

 Volunteer Passport

**Free Training for Volunteers**



Mentoring & Befriending

Wednesday 24th February 9am – 12.30pm

**Mill Hill Community Centre**

New Chapel Road, Blackburn BB2 4DT

At the end of the session you will have:

* Defined the meaning of ‘mentor’ difference between mentoring and befriending

. Explored the role of a mentor

•Identified the client’s needs and the expected outcomes from mentoring

•Shared ways of starting & maintaining the relationship and setting boundaries

•Developed strategies for dealing with any difficulties

•Practised goal setting and action planning techniques

For More Information please contact:

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