**Networking meeting minutes Thursday 7th June 2018**

**Introductions/Attendees**; Donna Talbot – Community CVS Rohan Awan – Blackburn Youth Zone,

Judith Houghton – Samaritans, Catherine O’Meara – Creative Support, Wayne Back – Blokes UTD/Girls United, Kim French – Richmond Fellowship, Charlotte Crabtree – Shelter, Thelma Tomlinson – Shelter, Kathryn Clay – Alzheimers Society, and Mark Wood - Age UK BwD, Kirsty McLoughlin – Step Pennine.

Apologies from: Ian Leadbetter – Ncompass Northwest

Presentation from **Kirsty McLoughlin** – **Step Pennine**

* Step team – based with Inspire regent house Burnley
* We work all across Pennine – supporting 100 frequent flyers – those individuals applying pressure on GP/A&E – we look at Mental Health, substance misuse etc – link them in with the best service

Q.Where do you get info of the top 100?

A. Public Health send us the list, we make contact with the individual get consent and then we work with them.

* We work with the clients upto a year – we do regularly have new ones, numbers are rapidly rising,

Q. How long do you support them?

A. No time limit – clients receive support for as long as they need it, we offer help and support for appointments etc

* What about the referral pathways? – We don’t have one as such, we hold our public living room where clients can access support, we focus predominantly on NHS services – the service is open to everyone.
* If someone has gone to A&E because they don’t have a GP are you contacted? High number of times yes – sometimes no we won’t be involved

Q. Is Step local or National?

A. Step is localised – partnership with CGL

* We currently have the living room times open – 11am -2pm – there’s lunch, games, different activities etc.
* We do link in with Voice Saturday Breakfast Club

Presentation from **Wayne & Catherine** from **Creative Support**

Wayne:

* Social inclusion football we offer our service to those socially isolated and those who suffer from ill mental health
* In service for a long time – lots of things going on during the day but not much going on in the evening. I have a friend who is a professional footballer who had to quit due to mental health, he decided he wanted to do something so he decided to play football. In no time at everyone was wanting to join the team.
* We now have 22 teams in the Social Inclusion Football – 2 leagues. Training sessions every Wednesday predominantly for people in services.
* Prevention not just about mental health, individuals who work they do nothing for themselves, we looked at setting up team @ Witton Park – within 14 weeks – 60 participants between the ages of 17 – 58 yrs. we want to build on that.
* 1 night per week – if we can offer support all vols if we can then go for a brew and a chat.
* We meet @ Butlers Arms – free coffee we would like to expand to every night and every weekends.

Catherine:

* I run the girls team and we found a lot of young mums, social isolation doing well, we offer taster sessions – we currently 9/10 girls coming down to the rovers
* Over 14 weeks can see improvement and helping other, if someone has no trainers etc we found that others will bring some etc
* We signpost – peer support
* We are wanting to go into Shadsworth area but we do need to find funding
* Q: Have you spoken to Ilyas @ The Rovers?
* A: Yes we do work very closely together
* We received £50k 3 years ago and we have used that money to pay for great facilities etc
* Q: what about Youth Zone?
* A:Yes we are working with Youth Zone – trying to get families involved etc
* Not as many facilities for families anymore – there used to be a number of facilities – Childrens centres etc we are looking to provide a service out of hours not just 9am – 5pm.
* For example separated couples – Friday 6pm there is nothing to do with children – football for families would be wonderful.
* Q: Do you link in with the Refugees & Asylum seekers?
* A: Yes we work closely with ARC many client suffer from depression and they are not allowed to work, so through football we have social sessions were we offer english lessons, we hold these sessions in Clitheroe and Burnley
* We find that anyone wh has gone through services find football a great therapy – it’s good for the 5 ways to wellbeing – Active, connect, etc
* We do work with everyone we get there early but most of the guys have already arrived – usually because there isn’t anything else to do, we charge £2
* Brik Sessions are funded until next year
* We are looking for funding in Darwen
* Q: what does Creative Support do?
* A: we offer a range of services for individuals with care and support needs, our clients are referred via a GP or self-referral
* We link in with STEP and are based at Wellington Street St Johns in Blackburn.

The Billy Project

* A gym based up at Mill Hill – Parkside Units on Albert Street was initially founded as a gym for women however the project has expanded and is now open to men
* Leanne has kindly sponsored our football team by providing them with a kit
* Fully equipped gym which offers personal programmes – not only offers exercise info etc but offers support

Update from Judith Houghton from the Samaritans

* We have had our open day on 14th May – which went really well all 4 mayors came to the event and we had 90 – 100 vols who also came along it was a lovely day.
* The event as you know kicked off our 50th year celebrations
* We will be at the Great Harwood Show – raising funds
* We will also be collecting money at King Georges at the end of the Sarah Millican show – every year she picks a charity so this year she has kindly picked us
* We are holding a concert in Rishton
* We are also holding an event at The Empire Theatre – tribute to Michael Jackson and Cliff Richard , The Royal Lancs Show – Clitheroe,
* We are holding a dinner dance @ The Dunkenhalgh on the 13th Sept
* There will be a number if quiz nights all throughout the year
* All the money raised will be going to refurb our Blackburn Branch we desperately need disability access
* We have just had our final site visit – for phase 1 and we need to raise more money for phase 2.
* We continue to recruit and train volunteers and grow the pool – the nature of volunteering has changed over the last 46 years historically we had a core number of long serving dedicated volunteers – times have changed – more people are working and have more commitments and do not commit to volunteering the same, the training we provide is very good – lasts 9 weeks.
* New recruitment journey – all going online
* All our volunteers work tremendously hard we need to cover 24/7 we need all the support we can get
* The Mall are supporting us with a collection – we have 2 ambassadors Peter Gunn – from Coronation Street and Steve Pemberton from The League of Gentlemen

Update from Kathryn from Alzheimers Society

* 23rd June is Refugee Day – we celebrate in Clitheroe by taking the refugees who are traumatized to a green space – this is a project that happens in Manchester, Salford, Burnley, Clitheroe
* All faiths support this project – the Mosque put on a BBQ for 200 people
* We have a lady who kindly supplies toys for all the children – through Ramadan the volunteers donate food etc
* This year we have secured Stonyhurst for this event
* We will be doing a walk for families we also offer them ice cream
* There will be afternoon tea
* People say it’s the best day of the year, only day out of the year many of them live in bad accommodation – one guy from Syria who had experienced the worst bombing – said that the day out was the best day of his life
* This year we offer football, afternoon tea walks and ice cream – hopefully the weather will be great.

Update from Thelma from Shelter

* Shelter run a drop in @ Library Mon – Fri 10am – 12.30pm – debt & Housing benefit
* Drop in @ The job Centre Mon – Fri 10am – 4pm
* Thursday @ The Library all day drop in – no appointment needed
* We currently have a number of individuals with issues with Universal Credit
* We currently have Greggs in Darwen - they are donating food they do not sell every Wednesday they bring the food to the library and we give out the food on a Thursday morning
* More issues with individuals on spice

Update from Mark Woods from Age UK

* Social Inclusion – nail care for older people King Street and Hopwood Court
* New service – bathing facilities accessible bathing/showers Not just for older people – wheelchair user any age – anyone who has difficulty bathing independently

Update from Rohan from Blackburn Youth Zone

* Basically we are a Youth Club – we work with youngsters 5 – 25 – we offer sports, dance and arts etc.
* We have a volunteer open day 4pm – 6pm

Next meeting will be on Thursday 26th April 2018 @ The Boulevard

Centre 09.00 to 11.00. Please inform Donna of anyone wishing to chat about their project. Donna.talbot@communitycvs.org.uk