose the winners from.

Winners will be announced on the Constabulary's social media channels on **Tuesday 8<sup>th</sup> December**.

Check out the rules here: <http://orlo.uk/EjvO2>



### Our Lancashire

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – “Let's Join Together” in order to make Lancashire a greater place to live, work and play. We are funded by the Police and Crime Commissioner and joining the Our Lancashire website [www.ourlancashire.org.uk](http://www.ourlancashire.org.uk) is a FREE Offer available to any not-for-profit social action group/CIC/Charity etc. running activities and events in their local community.

# TRAINING & EVENTS

## Lancashire Adult Learning

LAL have scheduled some additional free Volunteer training sessions in December. See the attachment or head over to [www.lal.ac.uk](http://www.lal.ac.uk) to find out more and register

- Dementia Awareness
- Introduction into community development
- introduction to conflict for volunteers

# FUNDING

## Asda Foundation - Feeding Communities Grant

Grants for local not-for-profit organisations to help provide meals to anyone in need in the lead up to Christmas.

In response to the coronavirus/COVID-19 pandemic, Asda Foundation has created the Feeding Communities Grant scheme.

Grants of up to £1,000 can contribute to meals which cost £4.00 or less for those in need in the run up to Christmas. This includes individuals, families, and meals at children's healthy holiday clubs.

The grants can support the following:

- Food parcel for a family/individual
- Christmas Hamper (food only)
- School Holiday Clubs (food only)
- Soup kitchen/homeless centre (food only)
- Christmas meal deliver or collection
- Local Community Centre providing meal deliveries

Not-for-profit registered charities, registered not-for-profit companies, community interest companies and unincorporated clubs or associations in the UK can apply.

The Foundation does **not** accept applications directly.

Application forms can be obtained from Asda Community Champions, who are based in local Asda stores. Applicants can use the [store locator link](#) on the Foundation website to get in touch with their local store and speak to their Community Champion about their project proposal.

Groups who have already received funding from Asda Foundation in 2020 may apply for this grant.

<https://www.idoxopen4community.co.uk/lancashirecc/Scheme/View/Asda-Foundation-Feeding-Communities-Grant-GRUKBP3IS45856?bcr=MTlzNQ>

**The deadline for applications is 6 December 2020.**



## Street Pastors, Street Angels and Similar Organisations Fund 2020/21

Street Pastors, Street Angels and similar organisations fund is now open for applications.

Street Pastors, Street Angels and similar organisations who engage, care and support vulnerable people within the night time economy can apply for funding.

Further info can be found on our website here - <https://www.lancashire-pcc.gov.uk/grant-funding/other-grants/>

To apply for funding from the Street Pastors, Street Angels and similar organisations Fund please complete and return the [application form](#) to [Steffani.Hull@lancashire-pcc.gov.uk](mailto:Steffani.Hull@lancashire-pcc.gov.uk) by **9am on Monday 14th December 2020**

## National Lottery Community Fund

On **Monday 7<sup>th</sup> December, 10am to 11.30am** Clare Compton, from the National Lottery Community Fund will be giving a presentation to the Network on the relaunch of the Reaching Communities Programme.

As you may be aware since April , Reaching Communities has only been accepting grant applications from projects and organisations helping communities through the COVID-19 pandemic; however the programme will soon be opening up to applications from all types of project.

The presentation which will outline the relaunched programme and application process, will be followed by a Q&A.

The presentation will be hosted on Zoom. If you would like to attend please respond to [Nicola.Byrne@lancashire.gov.uk](mailto:Nicola.Byrne@lancashire.gov.uk) **by Friday 4<sup>th</sup> December**, and you will be sent the link nearer the time.

## And finally...

If you have any questions, would like support with anything, or would like something sharing in my next newsletter, please contact me, Gail Barton - Our Lancashire Community Engagement Officer for Pendle, Ribble Valley and (temporarily) Blackburn with Darwen.

E-mail: [gail.barton@lancashire.police.uk](mailto:gail.barton@lancashire.police.uk) or Tel: 07534 242304