**Stepping Stones- Information and Criteria Sheet**

This information sheet provides an introduction to our Stepping Stones service and information as to what the scheme can provide.

The Stepping Stones service is a free short term support service which provides support for people who meet the criteria.

**Who Can We Support?**

* Age 50+
* People who have been through a life transition such as bereavement, relocation, recovery from illness or accident or separation
* People who are able to leave the home independently, but may need encouragement
* People who are **not** currently engaging in community activities

**What We Offer**

* **Short term** support for someone who has had a change or transition,
* Encouragement for people to become independent and engage with activities in the community and meet others
* Provides support and encouragement to start getting out and about again and make new friends
* Helps look at what is going on in the local community for people to make choices about what activities to engage in
* Can help with researching transport options to attend events and activities

**What We Can’t Offer/Provide**

* A long term support service
* A service for people who are already socially active
* A shopping service or to take people to appointments
* For people who need long term assistance or with high level support needs
* A personal care service or meal provision
* A counselling service
* A transport service

When a referral is received, the Befriending co-ordinator will make contact by telephone and then arrange to undertake an assessment to see if the scheme can meet the person’s needs. Please ensure referrals to the service are made on a referral form.

Contact the Befriending co-ordinator for more details on 01254 266620 or enquiries@ageukbwd.org.uk.

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Date of Review: 23/01/2019

Date of Next Review: 23/01/2019